6TH EDN-2019

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# TEACHER RESOURCE





SCHOOL DRUG EDUCATION AND ROAD AWARE

Keys4Life is a comprehensive, national award winning, evidence-based, pre-driver education program. It assists parents, schools and agencies to educate young people about safer road use and provides licensing and school graduation benefits.

Title: Keys4Life Teacher Resource: Pre-driver education 6th Edition

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The author has made a comprehensive effort to sight and credit sources. Any omissions detected are not intentional.

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Images: iStock.com Road signs (pp58-59; 121-123): wikipedia.org/wiki/Road\_signs\_in\_Australia

#### **ROAD LAWS AND LEGAL REQUIREMENTS**

Road laws change and test requirements for learner drivers may change accordingly. The most up-to-date information on the licensing system and its requirements can be found on the Department of Transport's website. You are encouraged to access this information https://www.transport.wa.gov.au/licensing/my-drivers-licence.asp

This book is a guide only and is not legal advice.

The Keys4Life Program is a Road Trauma Trust Account funded project approved by the Minister for Road Safety and supported by the Road Safety Commission.



CATHOLIC EDUCATION

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## KEYS4LIFE-AN OVERV

#### THE PROGRAM

School Drug Education and Road Aware's (SDERA) Keys4Life Pre-driver Education program is recommended for Year 10 to 12 students and their parents/carers. The program immerses young people in a culture of respect, resilience and responsibility about safer road use, and develops knowledge, skills and attitudes about responsible road user practices, safer socialising, licensing, safer vehicles, extensive driving practice and the importance of looking after passengers, peers and friends.

The Department of Transport recognises Keys4Life as an important prerequisite to the WA Licensing System. It is the recommended pre-driver education strategy for Year 10 to 12 students in WA and provides a best practice approach to road safety education.

#### AIM

The aim of Keys4Life is for students to develop:

- Positive road user attitudes and resilient capabilities to help them make safer, informed decisions in traffic and social situations (Gregerson, Nyberg & Berg, 2003).
- An understanding of the importance of extensive 2. supervised driving practice and driving safer vehicles (Senserrick, Ivers & Boufos, 2009).
- 3. A partnership with parents and the community in the learn to drive process (SDERA, 2009).

#### WA CERTIFICATE OF EDUCATION

WA's School Curriculum and Standards Authority (SCSA) has approved Keys4Life as an endorsed program within the Personal Development category for students in Years 10, 11 or 12. Students must be enrolled with SCSA and achievement must be reported to SCSA in the year the program is completed.

## **FIND OUT MORE**

For more information: SCSA

- Provider-developed endorsed programs
- https://senior-secondary.scsa.wa.edu.au/syllabus-
- and-support-materials/endorsed-programs/
- provider-developed-endorsed-programs

#### LEARNER'S PERMIT THEORY TEST

The Department of Transport authorises registered Keys4Life teachers to administer the Learner's Permit Theory Test at schools. This is the test that is usually conducted as a Computerised Theory Test (CTT) at a Transport DVS centre or agent.

Additional information regarding the testing process in the Keys4Life program can be found on page 11 of this resource.

#### ASSESSMENT

A number of assessment opportunities are offered within the Keys4Life program.

- Behind the wheel journal The completion of 1. the journal is a compulsory requirement for each student prior to undertaking the Learner's Permit Theory Test at school. Teachers may also choose some of the journal tasks and quizzes to assess students' understandings, beliefs and intentions about future driving behaviour.
- 2. Assessment tasks - There are five optional assessment activities that require students to draw on information and skills covered in the Keys4Life program available on SDERA's website.

FIND OUT MORE For more information: SDERA Keys4Life Assessment Tasks SDERA.wa.edu.au

Learning activities - Many of the learning activities 3. in this resource provide additional opportunities for student self-assessment and teacher assessment.



## BEST PRACTICE ROAD SAFETY EDUCATION

#### **BEST PRACTICE ROAD SAFETY EDUCATION (RSE)**

Best practice RSE should be:

- evidence-based
- delivered by trained teachers
- support the licensing system
- support the Safe System approach
- develop social competencies and resilience
- have the potential to positively influence the behaviour of young people in traffic-related situations.

#### **EVIDENCE-INFORMED PRACTICE**

Keys4Life:

- is underpinned by the Principles for School Road Safety Education (SDERA, 2009)
- aligns with guidelines about evidenceinformed best practice in RSE
- is connected to and based on the WA licensing system
- promotes a whole-school approach
- is guided by research about positive attitudes and behaviours in traffic and social situations
- aligns with a strengths-based approach where social competencies and resilience are developed
- supports vehicle safety.

#### **EFFECTIVE RSE IN SECONDARY SCHOOLS** Keys4Life:

- is ongoing, developmentally appropriate and fits within the school curriculum
- is holistic promoting a whole-school approach
- has relevant content with a focus on driving practice, vehicle safety, licensing and compliance
- includes age-appropriate alcohol and other drug information
- is interactive with initiatives to enhance school connectedness
- is engaging and informative for parents with initiatives about role modelling and risk-reduction
- is linked to the WA licensing system.

#### **TEACHING AND LEARNING EXPERIENCES**

Activities in Keys4Life are based on sound teaching and learning strategies that help young people manage challenging situations and adopt safer behaviours in traffic situations. The activities:

- reinforce existing laws, penalties and compliance with licensing, vehicle safety and safer driving
- promote the benefits of extensive and varied supervised driving experience
- help students to explore crash consequences for themselves and others and rehearse socially acceptable refusals for challenging situations
- provide opportunities for students to develop resilient attributes including, assertive communication, negotiation, planning and decision-making
- promote critical thinking about vulnerability, risk and reducing risk in driving scenarios
- correct myths and misinformation
- help students to explore and clarify their own beliefs and attitudes about driving situations and identify and consolidate their strengths
- encourage reflection and cooperation
- encourage students to make a personal vow towards safe and considerate driving.





#### Diagram: Keys4Life Program – A whole-school approach

#### SUPPORTIVE CLASSROOM ENVIRONMENT

The Keys4Life program encourages schools to establish a school ethos that supports road safety, and a classroom environment that encourages respect, cooperation and confidence. To achieve this, it is recommended that schools:

- build school capacity by ensuring teachers are trained by SDERA in the delivery of Keys4Life
- create sound traffic management strategies around the school.

It is also recommended that trained Keys4Life teachers:

- negotiate classroom rules that encourage students to share opinions without fear of judgement, prejudice and social exclusion
- consider the needs of all students and customise the teaching and learning experiences to address these
- recognise the devastating effect of road trauma and provide opportunities for students to 'opt out' if necessary

• are aware that images and messages arousing fear in students have not been proven to be effective RSE and do not encourage positive behaviour change (Simons-Morton & Ouimet, 2006).

#### WHOLE-SCHOOL APPROACH

Schools are advised to consider applying a comprehensive, whole-school approach to the Keys4Life program.



## ROAD SAFETY IN WA

### TOWARDS ZERO AND THE SAFE SYSTEM APPROACH

Towards Zero is Western Australia's road safety strategy for 2008 to 2020. It is anchored in evidence-based research and provides a framework for both government and community to work in partnership and to achieve a long-term reduction in road-related deaths and serious injuries. A fundamental principle of this strategy is the Safe System approach where all road users have a shared responsibility to comply with the rules.

A Safe System recognises that humans are fallible, they make errors, and can only endure limited forces in a crash before being seriously injured or killed. A Safe System is about developing a safer road network with safer vehicles and a better understanding of the complex interactions between road users, roads and roadsides, vehicles and travel speeds. A Safe System aims to prevent crashes from occurring, reduce the severity of crashes, and the role of human error.

The cornerstones of Towards Zero – Safe Vehicles, Safe Road Users, Safe Roads and Roadsides, and Safe Speeds – have the potential to reduce serious injury and death in Western Australia by the year 2020.



### FIND OUT MORE

Road Safety Commission

Towards Zero – Road Safety Strategy https://www.rsc.wa.gov.au/RSC/media/ Documents/About%20Us/Towards%20Zero/ towards-zero-strategy.pdf

#### YOUNG DRIVERS AND ROAD SAFETY

Young drivers are over-represented in road traffic injuries. It is the lack of hazard perception skills, risk awareness and self-assessment that makes young drivers crash. The WA licensing system and the WA State Government's Towards Zero Road Safety Strategy identify young novice drivers as having:

- a greater chance of serious injury and death than any other age group
- a greater risk of crashing within the first six months on P plates, particularly young men
- an increased exposure to risk due to a combination of inexperience and overconfidence.

One of the most compelling pieces of evidence to address these risks, is that extensive and varied driving practice under supervision can significantly reduce the crash rate for provisional drivers (P plate drivers) (Senserrick, 2004). This important protective measure is reinforced throughout the Keys4Life program and is an integral part of the Towards Zero strategy and WA licensing system.



## MAPPING KEYS4LIFE TO THE YEAR 10 WESTERN AUSTRALIAN SYLLABUS

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YEAK 10 SYLLABUS	SIKAND	SUB SI KAND					-	LESSON	╞	+	-	-	
				-	7	m	4	5	9	7	6 8	_	10
Health and Physical Education	Personal, social and community health	Communicating and interacting for health and	Critical health literacy skills and strategies	•	•	•		•	•	•	•	•	
		well being	Skills and strategies to promote respectful relationships								•	•	
		Being healthy, safe and active	The impact of societal and cultural influences on personal identity and health behaviour		•	•	•		•		•	•	
			Skills and strategies to manage situations where risk is encouraged by others						•				
		Contributing to healthy and active communities	Social, economic and environmental factors that influence health		•					•	•	•	•
Humanities and Social Sciences	Humanities and Social Sciences skills	Communicating and reflecting	Generate a range of viable options in response to an issue or event to recommend and justify a course of action, and predict the potential consequence of the proposed action		•		•		•		•		
			Compare evidence to substantiate judgements (eg use information and/or data from different places or times; use tables, graphs, models, theories)						_	•			
		Questioning and researching	Construct, select and evaluate a range of questions and hypotheses involving cause and effect, patterns and trends, and different perspectives			•	•	•					
		Analysing	Account for different interpretations and points of view/perspectives in information and/or data (eg from tables, statistics, graphs, models, cartoons, maps, timelines, newspapers)				•		•		•		
Mathematics	Statistics and probability	Data representation and interpretation	Evaluate statistical reports in the media and other places by linking claims to displays, statistics and representative data			•							
English	Language	Expressing and developing ideas	Evaluate the impact on audiences of different choices in the representation of still and moving images					•			•		
Science	Science inquiry skills	Processing and analysing data and information	Analyse patterns and trends in data, including describing relationships between variables and identifying inconsistencies							•			
GENERAL CAPABILITY ICONS KEY	ILITY ICONS KEY												
Literacy				6	6							-	6
				•		6							6
Critical and creative thinking	ive thinking				₿		<u> </u>	-			(†) (†)		₿
Personal and social capability	ial capability				ß	8				-	8 8	-	ß
<ul> <li>Ethical understanding</li> <li>Intercultural understanding</li> </ul>	aing erstanding									ß			
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K4L · PRE · DRIVER EDUCATION

Keys4Life is a pre-driver education program for young people and their parents that aims to develop positive attitudes towards driving.

## KEYS4LIFE-10 LESSON OVERVIEW

LESSON	PAGE	LESSON TITLE AND CONTENT	REMINDERS	PARENTS & FAMILY	STUDENTS' AT-HOME TASK
L	17	<ul> <li>LEARN TO DRIVE</li> <li>Keys4Life program</li> <li>WA licensing system</li> </ul>	<ul> <li>Start class attendance record</li> <li>Distribute <i>Behind the</i> <i>wheel</i> and (hard copy or online)</li> <li>Explain student obligations and eligibility criteria to sit test at school</li> <li>Students must complete all 10 tasks in their <i>Behind the wheel</i> journal</li> </ul>	<ul> <li>Distribute Family information sheet <i>The Keys4Life program</i></li> <li>Distribute Family information sheet Before you start</li> <li>Distribute Family information sheet <i>The WA Graduated</i> <i>Driver Training and</i> <i>Licensing (GDT&amp;L)</i> system</li> </ul>	• Task 1 – Keeping an eye on things in Behind the wheel
2	31	<ul> <li>RESPONSIBILITIES, BEHAVIOURS AND CONSEQUENCES</li> <li>Road user responsibilities, behaviours and consequences</li> <li>Road rules</li> </ul>	<ul> <li>Record student attendance</li> <li>Students must complete all 10 tasks in their <i>Behind the wheel</i> journal</li> </ul>		<ul> <li>Task 2 – Spot the errors in the Behind the whee journal</li> <li>Quiz 1 – Speed in Behind the wheel</li> <li>Quiz 2 Alcohol and other drugs in Behind the wheel</li> <li>Quiz 3 – Indicating and hand signals in Behind the wheel</li> <li>Quiz 4 – Intersections and Turning in Behind the wheel</li> <li>Quiz 5 – Traffic signals and road markings in Behind the wheel</li> <li>Quiz 6 – Traffic signals in Behind the wheel</li> <li>Access the Department of Transport's online road rules theory test quizzes</li> </ul>
3	63	<ul> <li>ROAD SAFETY STATS</li> <li>AND FACTS</li> <li>Crash statistics</li> <li>Road crash effects</li> </ul>	Record student     attendance		<ul> <li>Quiz 7 - Seatbelts in Behind the wheel</li> <li>Access the Department of Transport's online road rules theory test quizzes</li> </ul>
4	73	<ul> <li>MAKE A DECISION</li> <li>Decision-making</li> <li>Sharing the road</li> </ul>	<ul> <li>Record student attendance</li> <li>Students must complete all 10 tasks in their <i>Behind the wheel</i> journal</li> </ul>	Distribute Family information sheet Sharing the road	<ul> <li>Task 3 – Tolerance and Courtesy in Behind the wheel</li> <li>Quiz 8 – Driving in different conditions in Behind the wheel</li> <li>Access the Department of Transport's online road rules theory test quizzes</li> </ul>
5	83	<ul><li>WHY CRASHES HAPPEN</li><li>Driving triangle</li><li>Driving risks</li></ul>	Record student     attendance	<ul> <li>Distribute Family information sheet Speed</li> </ul>	<ul> <li>Access the Department of Transport's online road rules theory test quizzes</li> </ul>



LESSON	PAGE	LESSON TITLE AND CONTENT	REMINDERS	PARENTS & FAMILY	STUDENTS' AT-HOME TASK
6	95	<ul> <li><b>REDUCING THE RISKS</b></li> <li>Driving under the influence</li> <li>Signs of fatigue</li> <li>Driver distractions</li> </ul>	<ul> <li>Record student attendance</li> <li>Students must complete all 10 tasks in their <i>Behind the wheel</i> journal</li> </ul>		<ul> <li>Task 4 - Be aware of distractions in Behind the wheel (if not yet completed)</li> <li>Quiz 2 - Alcohol and other drugs in Behind the wheel (if not yet completed)</li> <li>Access the Department of Transport's online road rules theory test quizzes</li> </ul>
7	113	MORE WAYS TO REDUCE RISKS • Speed • Stopping distances • Driving as a complex task	<ul> <li>Record student attendance</li> <li>Students must complete all 10 tasks in their <i>Behind the wheel</i> journal</li> </ul>		<ul> <li>Task 4 - Be aware of distractions in Behind the wheel (if not yet completed)</li> <li>Task 5 - Getting ready to stop in Behind the wheel</li> <li>Task 6 - Keeping a safe distance in Behind the wheel</li> <li>Task 7 - Check your speed in Behind the wheel</li> <li>Access the Department of Transport's online road rules theory test quizzes</li> </ul>
8	131	<ul> <li>DRIVING PRACTICE</li> <li>Supervised driving practice</li> <li>Assertive communication</li> </ul>	<ul> <li>Record student attendance</li> <li>Students must complete all 10 tasks in their <i>Behind the wheel</i> journal</li> </ul>	• Distribute Family information sheet <i>Young drivers</i>	<ul> <li>Task 8 - Stop! Hazards ahead in Behind the wheel</li> <li>Task 9 - Check out the conditions in Behind the wheel</li> <li>Quiz 8 - Driving in different conditions in Behind the wheel (if not yet completed)</li> <li>Access the Department of Transport's online road rules theory test quizzes</li> </ul>
9	143	<ul> <li>Safer vehicles</li> <li>Insurance</li> <li>Planning ahead</li> <li>Managing risky situations</li> </ul>	<ul> <li>Record student attendance</li> <li>Students must complete all 10 tasks in their <i>Behind the wheel</i> journal</li> </ul>	• Distribute Family information sheet <i>P plate drivers</i>	<ul> <li>Task 10 - Safety check in Behind the wheel</li> <li>Quiz 7 - Seatbelts in Behind the wheel (if not yet completed)</li> <li>Access the Department of Transport's online road rules theory test quizzes</li> </ul>
10	159	<ul> <li>ON THE ROAD</li> <li>First aid</li> <li>Test preparation</li> </ul>	Record student attendance	• Distribute Family information sheet <i>How</i> <i>to use the Keys4Life</i> <i>certificate</i>	<ul> <li>Quiz 9 - Emergencies and crashes in Behind the wheel</li> <li>Quiz 10 - The law and you in Behind the wheel</li> <li>Access the Department of Transport's online road rules theory test quizzes</li> </ul>





## KAL PROGRAM Implementation

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Keys4Life is a pre-driver education program for young people and their parents that aims to develop positive attitudes towards driving

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## ATTENDANCE RECORD

KEYS4LIFE ATTENDANCE RECORD	School								Year	
					LESSONS (	NS ()				
	1	2	ĸ	4	ß	9	7	8	6	10
STUDENT NAME	Date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:



## BEHIND THE WHEEL TASK COMPLETION RECORD

<b>BEHIND THE WHEEL TASK COMPLETION RECORD</b>										
					TASKS 🛇	s ©				
	1	2	3	4	5	6	7	8	6	10
STUDENT NAME	Date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:

K4L · PRE-DRIVER EDUCATION

## STUDENT ANSWER SHEET



#### PRINT your name and date of birth below.

First name

Surname

Date of birth

#### NOTE: PLEASE DO NOT WRITE IN THE TEST BOOKLET.

7

8

9

10

11

12

#### INSTRUCTIONS

**PRINT** your answer in the box for each question.

IF YOU MAKE A MISTAKE, draw a line through your wrong answer. Write your new answer to the side of the box - see example below.



CHECK your answers and that you have answered all of the 30 questions.













The Keys4Life Program is a Road Trauma Trust Account funded project approved by the Minister for Road Safety and supported by the Road Safety Commission.



