

TASK
4

BE AWARE OF DISTRACTIONS

Driving is a complex task

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Lots of concentration

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An ability to anticipate hazards on the road



When drivers are distracted they can't give enough attention to the driving task. Driving safely has to be the **FIRST** priority.



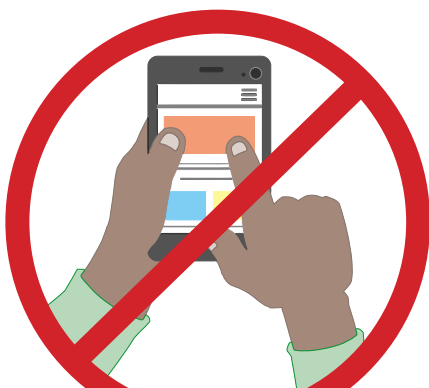
ON YOUR NEXT TRIP...

- Make a list of driver distractions both inside and outside of the car.
- Watch your driver. How does their driving change if they are distracted?



ASK YOUR DRIVER TO SHARE WITH YOU...

- How they manage distractions inside the car.
- What might distract them outside of the car.
- If they think that experienced drivers cope better with distractions than P plate drivers and why.



2 SECONDS ON YOUR PHONE IS 33 METRES DRIVING BLIND



Check out the following for more information about managing distractions while driving.

Road Safety Commission
Priorities - Distractions (0.32 secs)
<https://www.rsc.wa.gov.au/Campaigns/Distractions>



STOP & THINK

- 1 Although some driver distractions are unavoidable, there are things a driver can do to manage these distractions.

Write a list of ways to manage driver distractions.

- Turn off your mobile phone or set it to **DO NOT DISTURB** while driving.

- 2 When you start driving, how will you manage your friends if they are distracting you?

- 3 Do you think it should be illegal to use a mobile phone while driving? Why?
