

# SCHOOL ALCOHOL AND OTHER DRUGS EDUCATION

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What is school alcohol and other drugs education?

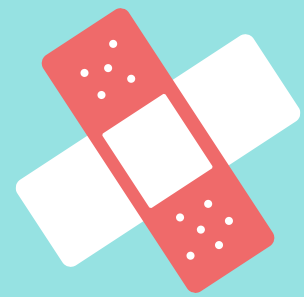
Why is it important in our schools?

What does best practice school alcohol and other drugs education look like?



## 1 BUILDS CAPACITY

Effective school alcohol and other drugs education focuses on skills development and provides students with the capacity to make healthier and more responsible decisions for their own and others' safety and wellbeing.



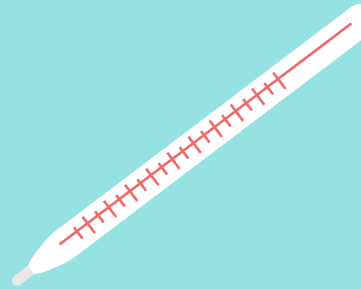
## 2 BUILDS KNOWLEDGE AND SKILLS

Best practice alcohol and other drugs education explores and develops student's drug related knowledge, skills, attitudes and values through use of inclusive and interactive teaching strategies.



## 3 PRACTISE SKILLS

It introduces relevant strategies that students can practise to reduce the harms from drug use.



## 4 PROMOTES HEALTHIER BEHAVIOURS

It aims to reduce the harms associated with drug use and promotes healthier, alternative behaviours.

## 5 FOSTERS RESILIENCE

School alcohol and other drugs education fosters resilience through nurturing a sense of belonging and connectedness both to the school and to the broader community.



## 6 DEVELOPS LIFESKILLS

School alcohol and other drugs education programs can develop a range of life skills such as decision making, help seeking and problem solving.



## 7 INVOLVES PARENTS/CARERS

School alcohol and other drugs education programs recognise parents and carers as significant influences in their children's lives and consider them in their programs.

## 8 LINKS TO SUPPORT

Parent and Family Drug Support Line  
T: (08) 9442 5050  
T: 1800 653 203 (country callers)  
E: [alcoholdrugsupport@mhc.wa.gov.au](mailto:alcoholdrugsupport@mhc.wa.gov.au)

