



# Supporting drug education in your school

## Whole School Drug Education Plan

Research shows that school drug education opens up dialogue about drugs and the potential consequences of drug use, and also increases help seeking behaviour where concerns around drug use exist.

A whole school drug education plan that includes classroom-based alcohol and other drugs education programs and procedures for responding to student drug use, is supportive of not only students but also staff and parents.

When schools have a drug education plan that includes clearly outlined procedures for incident management and intervention support in place, it can ensure that a consistent and thorough process is followed in the school's response to an alcohol or other drug-related situation.

The plan can also ensure that while having appropriate consequences or disciplinary actions, the school's response does not isolate or marginalise a student who may already be struggling. Rather, these procedures can guide schools to provide a clear direction that can assist students to address any issues through appropriate support within the school and, where required, through referral by appropriate staff to relevant external agencies.

## Support to document your plan

SDERA can work with the leadership team and staff members at your school to document a plan that will outline:

- the school's strategy for managing alcohol and other drug use incidents ensuring a consistent response including intervention support and where necessary, application of disciplinary actions
- the roles and responsibilities of staff if alcohol and other drug use incidents occur
- when classroom drug education programs across all year levels will be conducted using SDERA's resources
- strategies that will be used to build a positive school culture to enhance student and staff health and wellbeing
- the school's approach to coordinating with relevant external agencies when intervention support is required.



## Drug education resources

SDERA's *Challenges and Choices: A resilience approach to drug education* resources are available for school staff working with Kindergarten to Year 9 students.

The resources focus on age-appropriate drug education content and personal and social skills that will equip students to manage themselves in drug-related situations.

Learning activities in the resources are mapped to the WA Health and Physical Education Syllabus and the General Capabilities and in particular, Personal and Social Capability.

Teacher resource books were sent free of charge to all WA schools. They can also be downloaded at [SDERA.wa.edu.au](http://SDERA.wa.edu.au). Student workbooks for Year 7 to 9 can be purchased from SDERA or will be provided free of charge to those attending a SDERA professional development workshop.

## Getting started

Our *Getting it Together: A whole-school approach to drug education* resource can be used as a guide for schools when starting to document a whole school drug education plan. The resource includes action plans and templates, and samples from other schools that have completed their plans.

SDERA can come to your school and work through the process with staff members who are in leadership and student services or pastoral care roles.

SDERA will contribute towards any teacher relief required to allow staff to work on the plan.



**NEW**  
drug  
education  
resources  
coming in  
2018

## Drug Talk: Body. Mind. Future

*Drug Talk* is a meth/amphetamine and other drugs education program for Year 10-12 students, educators and parents. This online program supports students to build their knowledge and develop resilience so that they have the capacity to make healthier and more informed decisions about drugs, and in drug use situations.

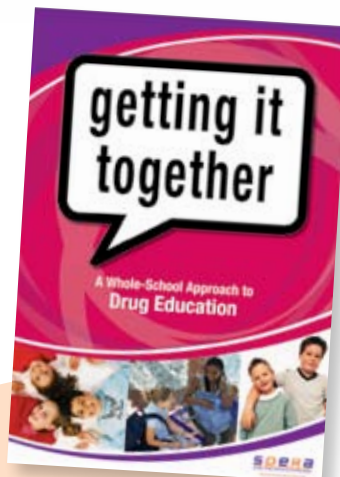
*Drug Talk* includes a series of interactive lessons linked to the WA Health and Physical Education Syllabus, videos, additional support materials and assessment tasks. A key component is a student portal with quizzes, expert interviews, fact sheets, research and news articles, and links to community support services.

## Wraparound

*Def: A philosophy, a process, an approach. An intensive, holistic method of engaging with young people who are experiencing issues related to alcohol and other drug use.*

*Wraparound* is SDERA's new early intervention program that strengthens staff confidence and ability to engage and respond well where concerns exist around student alcohol and other drug use.

All school staff have a role in early intervention and will benefit from this program which includes the 10 Module *Wraparound* resource, an intervention toolkit and professional development workshops with ongoing support from SDERA.



## What else does SDERA offer?

SDERA can offer your school:

- A free consultancy service in metropolitan, regional and remote areas on site or by email or phone.
- Professional development to increase understanding of effective resilience, alcohol and other drugs, and road safety education, and unpack our classroom ready resources.
- Advice and support when implementing a whole-school approach to drug education.
- Information about external services who can support students experiencing problems associated with alcohol and other drugs.

**For more information contact SDERA on (08) 9402 6415 or email [sdera.co@education.wa.edu.au](mailto:sdera.co@education.wa.edu.au)**

**[SDERA.wa.edu.au](http://SDERA.wa.edu.au)**

**To find out more about these resources visit [SDERA.wa.edu.au](http://SDERA.wa.edu.au)**