

IZZY FACT SHEET



Hi everyone,
I'm Izzy -
SDERA's road
safety mascot!

I love kids and I know
that kids love me,
so please take good
care of me.



WHO CAN BOOK IZZY?

School staff, agency and service representatives who have attended the 0–8 years Smart Steps Professional Learning workshop may book Izzy.

BOOKING PROCESS

Metropolitan Perth Region

If your school, service or centre is in the Perth Metro area, contact SDERA Administration on 9402 6415 or at sdera.co@education.wa.edu.au with the details below.

Regional Western Australia

Once you have attended the workshop in your regional location, you may book via your SDERA Regional Consultant (see [Regional Contact](#) for more details).

Booking details required

- 1 Your name and mobile number
- 2 Date completed *Smart Steps* workshop
- 3 Date and actual time of performance
- 4 Venue address details
- 5 Event details
- 6 Point of contact's mobile phone number
- 7 Cancellations/changes to the booking require **TWO DAYS'** notice in Perth Metro and **ONE WEEK's** notice in the regions.



SDERA Administration ☎ **9402 6415**

COURIERING IZZY

- Izzy will be couriered to you via Northside Logistics.
- Northside Logistics will email you a return **connote** on the day of, or day before, the return courier is scheduled to be booked.
- **Please print and attach the connote** to the costume packaging when Izzy is ready to be collected.
- Please ensure that Izzy is **packed back exactly as you found him** when he was sent to you.



DO NOT pack the damp cool vest in with Izzy – dry it out first.

- Any **missing parts** of Izzy's costume need to be immediately reported to SDERA Administration.
- If Izzy is not collected as arranged please contact SDERA Administration as soon as possible.

PERFORMING IN IZZY

Tips for being Izzy

- Find a helper to assist you with putting the costume on.
- Maximum wearing time is 20–30 minutes.
- Keep cool and **always** wear the Arctic Heat/Cooling Vest (see instructions provided).
- **Izzy does not talk** – he hugs, waves, holds hands and loves high fives.
- Izzy does not like his tail being pulled.
- To help maintain Izzy in good working order, please notify SDERA Administration and indicate what needs repairing and/or whether he needs dry cleaning.



Components of the costume

- Head
- Body (consisting of padded mould and green suit covering)
- Shoes
- Purple vest
- Cool vest (must be worn).

Note: Gel crystals are non-sensitive, non-toxic and non-absorptive to skin and mucous membranes.



Always wear light clothing as the costume retains a lot of heat.

STEP BY STEP GUIDE TO WEARING THE IZZY COSTUME

- 1 Remember to unpack the costume out of sight of children.
- 2 Put on the cool vest.
- 3 Step into the body.
- 4 Zip up the padded body section ONLY to two thirds of its length to hold it up whilst putting on the shoes.
- 5 Put on the shoes.
- 6 Undo the zip fully and put on the head. The straps that are under the armpits can be tightened to hold the head structure steady.
- 7 Lift up the padded body section and put your arms through the arm holes. Zip up to the top (the higher you lift the body, the easier it is to zip it up).
- 8 Put arms into green suit and zip up to the top.
- 9 Secure the head to the body by attaching the press studs.
- 10 Lastly, pop on the vest that has Izzy's name printed on it and you are set to go.

ENJOY BEING IZZY!!

STORING IZZY

- Keep the body in the bag.
- Wrap shoes in plastic or cloth bags and place inside the body to help maintain body shape.
- Cover the head with the special cloth bag provided and stow in the box.
- Do not lean anything against Izzy.
- Keep the tail in the correct position.



HOME-CLEANING IZZY

Only relevant for SDERA consultants

Head, feet and tail

- Spot clean with diluted soapy water using mild soap such as Sard or shampoo.
- Rinse area thoroughly with fresh water.
- Remove excess water with clean cloth, press down firmly until area is barely damp. This prevents watermarks.
- Wipe down inside of Izzy with disinfectant.
- Do not bleach, tumble dry or iron.
- Dry immediately in shade to alleviate water marks.

Body cover and padding

The costume has been scotchguarded. Spot cleaning is possible with a damp cloth, or remove the body skin to wash completely.

- Cold hand wash or 'gentle' machine wash the skin inside out in a laundry bag.
- **Do not rub, bleach, iron or tumble dry.**
- Stubborn stains can be sprayed with a mix of Preen and water.

HOW TO USE THE ARCTIC HEAT COOLING VEST

Activating the vest

- Activate the cool vest a day or two prior to the date you will be wearing the costume. Once activated, the cool vest can be worn directly on your body or on top of your clothing.
- Soak in water for 15 minutes (gel pockets should be firm but not bursting).
- Remove from water – grab top and bottom vest and twist gently in opposite directions (Alternatively, a spin dry cycle can also be used).
- **Hang until material is completely dry** – the vest is now activated.
- Once activated, the vest can be placed in the fridge/freezer or sealed in the bag it was supplied in and placed on ice/water/slurry.
 - Soak for 5–10 minutes in ice water/slurry = cold vest for 30–80 minutes.
 - Frozen for 2 hours = it will stay cold for up to 2 hours.
 - The longer the vest is left in the freezer the longer it will stay cold.
 - If the vest is frozen stiff, apply a light mist of water spray.
- If the gel pockets start to flatten and dehydrate or the gel turns to crystals – soak for 5–10 minutes to reactivate the vest.



Storing the vest

- Once activated, the vest must be stored by hanging it in a well ventilated area.
- To store the vest on a long term basis, **allow the vest to completely dehydrate, returning to the crystal state**, then fold and store.

Washing the vest

- Simply hand wash in warm water with mild soap or a gentle machine wash cycle using mild detergent for two minutes and hang out to dry.
- Occasionally beads of gel may appear on the vest after washing – simply wipe away with a cloth.

Other useful information

- The back of the vest has only three top panels filled with gel to keep cold away from the kidneys.
- The vest weighs between 800gm to 1kg when correctly activated.
- The vest can be heated using the microwave at 30 second intervals. **It is IMPORTANT to check that vest is not too hot before wearing it to avoid burns.**

Note: Gel crystals are non-sensitive, non-toxic and non-absorptive to skin and mucous membranes.

