TASK 4

BE AWARE OF DISTRACTIONS

Driving is a complex task = Lots of concentration + An ability to anticipate hazards on the road

When drivers are distracted they can’t give enough attention to the driving task. Driving safely has to be the FIRST priority.

STOP & THINK

1. Although some driver distractions are unavoidable, there are things a driver can do to manage these distractions.
   
   Write a list of ways to manage driver distractions.
   
   • Turn off your mobile phone or set it to DO NOT DISTURB while driving.
   
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2. When you start driving, how will you manage your friends if they are distracting you?

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3. Do you think it should be illegal to use a mobile phone while driving? Why?

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ON YOUR NEXT TRIP...

• Make a list of driver distractions both inside and outside of the car.
• Watch your driver. How does their driving change if they are distracted?

ASK YOUR DRIVER TO SHARE WITH YOU...

• How they manage distractions inside the car.
• What might distract them outside of the car.
• If they think that experienced drivers cope better with distractions than P plate drivers and why.

Check out the following for more information about managing distractions while driving.

Road Safety Commission Priorities – Distractions (0.32 secs)
https://www.rsc.wa.gov.au/Campaigns/Distractions

2 SECONDS ON YOUR PHONE IS 33 METRES DRIVING BLIND

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Keys4Life is a pre-driver education program for young people and their parents that aims to develop positive attitudes towards driving.

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