

# SDERA NEWS

Term 2  
June 2018  
Number 86

CELEBRATING

20  
YEARS

SUPPORTING  
WA SCHOOLS



**NEW ROAD  
SAFETY AND  
DRUG EDUCATION  
RESOURCES**

**SDERA**

SCHOOL DRUG EDUCATION AND ROAD AWARE





## Celebrating 20 years supporting WA schools

Since joining the SDERA team in 2003, I've had the pleasure of being part of an organisation that has evolved and continued to meet the expectations of the education systems and sectors and our funders, as we support WA schools to implement road safety and drug prevention and early intervention programs.

I am constantly impressed by the quality programs, resources and initiatives created and delivered by our team of dedicated and experienced professionals who are all determined to make a difference to the health and wellbeing of children and young people across the state.

With our vision to have every child and young person in Western Australia recipients of road safety and drug education, we continue to look for new ways to empower schools so they can implement effective and sustainable programs.

We also know what works best, based on research and evaluations, and we translate this into a range of strategies and through the provision of:

- Professional development that acknowledges adult learning styles and expertise; reflects current curriculum and legislation; focuses on trends in drug use and road trauma statistics; and enables graduate teachers through to leaders to

work towards meeting their professional standards. We do all of this and we do it really well and at no cost to schools, the early learning and care sector, and community agencies.

- Resources written by teachers for teachers that can be used to plan road safety and drug education lessons. Our resources continue to be acknowledged by not only educators and practitioners, but also through winning numerous state and national awards – the trophy cabinet is overflowing!
- Plans that outline procedures to manage drug use incidents and intervention support for students experiencing issues related to drug use. We have developed an award winning resource (yes another one) that guides schools through this process.
- Models and frameworks that address critical implementation factors for a whole-school approach. CHAT, our whole school engagement initiative, does this and the evidence gathered from an evaluation conducted by Child Health Promotion Research Centre, ECU clearly shows we're on the right track!

There have been so many good news stories about positive changes in young people's health behaviours since SDERA started as the School Drug Education Project in 1997, and the introduction of laws and systems aimed at reducing drug and traffic-related harms – just a few are highlighted on the next page.

In the last 20 years, we've welcomed and waved goodbye to numerous staff members as they moved on to new paths, and our team has grown to ensure a statewide service. We've packed up and moved office locations four times, celebrated the arrival of 12 babies and 7 grandbabies, congratulated 5 team members as they tied the knot, sung happy birthday and eaten the obligatory birthday cake too many times to count, consoled each other as our children undertook Year 12 exams or started learning how to drive... the list goes on.

I think the quote, *"The achievements of an organisation are the results of the combined effort of each individual"* captures beautifully how I feel about SDERA and those who have contributed to its success. There's still more to be done and we're intent on stepping up, meeting challenges and continuing to bring new ideas and concepts to the table.

Congratulations to everyone who has been a member of the SDERA team and thank you to the WA schools and their communities who continue to trust SDERA as their go-to for resilience, road safety and drug and alcohol education.

So can I ask you to please raise your glass – of sparkling water – and toast the achievements of SDERA over the last 20 years!

**Anne Miller**  
Manager, SDERA

## SOME GOOD NEWS STORIES FROM THE PAST 20 YEARS

### FEWER YOUNG PEOPLE SMOKING

Fewer young people are smoking tobacco and this trend continues. SDERA will keep focusing on tobacco education and use the Smarter than Smoking website to reach out to school communities.



### NO ALCOHOL THE SAFEST CHOICE

More young people are now choosing to delay their first encounter with alcohol. It's really exciting to see this, especially with alcohol causing a range of harms in our community.

### SECONDARY ALCOHOL SUPPLY LAWS

Secondary supply laws have been introduced to empower parents who do not want alcohol supplied to their children because they understand the health benefits of abstinence by young people under the age of 18 years.



### SAFER DRIVING

The Graduated Driver Licensing System and our *Keys for Life* pre-driver education program are two strategies working to reduce crash involvement of young drivers and their passengers.

Thank you to the RAC for 13 years of partnership with *Keys for Life*.

**Keys for Life reaches over 14,000 students every year – that's huge!**



CELEBRATING  
**20** YEARS  
SUPPORTING  
WA SCHOOLS

**1997**

- The School Drug Education Project (SDEP) was launched by Premier Richard Court on 4 April at Observation City, Scarborough
- Option A and Option B drug education programs were offered to WA schools



**1999**

- SDEP launched the Drug Education K-12 Teacher Support Package
- SDEP established Regional Organising Committees to extend drug education into regional WA

**2000**

- The *In Touch* early intervention program was developed for students experiencing issues associated with drug use



**2003**

- SDEP and Road Aware joined to become School Drug Education and Road Aware (SDERA)
- The *Keys for Life* pre-driver education program launched
- SDERA joined the National Road Safety Education Forum (now the Road Safety Education Reference Group Australasia)



**2009**

- The *Challenges and Choices* Early Adolescence program for resilience, drug and road safety education was developed for schools
- The *Getting it Together: A Whole-School Approach to Road Safety Education* resource was made available for schools
- The *Road Map Road Safety Directory* was made available for schools and communities
- SDERA released road safety education grants for schools
- *Keys for Life* was independently evaluated

**2008**

- *Keys for Life* won the national Road Safety Award for Supporting Implementation

**2007**

- SDEP celebrated its 10 year anniversary
- SDERA released the Principles for Road Safety Education research
- The *Challenges and Choices* Early Childhood program was independently evaluated

**2006**

- The *Challenges and Choices* Middle Childhood program for resilience, drug and road safety education was developed for schools
- SDERA managed funding for schools to run drug education forums for students
- *In Touch* was redeveloped and released as *Keeping in Touch*



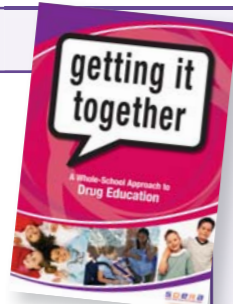
**2005**

- The *Smart Steps* early childhood road safety education program launched
- The *Challenges and Choices* Early Childhood program for resilience, drug and road safety education was developed
- *Keys for Life* won the national Road Safety Award for Other Supporting Initiatives



**2010**

- The *Changing Health Acting Together (CHAT)* whole school initiative was launched
- The *Getting it Together: A Whole-School Approach to Drug Education* resource was made available for schools
- The *Connect Alcohol and Other Drug Services Directory* was made available for schools and communities



**2011**

- An independent evaluation found that SDERA's drug education programs build resilience in children
- An independent evaluation found that SDERA's *Road Aware Parents* and *Road Aware Kids* programs create safer behaviours in the traffic environment
- The *KIT Plus Research Project* was completed with successful findings strengthening SDERA's approach to early intervention

**2012**

- SDERA formed the Road Safety Education Committee (now the WA Road Safety Education Committee)

**2013**

- The *Keys4Life Online* program launched for community agencies
- The *Challenges and Choices* Kindergarten, Foundation and Year 1-6 resources for resilience, drug and road safety education were developed for schools
- SDERA won the Constable Care Child Safety Award for WA Government Department and Agency

**2014**

- An independent evaluation found that *CHAT* was one of the most effective ways to implement a whole-school approach to core health areas

**2015**

- SDERA launched its new website for educators, parents and students
- An independent evaluation found that teachers consider *Keys for Life* to be a valuable part of their school curriculum



**2017**

- 17 *CHAT* schools were the first schools in WA to achieve gold level
- *Keys for Life* won best Road Safety Community Program in Australia
- *Keys for Life* won the Australian Road Safety Foundation Founders Award for Outstanding Achievement
- *CHAT* won the Injury Prevention and Safety Promotion Award for Outstanding Achievement in Injury Prevention, Early Intervention, Treatment and/or Recovery
- *Smart Steps* was redeveloped to meet the needs of educators working in early childhood agencies



**2016**

- SDERA formed the WA School Drug Education Reference Group
- SDERA ran the first *Talking Drugs* parent session
- The *Challenges and Choices* Year 7-9 resources for drug and road safety education were developed for schools

**IN THE LAST 20 YEARS WE'VE:**



Engaged with over  
**1,200 WA schools and  
700 community agencies**



Developed over  
**165,000  
resources and support  
materials for educators,  
parents and students**



Conducted  
**2,600  
professional  
development  
workshops**



# What our schools say...



## SMART STEPS

"Our early learning program has included SDERA's *Smart Steps* teaching and learning strategies for over five years now. We find the program meets all our learners' needs – the strategies are holistic, fun, activity based and work well in our school setting. The program sets great foundations for positive road user behaviours for life. In a smaller community it has also been invaluable to engage the local day care to be part of this process with us."

Fiona Yeats,  
Bruce Rock District High School



## TALKING DRUGS

"Thank you for being so passionate about drug education and for all of the support/materials/contacts you gave me throughout the entire process of hosting such an event. It's nice to know that we have upskilled at least 60 members of our local community on drug education, some of which have children who attend other schools in the area."

Sarah Bentley,  
Wanneroo Secondary College

## CHAT

"CHAT played an integral role in improving the health and wellbeing for the benefit of students, school staff and parents from the community. CHAT has enabled the school to develop a Whole School Drug Education plan, including procedures for Incident Management and Intervention support. This gave the school a clear direction that can assist students to address any issues through appropriate support within the school and, where required, through referral by appropriate staff to relevant community based services."

Kim Morrison, Ocean Reef Senior High School

## KEYS FOR LIFE

"Having been involved with *Keys for Life* since its inception I have experienced first-hand the positive impact of the program in a number of learning areas. The positive influence it has on students' attitudes towards risk taking behaviours is priceless and there is no doubt that the program has contributed to the improvement of students' academic performance by providing many opportunities for literacy and numeracy development."

Helen Rozendaal, Southern River College

"Our daughter is completing the program through her school and we just wanted to let you know what a wonderful program it is! We are really enjoying the daily drive to school as we work through the sections. It is such a logical and clever way to teach your teenager – very practical and easy to discuss and point out all the road hazards as you drive along."

Dr Lyn Colvin (parent)

## CHALLENGES & CHOICES

"Through the use of the *Challenges and Choices* resources, the staff have been able to work systematically and collaboratively to create a Health program that is effective and easy to follow."

Sara Duff, Williams Primary School

## PROFESSIONAL DEVELOPMENT

"I have attended many SDERA workshops over the past 15 years. The resources fit perfectly with the Western Australian curriculum and the workshops are very interesting, helpful and assist in the implementation of the material at school."

Diana Gow, Ocean Reef Senior High School

"SDERA's workshops are a teacher's dream! I have attended numerous workshops and implemented the associated resources, over a ten year period. I have worked closely with the presenters to fine tune a program for our school. The presenters have a range of experience and expertise, across the learning areas, and can modify activities to suit a range of learning contexts. Ongoing support is offered as needed."

Sharon Kongras, Upper Swan Primary School

# RESILIENCE EDUCATION

## Mindfulness in the classroom



Being mindful means to be aware - noticing thoughts, feelings, bodily sensations, and anything that is around us and happening in the here and now.

With more children being diagnosed with or exhibiting anxiety-related symptoms, teaching mindfulness and other social and emotional skills needs to be a priority in our classrooms.

By being mindful, children can focus and pay attention to the task at hand which is being linked to better memory skills and academic results.

Practising mindfulness with your class can also remind you to be present with them, and can boost the connection and positive energy you have with your students.

Mindfulness doesn't necessary mean that students have to sit still and meditate. There are lots of clever ways to practise the art of awareness using all five senses. You can also practise mindfulness while covering aspects of the curriculum.

## Activities for your classroom

### Observation exercise

Take your class outside and ask your students to sit or lie down and look up at the clouds. Encourage them to think about what the clouds look like - ask them to look for faces or make shapes out of the clouds. This can easily be turned into a literacy exercise back in the classroom by asking your students to write a story about the shape or face they saw.



### Listening exercise

With their eyes closed, ask your students to concentrate on their own breath. After this ask them to listen to a sound in the classroom. Then ask them to try and hear a sound outside of the classroom.



### Eating exercise

Ask your students to roll a raisin around in their mouths and encourage them to think about how it feels, what they can smell etc. This exercise can easily be extended into recess or lunch.

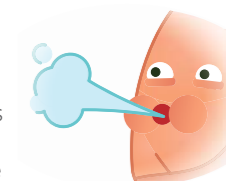


## Incorporate mindfulness into your daily life

Before bringing mindfulness into your classroom, establish your own practice by finding simple ways to incorporate it into your daily activities. This will make it much easier to authentically teach mindfulness to your students.

### Breathing exercise

Ask your students to lie on the floor and place their hands on their bellies with their fingertips touching. Tell them to breathe in slowly and deeply and notice if their fingertips move apart. If their fingertips do not separate tell them to breathe deeply into their bellies with their next breath.



To find out how you can develop the social and emotional learning curriculum in your school or implement a whole-school approach to resilience, contact us.



# DRUG EDUCATION

LAUNCHING  
ONLINE  
JUNE 2018

## DRUG TALK BODY.MIND.FUTURE.

*Drug Talk: Body.Mind.Future* is a meth/amphetamine and other drugs education program for Year 10-12 students, educators and parents.

This innovative online program aims to support students to build their drug content knowledge and develop resilience-based skills so that they have the capacity to make healthier and more informed decisions for their own and others' safety and wellbeing, now and into the future.

*Drug Talk: Body.Mind.Future* includes a series of inclusive and interactive lessons which are linked to the WA Health and Physical Education Syllabus, animated videos with meth/amphetamine and other drugs content, trigger videos for unpacking key skills, and additional support resources for educators and parents.

Assessment tasks have been written to align with the content contained in the program.



**Recreational cannabis is illegal and usually contains high levels of tetrahydrocannabinol (THC). On the other hand, medicinal cannabis contains very low levels of THC and patients rarely experience the same effects as recreational users.**

## Medicinal cannabis

Recent research suggests that medicinal cannabis can reduce the painful symptoms associated with a number of illnesses and health disorders. However, there have only been a limited number of well-designed clinical studies on medicinal cannabis making it difficult to support decisions to prescribe the drug for medicinal use.

It is important to understand the difference between medicinal cannabis and recreational cannabis. Recreational cannabis is the illegal form of this drug that people use (most commonly smoked), to get high. Recreational cannabis is illegal and usually contains high levels of tetrahydrocannabinol (THC). On the other hand, medicinal cannabis contains very low levels of THC and patients rarely experience the same effects as recreational users.

Medicinal cannabis comes in three forms:

- Cannabis products that are approved by the Therapeutic Goods Administration. Some of these products come as a nasal or oral spray and are used to treat a wide variety of conditions such as multiple sclerosis and epilepsy.
- Controlled herbal cannabis (plant products).
- Illicit herbal cannabis which may contain harmful impurities such as bacteria and mould.

### Strict guidelines

All medicines used in Australia are monitored under strict guidelines. These guidelines provide users with the complete list of ingredients and ensure the strength of each dose remains consistent.

SDERA 2016-17

School and agency staff who attended an AOD workshop



987

The Narcotic Drugs Amendment Act 2016 allowing the cultivation of medicinal cannabis in Australia came into effect in November 2016. The first licence for private cultivation was issued earlier this year. Patient access to medicinal cannabis is now provided by a General Practitioner (GP).

GPs apply to become authorised prescribers of medical cannabis or can apply for the drug on behalf of their patients through the Special Access Scheme.

In both cases the GP must be able to prove that the drug would be of benefit for a particular patient and closely monitor the effects so doses can be adjusted accordingly.

For further information visit: [www.tga.gov.au/medicinal-cannabis-guidance-documents](http://www.tga.gov.au/medicinal-cannabis-guidance-documents)





# ROAD SAFETY EDUCATION

**SDERA 2016-17** 

School and agency staff who attended a road safety workshop

**834**

## Road safety signs



### A3 corflute posters

These posters can easily be attached to pedestrian gates. There are six in the set.

We have created new road safety signs for early childhood centres and schools. These corflute posters and banners share key road safety messages for children and young people.

These new signs are available to purchase from [SDERA.wa.edu.au/order-form](http://SDERA.wa.edu.au/order-form)



### 1500x900 banners

These banners can be attached to school fences at the Kiss and Drive or where young drivers park their vehicles at school. The banners have eyelets in each corner.



WIN a full set of road safety banners for your school!

## Competition

To enter simply attend a road safety workshop (*Keys for Life* or *Smart Steps*) or download a road safety resource from our website by 21 September.

The winner will be drawn at random and contacted by email. Terms and conditions available on SDERA's website.

## Would you like to have Izzy at your school?

Izzy, the *Smart Steps* road safety mascot, toured the metropolitan area earlier this year promoting key road safety messages to young children and parents. By using music and movement, Izzy helps children to become safer pedestrians, passengers and riders on our roads.

Izzy regularly attends schools, kindergartens and child care agencies as well as special events such as Toddlerfest and the World's Biggest Playgroup Day. During Izzy's performance, children learn many skills including how to 'buckle up' and 'stop, look, listen and think.'

School, kindergarten and child care service educators can access Izzy by attending our free *Smart Steps* professional development workshop. All bookings include performance instructions and a script (upon request). Workshop participants also receive over 30 free teaching resources and support materials.

The *Smart Steps* early childhood road safety program is evidence based and links to national and state early childhood frameworks and curriculums. The workshop is explicitly linked to the AITSL standards for teachers.

Upcoming dates for *Smart Steps* workshops can be found on the back page.



### Meet Rebecca

*Smart Steps* workshops held in the metro area are run by SDERA's Road Safety Education Consultant, Rebecca Henderson.

"The *Smart Steps* workshop is jam packed with effective teaching strategies and free resources. Plus attendees can book Izzy! Kids absolutely love Izzy and it's great to hear them sing along to the road safety songs," she said.





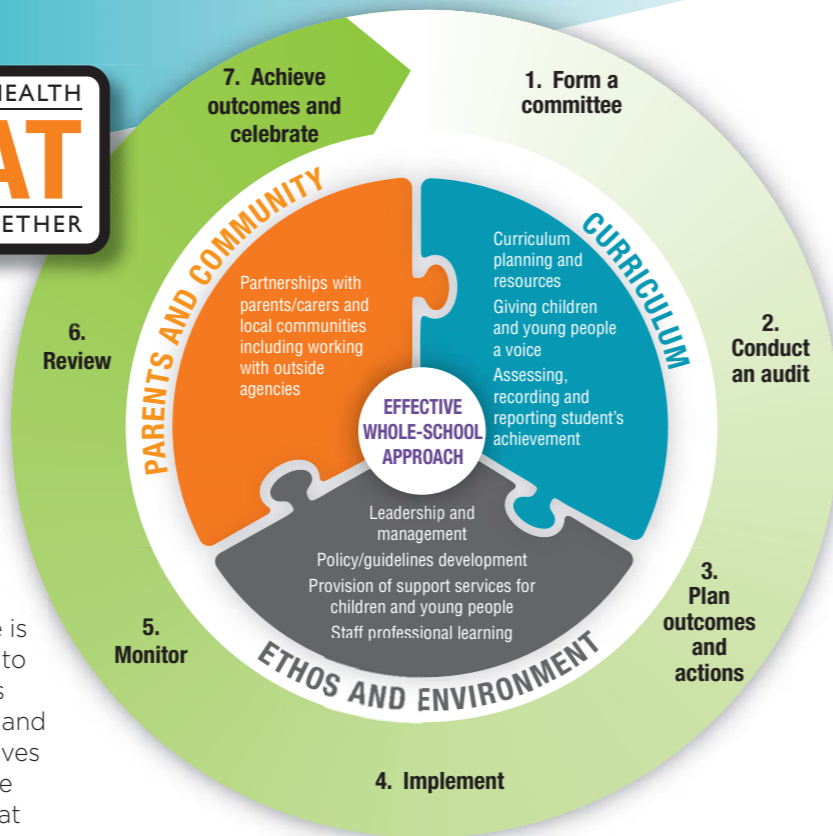


Do you believe the health of students affects their ability and willingness to learn and participate in school life? Would you like to develop a comprehensive, whole-school approach to promote health and wellbeing in your school?

If the answer is 'yes' then SDERA can help! The *Changing Health Acting Together (CHAT)* initiative is SDERA's evidence-based, whole-school approach to resilience, road safety and alcohol and other drugs (AOD) education. It supports schools to structure and implement sustainable, whole school health initiatives that focus on building resilience through innovative approaches to AOD and road safety education, that relate directly to their unique school context.

The *CHAT* Model demonstrates the key elements for three critical components of the Health Promoting Schools Framework that contribute to an effective whole school approach. The components are Curriculum (teaching and learning), Ethos and Environment (policy and guidelines) and Parents and Community (engagement and partnerships).

Through *CHAT*, each school uses an audit tool to identify areas that need to be addressed so that the school can achieve best practice health and safety outcomes for students, staff, parents and the wider



community. SDERA supports schools during the time it takes to complete the audit and build a whole-school approach.

Participation in *CHAT* continues to grow and Term 2 may be your school's last opportunity to become a *CHAT* school. Don't miss out!

■ For information about how to become a *CHAT* school, visit our website or contact Michael Jackson-Pierce on 9402 6265 or Michael.Jackson-pierce@education.wa.edu.au.

## CHAT finalist in AOD Excellence Award

*CHAT* was selected as a finalist in the National Alcohol and Drug (AOD) Excellence and Innovation Awards for preventing and reducing AOD harms in young people.

*CHAT* assists 130 schools across metropolitan, regional and remote areas of WA to enhance their capacity to educate and support students and help reduce the harms they may experience from their own or someone else's AOD use.

*CHAT* provides key implementation methods such as:

- intensive consultancy support and guidance

- frameworks for developing AOD policy
- including procedures for managing drug use incidents and providing intervention support
- a clearly defined process
- monitoring tools
- funding
- resources.

These methods assist schools to build their understanding of prevention education and early intervention, and develop essential structures, practices and policies that allow a targeted approach to prevent, reduce and address issues that may contribute to AOD related harms for young people.



L-R *CHAT* Coordinator Mick Jackson-Pierce, the Hon. Alanna Clohesy MLC and Anne Miller.

# NEWS FROM THE REGIONS



## Celebrations at Broomehill Primary

Broomehill Primary School's Celebration day was a fantastic day that encompassed the whole school participating in activities and workshops to promote resilience, wellbeing and road safety.



The day began with Sergeant Allan Mallard from the Tambellup Police Station discussing the importance of road safety and stranger danger. It was a great interactive session which reinforced the safety message and allowed students to ask questions. The highlight was a tour of Sergeant Mallard's police car.

Students then participated in a series of multi-age rotating team activities promoting resilience. During these activities students learnt strategies to assist with stress management and mindfulness. Students also had the opportunity to take part in yoga workshops hosted by Anye Icher from Twilight Dreams and drumming workshops with James Wood from Drumbeat.

A parent workshop was hosted by Louise Stade and Sharon Muir as part of the Triple P parenting program on resiliency. At the workshop, SDERA's Wheatbelt South Consultant, Ann Rintoul,

reinforced the importance of parent and community involvement. It was great to see so many parents supporting the health and wellbeing outcomes for our community.

To finalise the day, a whole school assembly was hosted by the upper primary students. The theme was Greek mythology with a resiliency twist. The assembly was cleverly crafted to promote the key message of resilience to students, parents and the wider community. It was a great opportunity for students to showcase the knowledge gained through SDERA's *Changing Health Acting Together (CHAT)* initiative.

**Morgan Dezotti**, Principal, Broomehill Primary School

## Kalgoorlie Boulder Teddy Bear's Picnic

SDERA joined with Wanslea, Anglicare, Bega and Cancer Council WA to hold a Teddy Bear's Picnic at the Kalgoorlie Boulder Community Fair in March.

Bounce-back Bear invited children to attend the picnic with their teddy bear and family members.

Bounce-back Bear is a character used by SDERA to promote resilience to young children. Activities involving Bounce-back Bear can be found in our *Challenges and Choices K-6* resources.

Over 130 children attended the event where they enjoyed fun activities and snacks with their family members.



Helen McCormack and her granddaughter





Come along to our inaugural conference on 27 June and learn how to empower young people to be resilient and mentally healthy!

REGISTER ONLINE TODAY!

Destination Wellbeing will be a one-stop-shop for educators looking to expand their knowledge and skills in delivering best practice resilience, road safety and alcohol and other drugs education with the purpose of keeping young people safer.

Delegates will have access to a

selection of keynote speakers, interactive workshops and free resources for their schools.

Registration is free and SDERA will contribute to the cost of teacher relief. (Limit of two staff members per school).

Visit the SDERA website to learn more and register.

Empowering young people to be resilient and mentally healthy

27 JUNE 2018  
RENDEZVOUS Scarborough



## Kidsafe WA's Safety in Schools Resource Kit

Kidsafe WA, with the support of Healthway, has developed a new resource: The Safety in Schools Resource Kit. This resource is a school-based injury prevention teaching guide that can be implemented by the classroom or specialist health teacher during regular health lessons with students in pre-primary to year two.

The Safety in Schools Resource Kit aims at increasing the knowledge, skills and attitudes of participating students towards preventing unintentional injuries on the road, at home and at play.

The resource kit includes six detailed lesson plans covering child injury prevention topics including:

- Road safety including content from SDERA's *Smart Steps* program
- Poison safety
- Farm safety
- Water safety
- Play safety
- Sport safety

The lesson plans also link to the WA Curriculum, Health and Physical Education learning area in the strand of Personal, Social and Community Health.

For more information about this resource please contact Anita@kidsafewa.com.au.

## SDERA finalists announced



Paris Mitchell



Maddison Chinnery



Scott Guerini

SDERA is proud to be the sponsor of the 2018 Health and Wellbeing WA Young Achiever Award. This award acknowledges young people who have made a significant contribution towards creating a healthier and safer community, via education to make smarter, healthier choices.

SDERA would like to congratulate the three exemplary finalists: Paris Mitchell, Maddison Chinnery and Scott Guerini. Good luck to you all. We look forward to acknowledging the winner at the Gala Awards Presentation this month.

## Design an ad competition

The West Australian newspaper is giving school aged children the chance to win cash prizes in the 2018 Design and Ad competition! To enter students need to design an ad for a real company.

To highlight drug education, we encourage students to design an ad for SDERA using the theme

'keeping young people safer'. The ad should help students identify the risks of drug use and understand how to stay safe.

The competition is open to students of all ages across WA. More information can be found at [education.thewest.com.au/contests/design-an-ad](http://education.thewest.com.au/contests/design-an-ad).



## SDERA on social media

Our Facebook and Twitter pages are full of great information including research, statistics, education resources, competitions, current news and events.

@SDERA\_

@SchoolDrugEducationandRoadAware



## Want to share a great story?

We want to hear about road safety and drug education at your school, childcare centre or community agency. A free *Challenges Choices* resource is available to educators who submit an article that is published.

To submit a story for the next newsletter email it to our editor by **Monday 18 June**. Please keep your article to a maximum of 150 words and provide photos (if possible) in jpg format.

FREE SDERA RESOURCE ON OFFER



### Sign up for e-News

It's now even easier to register for SDERA News! Simply visit our website to subscribe. Alternatively if you receive our quarterly newsletter by post and would prefer to receive it electronically, call 9402 6415 or email [sdera.co@education.wa.edu.au](mailto:sdera.co@education.wa.edu.au).



## Goodbye to staff members

SDERA has said goodbye to three wonderful staff members. Drug Education Consultant, Melanie Every, Albany Consultant, Annmaree Lynch and Goldfields Consultant, Carol-Anne Bradley, have made significant contributions during their years with SDERA. We wish you all the very best in your future endeavours. You will be missed!



# UPCOMING WORKSHOPS



SDERA offers professional development workshops on resilience, road safety, and alcohol and other drugs education for school staff working with K-12 students, early childhood services and community groups.

Workshops are free to attend. SDERA provides the full cost of teacher relief for each person attending a whole day workshop.



TERM 2 METRO	TERM 2 REGIONAL	TERM 3 METRO
<b>Smart Steps</b> Wednesday 30 May	<b>Smart Steps</b> Wednesday 30 May Northam	<b>Safer Teens</b> Wednesday 25 July
<b>Resilient Teens</b> Tuesday 5 June	<b>Safer Kids</b> Wednesday 30 May Esperance	<b>Keys for Life (for schools)</b> Thursday 26 July
<b>Resilient Kids</b> Thursday 7 June	<b>Smart Steps</b> Thursday 31 May Manjimup	<b>Keys4Life Online (for community agencies)</b> Tuesday 31 July
<b>Keys for Life (for schools)</b> Tuesday 19 June	<b>Safer Kids</b> Tuesday 12 June Busselton	<b>Resilient Teens</b> Tuesday 2 August
All metro workshops are held at Statewide Services Centre, Padbury unless stated otherwise	<b>Talking Drugs</b> Thursday 21 June Mandurah	<b>Safer Kids road safety education with safety school tour</b> Wednesday 8 August Constable Care Safety School, Maylands
		<b>Safer Kids</b> Wednesday 15 August
		<b>Talking Drugs</b> Tuesday 21 August
		<b>Resilient Kids</b> Thursday 23 August
		<b>Smart Steps</b> Wednesday 5 September
		<b>Keys for Life (for schools)</b> Thursday 6 September
		All metro workshops are held at Statewide Services Centre, Padbury unless stated otherwise

TO REGISTER FOR WORKSHOPS OR TO VIEW THE MOST CURRENT WORKSHOP DATES VISIT

[SDERA.wa.edu.au](http://SDERA.wa.edu.au)

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