



September 2019

Welcome to SDERA eNews! The [SDERA](#) program is the Department of Education's key strategy to help young people make safer choices on the road and in situations involving alcohol and other drugs. We do this by equipping Western Australian educators and parents with the information and tools they need to develop resilience in young people with the aim of keeping them safer.



Leavers info for parents

We're joining with WA Police to hold a free information session for parents of school Leavers ahead of the official event in Busselton/Dunsborough on November 18-21. The session on Sunday October 13 will support parents in helping children have a safer experience. Parents can register [here](#).



Izzy gets out and about

Our road safety mascot, Izzy, has been out and about in our regions with visits to schools and events in [Karratha](#), [Newman](#), [Northam](#) and the [Great Southern](#). Izzy engages with children to promote [road safety education](#). See how [Izzy can visit](#) your school or centre.



Top honours for efforts

Our staff have been recognised with awards for decades of outstanding service in their regional communities. At the recent Local Drug Action Group conference, Kate and Rose were acknowledged for their dedication to [drug education](#) for young people.



Smart Steps for kids

These awesome educators enjoyed the [Smart Steps](#) professional learning session we held recently. Our free sessions support early childhood educators to give young children the skills and attitudes they need to be safer road users.



Reducing smoking impact

New smoking education videos are set to offer a Ngamari Free (smoke free) approach to reduce the impact of smoking on Aboriginal people in the Wheatbelt Region. The videos were produced by the Tackling Indigenous Smoking Program at the [Wheatbelt Aboriginal Health Service](#).



Drug wheel shows facts

The Alcohol and Drug Foundation's interactive [Drug Wheel](#) classifies drugs as part of seven general categories: Stimulants, Depressants, Cannabinoids, Psychodelics, Opioids, Dissociatives and Empathogens. Find out about the effects of drugs and more information about specific drugs.



Talking Drugs workshop

This free hands-on workshop is for those working with Year 7 to Year 12 students and provides the opportunity to unpack SDERA's Challenges and Choices

teacher resources and assessment tasks. This one day metropolitan [workshop](#) will be held on November 7.



HPE Day in September

[Health & Physical Education \(HPE\) Day](#) is a nationwide initiative that highlights the importance of HPE in the Australian Curriculum, and its influence on the learning and development of children.



Smart Steps workshop

Smart Steps [professional learning](#) supports those working in early childhood education and unpacks the resources that focus on passenger safety, pedestrian safety and safety on wheels. The next workshop is on November 14.



New wellbeing app

The [Child360 app](#) is a tool for parents to support their children's wellbeing and identify areas where action can be taken to strengthen resilience. App [developers](#) are Emerging Minds, Australian Institute of Family Studies, Australian National University, Parenting Research Centre and Royal Australian College of General Practitioners.



Government of **Western Australia**
Mental Health Commission



The School Drug Education and Road Aware program is delivered by the Department of Education WA.
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