



October 2019

Welcome to SDERA eNews! The SDERA program is the Department of Education's key strategy to help young people make safer choices on the road and in situations involving alcohol and other drugs. We do this by equipping Western Australian educators and parents with the information and tools they need to develop resilience in young people with the aim of keeping them safer.



Leavers info for parents

We're joining with WA Police to hold a free information session for parents of school Leavers ahead of the official event in the South West on November 18-21. The session on Sunday October 13 will support parents in helping children have a safer experience. Parents can register [here](#).



Izzy spreads the word

Our road safety mascot, Izzy had an awesome time at Bunbury Primary School. Izzy loves spreading the word about how young people can stay safe on the roads. Read more about [Smart Steps](#) on our website.



Safer Kids PL for staff

School staff working with Kindergarten to Year 6 students are invited to register for our free [Safer Kids](#) workshop on October 21. You'll get resources which are mapped to the WA Health and Physical Education syllabus.



Talking Drugs workshop

This free hands-on workshop is for those working with Year 7 to Year 12 students and provides the opportunity to unpack SDERA's *Challenges and Choices* and *Drug Talk* teacher resources and assessment tasks. This one day metropolitan workshop will be held on November 7.



Resilient Teens workshop

A free Resilient Teens workshop (November 6) for school staff will offer effective strategies for developing knowledge and skills in Year 7 to 12 students. You'll get free resources to help minimise harm in road and drug related situations.



School welcomes Izzy

Izzy and the SDERA team visited Woodland Grove Primary School for a recent parent open evening. We offered road safety information including colouring books, pencils and stickers from our [Smart Steps program](#).



Week to focus on health

[Mental Health Week](#) (October 6-12) will focus on how we live, learn, work and play. The Week has been running for more than 50 years, and is coordinated by the Western Australian Association for Mental Health, with the support of the WA Government, Mental Health Commission and Lotterywest



Forum for young people

We recently visited the zero2hero Mental Health Forum for Young People. We spoke with high school students and teachers about alcohol and other drugs along with ways to maintain good mental health. Our road safety programs were part of the display too.



Smart Steps workshop

Smart Steps professional learning supports those working in early childhood education and unpacks the resources that focus on passenger safety, pedestrian safety and safety on wheels. The next workshop is on November 14.



Department of
Education





CATHOLIC EDUCATION
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Government of **Western Australia**
Mental Health Commission



The School Drug Education and Road Aware program is delivered by the Department of Education WA.

Phone: 9402 6415

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