



## Cannabis and synthetic cannabis

### Why cannabis education for your children?

Cannabis is the most widely used illegal drug in Australia. Cannabis is also the drug that many young people in WA use.

Some parents may have concerns about providing information about cannabis to their teenager; however research shows that being taught about the harmful effects of using cannabis before they are exposed to it through either their own use or other people's use can have a positive effect.

### What will your children learn about cannabis in their classroom program?

- The possible harmful effects and consequences of using cannabis or synthetic cannabis.
- The WA laws about cannabis and synthetic cannabis.
- How to use refusal strategies in situations where other people may be using cannabis.



### For information about cannabis

- **National Cannabis Prevention and Information Centre**

If you're looking for an introduction to synthetic cannabis, this video presented by two young people, will tell you the basics <https://ncpic.org.au/cannabis-you/your-stories-forum/>.

To find out more about synthetic cannabis and questions parents frequently ask, go to <https://ncpic.org.au/parents/>

- **Drug Aware** [drugaware.com.au](http://drugaware.com.au)
- **Australian Drug Foundation** [www.adf.org.au](http://www.adf.org.au)



### For advice and support

- **Alcohol and Drug Support Line** is a free 24-hour, state-wide, confidential telephone service where you can talk to a professionally trained counsellor about your own or another's alcohol or drug use (08) 9442 5000 or 1800 198 024 (Country callers)

### What you can do?

Having negative attitudes towards cannabis can also help to protect your teenager from using this drug and protect them from the harms of other people's cannabis use. Talk to your teenager so you can understand what they think and know about cannabis. Let your children know what you think about cannabis and the rules you have about cannabis use in your family. This can help develop less favourable attitudes towards cannabis which can be a protective factor for your child.



*The Other Talk* is a website that has information about drugs and advice for parents  
<http://theothertalk.org.au/>

