

VIDEO TRANSCRIPT

INTRODUCTION

Welcome to *Drug Talk: Body. Mind. Future*, SDERA's new alcohol and other drugs program for students in Year 10 to 12.

Drug Talk: Body. Mind. Future. or Drug Talk is a holistic program that recognises the interconnectedness of the body, mind and the future through a series of interrelated components and interactive and inclusive activities.

Activities within *Drug Talk* provide opportunities for students to:

- identify how potential harms from alcohol and other drug use can be avoided or reduced
- develop and extend the skills that best assist with a harm minimisation approach.

OVERVIEW DOCUMENTS

These two documents provide information on the theory behind *Drug Talk*, suggestions for how to use the program, and tips for teaching alcohol and other drugs education in a school setting. Both documents are downloadable PDFs.

You are strongly encouraged to read these documents before you start using the program.

TEACHING AND LEARNING EXPERIENCES

Teaching and Learning Activities

Adopting a resilience approach to alcohol and other drugs education, the *Drug Talk* program has three main areas of focus.

1. Body. Mind. Future.
2. Risk-taking.
3. Help-seeking.

These areas of focus are supported by research, much of which is contained in the overview documents and at the start of each of the different focus areas in the teaching and learning activities.

Drug Talk offers you flexibility in the way that you choose to structure your lessons and which drugs you choose to focus on.



DRUG TALK

BODY . MIND . FUTURE .

This flexibility allows you to 'dip in and out' of the program to meet your students' needs. The program can be used for just one lesson or used to plan a few weeks or a term's drug education program. You can adapt the lesson suggestions and alternatives have been provided throughout the teaching and learning activities.

Activities within the *Drug Talk* program have been mapped to the WA Health and Physical Education (HPE) Syllabus. General capabilities have also been highlighted for each of the activities.

Through the *Drug Talk* webpage, you can download the entire teaching and learning activities document or just a relevant section.

If you struggle to download from the Internet, get in touch with us at SDERA through your regional consultant or send us an email and we will be more than happy to send you a USB of all of the content and videos for the program. We want everyone in the state to have accessibility to all of the program's components.

Pre-existing Knowledge Quiz

You are encouraged to determine students' understanding using the *Drug Talk* quiz before you structure your program drawing on information about students' current knowledge and interests for planning purposes.

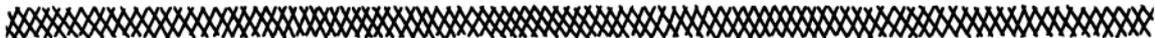
You are also encouraged to revisit, or introduce for the first time, the theories and models surrounding alcohol and other drug use and the drug use experience as this information is drawn upon through the lesson activities.

TRIGGER VIDEOS

Trigger videos have been developed for the three different focus areas.

These videos have been created to help process content in the teaching and learning activities encouraging students to practise skills in drug context scenarios.

You are encouraged to choose the trigger videos that will best support the content you are teaching and those videos that will be relate to the students you are working with.



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PARENT RESOURCES

SDERA has a number of parent resources including fact sheets, family information sheets and videos. You are encouraged to access these and share them with your students' parents and/or guardian.

ASSESSMENT TASKS

An assessment task has been developed addressing content descriptors within the Year 10 WA HPE Syllabus and the Year 10 English Syllabus. The assessment task supports content within the *Drug Talk* program. Over time, additional assessments will be written.

Assessment tasks are downloadable PDFs with separate sections for students and teachers.

STUDENT JOURNAL

Selfie, the student journal, is an interactive PDF that can be downloaded for students to input their responses. This journal supports the activities included in the *Drug Talk* teaching and learning activities. Hard-copy class sets of *Selfie* can also be ordered through the SDERA online order form.

STUDENT PORTAL

The student portal contains quizzes, fact sheets, research documents, interviews and information about support services. Students will need to register to use the portal. This is a great resource for factual, relevant and current information about alcohol and other drugs.

You are encouraged to explore this portal yourself and encourage your students to access the information it contains.

DRUG INFORMATION VIDEOS

These videos provide all of the information students need to know and understand about drugs. Drawing on the theory of drug use, the videos explore types of drugs, their effects and what the law says about their use in the community.

Transcripts for all of the videos are also available as downloadable PDFs.

