

# SDERA NEWS

Term 4  
Number 84  
November 2017



**CONGRATULATIONS TO WA'S  
FIRST GOLD CHAT SCHOOLS!**

**SDERA**  
EDUCATING FOR SMARTER CHOICES



Many of us know that two brothers from Dayton, Ohio, Wilbur and Orville Wright, invented, built and flew the Kitty Hawk - the world's first powered and controllable aircraft which flew 36.576 metres on its maiden voyage.

With mechanical skills that were honed through their early work with motors, printing presses and bicycles in particular, they became fascinated with aeronautics and believed it was possible that an unstable vehicle like a flying machine could be controlled and balanced with practice.

The brothers' belief that powered aviation was possible was matched by their determination and commitment to continue their work in the face of widespread doubt and scepticism.

The Wright brothers demonstrated their ability to think creatively and problem solve. They extended their knowledge and skills through research and by conducting numerous tests. They weren't afraid to reassess their thinking and their prototypes to inform further improvements on their journey to eventual success.

By persisting and also learning from the work of others, they achieved what they set out to do by building the world's first successful aeroplane.

Why am I giving you a history lesson in aeronautics? Well, there are very many great ideas out there and to get them off the ground, to allow them to 'take off,' requires many different skills and also personal attributes. Just like the Wright brothers, our experienced team at SDERA have used many of these skills and processes when

**“ We are thrilled that we now have 120 CHAT schools who recognise the benefits in working with SDERA to implement a whole-school approach to resilience, alcohol and other drugs, and road safety education. ”**

designing and developing our *Changing Health Acting Together (CHAT)* initiative.

After a review of literature to determine best practice whole-school approaches and successful implementation strategies to increase health and wellbeing outcomes for students and staff, *CHAT* started hovering in 2010. After getting higher and higher each year, the initiative finally soared, like the Kitty Hawk, on Thursday 21st September at the *CHAT* Achievement Awards. This event acknowledged some of WA's first *CHAT* Gold schools - a first for SDERA!

Since *CHAT* began, interest has continued to grow. We are thrilled that we now have 120 *CHAT*

schools who recognise the benefits in working with SDERA to implement a whole-school approach to resilience, alcohol and other drugs, and road safety education. In fact, we have another 15 schools ready and waiting to step up and take flight with *CHAT* for the start of 2018.

While the iconic image of Orville's first flight was almost missed as the person capturing the moment was so excited he nearly forgot to squeeze the camera, we didn't miss a 'click' and have captured all the wonderful moments of our *CHAT* Achievement Awards from start to finish. Some of these photos are included in this edition while many more are available to see on Facebook.

As another school year comes to a close, I would like to thank all of the teachers, principals, deputy principals, head of learning staff, psychologists, school nurses, student services, early learning staff, agencies, parents, students... everyone that has engaged with SDERA during 2017. Through your enthusiasm and determination to improve the health and wellbeing of young people in your care, you are making a very big difference.

I wish all of you the very best for the remainder of 2017 and look forward to continuing our conversations and relationships in 2018.

**Anne Miller**  
Acting Manager, SDERA



SDERA is proudly funded by the Department of Education WA, Mental Health Commission, and the Road Safety Commission via the Road Trauma Trust Account.



CHANGING HEALTH  
**CHAT!**  
ACTING TOGETHER



# CHAT AWARDS

SDERA reached an enormous milestone on Thursday 21st September when 40 schools from metro and regional WA were awarded for their commitment to resilience, road and alcohol and other drugs (AOD) education through the *CHAT* approach.

A highlight of the ceremony was the 12 schools that were recognised for being among the first in the state to reach Gold Level - the pinnacle of the *CHAT* initiative. These schools have fully embedded resilience, road safety and AOD education into their whole-school community.

A further 28 schools received Bronze or Silver awards, signifying that they had reached the first or second level in the whole school approach.

The event was attended by various special guests including the Hon. Roger Cook MLA, Deputy Premier, Minister for Health; Mental Health, the

Hon. Samantha Rowe MLC, Parliamentary Secretary to the Minister for Education and Training, and Colin Pettit, the Commissioner for Children and Young People.

The Hon. Roger Cook MLA, had the honour of handing out the awards to the schools, commending schools for their hard work and highlighting the value of resilience, road safety and AOD education for children and young people.

*CHAT* supports schools to structure and implement sustainable, whole-school health initiatives that focus on building resilience through innovative approaches to AOD and road safety education. SDERA works with schools to develop initiatives that relate directly to their unique school context.

*CHAT* provides support through funding, one-to-one consultation and access to the *CHAT* Guide, which alongside SDERA's *Getting it Together* whole-school approach resources, outline the practical

steps a school can take to develop the key AOD and road safety initiatives identified as a priority.

SDERA's *CHAT* Coordinator, Mick Jackson-Pierce, reiterated how *CHAT* is making a difference in the wider school community. "The benefits of *CHAT* extend far beyond the classroom. *CHAT* helps children and young people make safer choices through effective road and AOD education and school support, all of this has a positive impact on the wider school community," he said.

SDERA congratulates all of our *CHAT* schools!

■ For more information about *CHAT* or to find out how we can help your school initiate a whole-school approach to resilience, AOD and road safety education, please contact SDERA.



## Gold schools

- Canning Vale College
- Carnarvon Christian School
- Comet Bay Primary School
- Cowaramup Primary School
- East Narrogin Primary School
- Esperance Primary School
- Lake Grace District High School
- Northlake Senior Campus
- Ocean Reef Senior High School
- Parkfield Primary School
- Williams Primary School
- Yule Brook College

**ABOVE:** (L-R) Mia Zivillica and Kirby Smith from Esperance Senior High School, Narelle Lucas and Jo Corlett from Geraldton Senior High School, Peta Van Wyk from Clifton Park Primary School and Vanessa Schaefer from Carnarvon Christian School



## Silver schools

- Borden Primary School
- Charthouse Primary School
- Clifton Park Primary School
- Cowaramup Primary School
- Dardanup Primary School
- Deanmore Primary School
- Esperance Senior High School
- Geraldton Senior High School
- John Tonkin College
- Kulin District High School
- Leeman Primary School
- Meadow Springs Education Support Centre
- Meadow Springs Primary School
- Morawa District High School
- North Albany High School
- St Matthew's Primary School
- Wilson Park Primary School
- Yule Brook College



## Bronze schools

- Bletchley Park Primary School
- Bunbury Primary School
- Carnarvon Community College
- Denmark Senior High School
- Dongara District High School
- Mullewa District High School
- Pingelly Primary School
- Rivergums Primary School
- Springhill Primary School
- St Patrick's Primary School

Photographs from the awards ceremony are available to download free of charge at <http://bit.ly/2znm8XT>

“Road safety and alcohol and other drugs education is fundamental to building resilience in children and young people. Congratulations to SDERA for making a difference in children and young people through the *CHAT* initiative.”

The Hon. Roger Cook MLA





# CHAT Gold schools



## Yule Brook College

(L-R) Anne Miller, Lucinda Vanwyk, the Hon. Roger Cook MLA, Sue James and Mick Jackson-Pierce



## Ocean Reef Senior High School

(L-R) Anne Miller, Di Gow, the Hon. Roger Cook MLA, Belinda Hall and Mick Jackson-Pierce



## Esperance Primary School

(L-R) Anne Miller, Sasha Simpson, the Hon. Roger Cook MLA, Christine Blair and Mick Jackson-Pierce



## Comet Bay Primary School

(L-R) Anne Miller, Graeme Watson, the Hon. Roger Cook MLA, Sharon Baxter and Mick Jackson-Pierce



## Williams Primary School

(L-R) Anne Miller, Sara Duff, the Hon. Roger Cook MLA, Christine Cowcher and Mick Jackson-Pierce



## Northlake Senior Campus

(L-R) Anne Miller, Linda Kwok, the Hon. Roger Cook MLA, Mary Margetts and Mick Jackson-Pierce



## East Narrogin Primary School

(L-R) Anne Miller, Kelly Kensett Smith, the Hon. Roger Cook MLA, Jo Hayes and Mick Jackson-Pierce



## Carnarvon Christian School

(L-R) Anne Miller, Kurt Schaefer, the Hon. Roger Cook MLA, Vanessa Schaefer and Mick Jackson-Pierce



## Parkfield Primary School

(L-R) Anne Miller, Kelly Brown, the Hon. Roger Cook MLA, Rachael Harper and Mick Jackson-Pierce



## Lake Grace District High School

(L-R) Anne Miller, Rob Cooper, the Hon. Roger Cook MLA, Lisa Nenke and Mick Jackson-Pierce



## Cowaramup Primary School

(L-R) Anne Miller, Max Alcock, the Hon. Roger Cook MLA, Debra Niotakis and Mick Jackson-Pierce



## Canning Vale College

(L-R) Anne Miller, Angela Somerville, the Hon. Roger Cook MLA, Miranda Cooke and Mick Jackson-Pierce



The Hon. Samantha Rowe MLC



Colin Pettit, the Commissioner for Children and Young People and Anne Miller



(L-R) Terry Bolt and Kylie Rennie from North Albany High School



Paper mache Izzy from East Narrogin Primary School



Nerida Campbell from St Patrick's Primary School



Sue Ashworth and Mark Stokes from Charthouse Primary School

# HIGHLIGHTS AND ACHIEVEMENTS 2016-17



### Attendees by workshop type

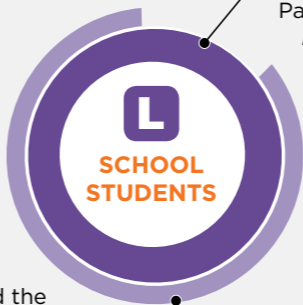
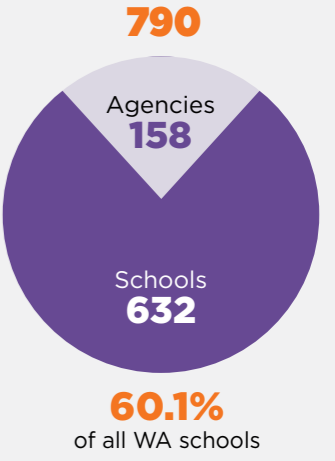


People who attended a **Keys for Life** workshop  
**1,881** parents  
**1,506** students

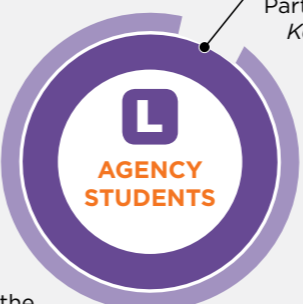


Parents who attended a **Talking Drugs** information session  
**1,468**

### All engagements



Passed the Learner's Permit Test **12,163 (85%)**



Passed the Learner's Permit Test **656 (94%)**



### New resources and support materials

Road safety **37**  
Alcohol & other drugs **144**  
Both **7**  
Other **6**

Facebook reach **242,593**

Twitter reach **13,337**

YouTube views **880**

Website visits **65,009**

**Resources and support materials distributed or downloaded**  
**169,981**

# DRUG EDUCATION

SDERA 2016-17

Schools and agencies trained in AOD

478

Educators trained in AOD

1,839



# ROAD SAFETY EDUCATION

SDERA 2016-17

Schools and agencies trained in road safety

588

Educators trained in road safety

1,992



## Preventing harms from AOD use

The National Drug Strategy 2017-2026 (NDS) is a framework for building safe, healthy and resilient communities by preventing and minimising alcohol and other drug (AOD) related harms among individuals, families and communities.

This is the first time Australia has had a longer-term framework for reducing and preventing AOD related harms.

The strategy outlines the value of partnerships and

collaboration and illustrates the actions that must be taken across priority areas to minimise harm across demand reduction, supply reduction and harm reduction.

SDERA would like to thank all schools in WA who continue to promote healthy and safe behaviours in their school communities by providing best practice AOD education. The NDS supports our efforts and we look forward to continuing the good work in 2018 and beyond.



**School AOD education programs and policies are particularly identified in the strategy as essential in reducing demand through building knowledge in the community and working to change acceptability of use.**

## Connect directory now online

Download it free of charge from SDERA's website

A best practice, whole-school approach to alcohol and other drugs (AOD) education involves a commitment to harm minimisation, and this fits with the approach of the new National Drug Strategy.

A whole-school approach also emphasises the value of partnerships and working together across the school community to reduce demand for alcohol and other drugs and to prevent and reduce risks of harm.

Knowing how to access relevant local service providers

is so important to support school staff, parents and students to get the help that may be needed to reduce harm by addressing AOD use and/or concerns around mental health.

Our Connect directory provides contact details of a diverse range of community based health education, AOD and mental health support services located throughout WA. These services offer programs that complement a school's AOD education initiatives and provide counselling, information, and referral.



## Addressing road safety in Australasia

It was spectacular and truly inspirational to see the Crown Perth Grand Ballroom filled with more than 650 people committed to reducing road trauma at the 2017 Australasian Road Safety Conference last month.

Keynote speaker and former United States National Highway Traffic Safety Administrator, Dr Mark Rosekind, challenged us all to consider our actions and priorities when travelling on the road. Dr Rosekind explained that we all need to make changes to work 'Towards Zero' road deaths.

The Honourable Darren Chester MP, Minister for Infrastructure and Transport, reminded delegates that 189,000 people had died on Australian roads since 1925. He likened that tragic result to the results of war.

Delegates had the opportunity to attend the launch of *Directions 2017-2019* by Acting Road Safety Commissioner, Iain Cameron, on behalf of the WA Road Safety Education Committee. *Directions 2017-2019* is the fourth in a series of action plans demonstrating best practice road safety education in WA. This can be downloaded free of charge from SDERA's website.

In addition to the delegates, there were more than 40 sponsors, exhibitors and supporters, 150+ papers and posters, workshops and symposia, keynotes, invited speakers and panellists. Working together, not giving up, expanding our horizons and campaigning together for funding were common themes from plenary speakers.

It was a fantastic event and we look forward to the 2018 conference in Sydney next year.



Acting Road Safety Commissioner, Iain Cameron and Anne Miller with *Directions 2017-2019*

## Road safety themes explored

The SDERA-led Road Safety Educator's Workshop at the 2017 Australasian Road Safety Conference explored a number of road safety education themes such as research, strategies and working examples of road safety education in WA school communities.

Comet Bay Primary School showcased their implementation of a whole-school, best practice approach to road safety education in a video. Through our CHAT initiative, they instigated a dedicated Kiss and Drive supervised by parents, walkways for students and parents and a campaign to promote the use of helmets when riding a bicycle, scooter or skateboard. The video can be viewed on our website.

Greg Hayes, Kimberley Road Safety Advisor from the WA Local Government Association, outlined the Kimberley Regional Schools Seatbelt Project, a joint initiative between SDERA and Kimberley Roadwise Committees. The project educated and engaged over 500 school students in how to reduce seatbelt related road trauma.

Doctor Stacey Waters from Health Promotion Solutions, Zora Marko from Early Learning Australia, Victoria and Danielle Antaki from the Constable Care Child Safety Foundation also gave interesting presentations.

Thank you to those who attended. We look forward to seeing the positive impacts you make across the community.



# WANT TO SHARE A GREAT STORY?

SDERA would love to share relevant news from school-based staff and other interested agencies. A free *Challenges and Choices* resource is available to those who submit an article that is published.



For the chance to have your story published in the Term 1 newsletter, email it to [claudia.burgess@education.wa.edu.au](mailto:claudia.burgess@education.wa.edu.au) by **Monday 4th December**. Please keep your article to a maximum of 150 words and provide photos (if possible) in jpg format.

## Goodbye to Kim

The SDERA team would like to bid a fond farewell to Kim Dorrington who is our longest serving staff member. After 20 years Kim has decided to move on. Kim, you will be very much missed by everyone and we know that your decision to take a new career direction closer to home, will bring you and your family happiness. Thank you for your wonderful contributions and commitment to the team over the years.

## SDERA on social media

SDERA's Facebook and Twitter pages are full of great information including research, statistics, education resources, competitions, current news and events.

 **School Drug Education and Road Aware**

 **@SDERA\_**



### Opt in to email!

If you receive our quarterly newsletter by post and would prefer to receive it by email, or if you would like to be added to our electronic mailing list, call 9402 6415 or email [sdera.co@education.wa.edu.au](mailto:sdera.co@education.wa.edu.au)

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