

A HELPING HAND

You'll need to ask someone to help you complete the 10 tasks in this journal. You should look to ask someone who has:

- been driving for at least four years
- is a safe driver
- can explain things to you clearly
- has time to talk to you about driving.



Your driver may also become your driving supervisor when you are on your L plates so try to build a positive relationship with them!



WHAT'S COMMENTARY DRIVING?

One way to find out about driving is to ask your driver to explain what they are doing when they are driving the car. This is called 'commentary driving'. Your driver can share with you their thoughts and feelings, identify any hazards they have seen, and explain how they are driving and adjusting to the conditions.

Just make sure you are only talking with them when it is safe to do so.

Once you have found a driver you need to negotiate some suitable times to complete the tasks. Try to use trips that you already do with them such as driving to school, the shops or to a friend's house.



STOP & THINK

What do you know about driving?

How do you feel about learning to drive?

What will having a driver's licence mean to you?

What type of driver do you want to be?

What responsibilities will you have as a driver?

Who do you think you will ask to be your driver helping you with the tasks in this journal? Why have you chosen them?