

# Talking drugs



**A drug is any substance, except food and water, which, when taken into the body, changes the way the body works.** (World Health Organisation)

Drugs which affect someone's central nervous system (CNS) and alter their thinking or way they behave, are called **psychoactive drugs**. These drugs can be put into four groups.

**Write down the drugs you know and where you think they may fit**

**1**

## **Depressants**

Slow down messages that pass to and from the brain and body via the CNS



**2**

## **Hallucinogens**

The user may see, hear or smell things in a strange way



**3**

## **Stimulants**

Speed up messages that pass to and from the brain and body via the CNS



**4**

## **Multi-action**

These may have several effects on the body



What have you learnt from this activity?



**Any drug has the potential to cause harm**