



John Tonkin College

School Health, Wellbeing and Drug Education Guidelines

Our Vision

At John Tonkin College we believe that health and drug education is integral to the well-being and life long learning of our students. We aim to provide a safe and supportive environment for the school community. We endeavour to engage the whole-school community (families, parents, carers and guardians) and local partnerships in our resilience, wellbeing and health education initiatives. We are committed to providing our students with health, well being and drug education and necessary related intervention across all year levels.

Our School Commitment

Our School Health, Wellbeing and Drug Education Guidelines are consistent with the *Principles for School Drug Education*. The guidelines promote a whole-school approach to drug education to establish and maintain a safe school environment.

The school staff, students, parents and the wider-school community work together with the aim of preventing and reducing potential and existing risks of harm from drug use. Our guidelines have been developed in consultation with the whole school community to address health, wellbeing and drug education and support interventions in a caring and consistent manner.

John Tonkin College

Curriculum

- Our three-year drug education plan identifies age-appropriate drug education content across all year levels.
- We use evidence-based drug education resources such as *Challenges and Choices* (www.sdera.wa.edu.au) as well as other relevant, up to date, evidence based programs ie Mind Matters, Beyond Blue, rethinking drinking, smarter than smoking, cannabis and consequences.
- School administration supports staff to deliver appropriate drug education by allowing in-school time for planning, providing professional development opportunities for staff and allocating funds for resources and materials.
- Classroom programs focus on skill development and develop students' knowledge and understanding, attitudes and values and promote help-seeking behaviour.
- Year 8-10 – approximately 30 hours an year
- Year 11-12 – incorporated in courses of study work.
- Learning is extended from the classroom to promote parent support of health, wellbeing and drug education programs (e.g. through the use of information brochures, newsletter, website, student diary)

Ethos and Environment

- A School Health and Wellbeing Team with representatives from the teaching and school health service staff is supported.
- Health, Wellbeing and Drug education is included in whole-school planning.
- All students have the opportunity to participate in health, wellbeing and drug education programs and initiatives which recognise the cultural diversity of our cohort.
- *School Health, Wellbeing and Drug Education Guidelines* are reviewed on an annual basis in consultation with the school community.
- School administration supports staff attendance at professional development to broaden their understanding and enhance their confidence in working well with health, wellbeing and drug education issues.
- We have developed and implemented *Procedures for Incident Management and Intervention Support* and these have been communicated through the whole-school community as a part of the *School Health, Wellbeing Drug Education Guidelines*.

Parents and Community

- The school community are encouraged to engage in health, wellbeing and drug education initiatives and programs.
- Health, wellbeing, drug education information and strategies for the school community are provided on a regular basis through a variety of methods such as the newsletter, website, surveys, parents evening and events and at point of need.
- A Health Expo with dedicated road safety information is conducted on an annual basis.
- SDERA is used to identify resources and agencies that support and complement our school health, wellbeing and drug education initiatives.
- JTC USB policy resource and diary is provided to all new members include our *School, Health and Wellbeing Drug Education Guidelines*.

- Parents and students are provided with an enrolment package containing school policies and guidelines which they sign off on.
- A number of days annually are set aside for a focus on health, wellbeing and drug education.
- JTC calls on community support agencies to address individual issues in relation to student health and wellbeing. (CAMS, PYMS, Youth focus, Youth Connections, Relationships Australia, Mind Matters, PYRS, Allambee)

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Incident Management and Intervention Support

The following Incident Management and Intervention Support flow charts illustrate the steps which will be taken in the event of a drug use incident or issue. Should you wish to contact school personnel in this regard, contact details are provided.

CRITICAL INCIDENT MANAGEMENT – JTC

SITUATION

CLASS TEACHER

Staff member has formed a belief that the student/s has an altered pattern of behaviour related to possible drug use.

IMMEDIATE ACTION

CLASS TEACHER

1. Keep calm
2. Seek staff support if required
3. Isolate/remove student from group.
4. Ensure safety of other students.
5. Contact Student Services team or School Administration.

STUDENT SERVICES/SCHOOL ADMINISTRATION

1. Conduct Interview to inform student of concerns.
 - Ensure safety of student.
 - Get Facts
 - Attend to others
2. If School Administration not informed previously now make contact.
 - Liaise and correspond with School Administration and document details



INITIAL FOLLOW-UP ACTION

STUDENT SERVICES/SCHOOL ADMINISTRATION

1. School Administration receives drug-related evidence – witnessed and documented.
2. Inform student/s of process.
3. Contact and involve parents.
4. Establish facts
5. Determine further actions. Following JTC behaviour management policy for either legal or illicit drug use.
6. Consider need to send home or emergency services.
7. Inform relevant staff if necessary.
8. Document details and actions.
9. Provide staff with debriefing session.

SUBSTANCE IS A LEGAL DRUG

STUDENT SERVICES/SCHOOL ADMINISTRATION

1. Substance is a legal drug being used on school premises where use is prohibited.
2. Check parent/guardian permission. (Panadol, OTC, Ventolin etc)
3. Substance is a legal drug being used by students who are under-age.
4. Substance is a legal drug being used outside the parameters of the intended purpose. (eg use of volatile substance or sale/inappropriate use of prescription medication).

LEGAL DRUG – FOLLOW-UP ACTIONS

STUDENT SERVICES/SCHOOL ADMINISTRATION

1. Consult with parents
2. Determine Actions
3. Provide Intervention support- refer to Intervention support plan.
4. Document, monitor and evaluate.
5. Provide staff with debriefing session.

SUBSTANCE IS POSSIBLY AN ILLICIT DRUG

STUDENT SERVICES/SCHOOL ADMINISTRATION

1. Substance is and illicit drug
2. Substance is suspected of being and illicit drug
3. Substance is being represented as an illicit drug.

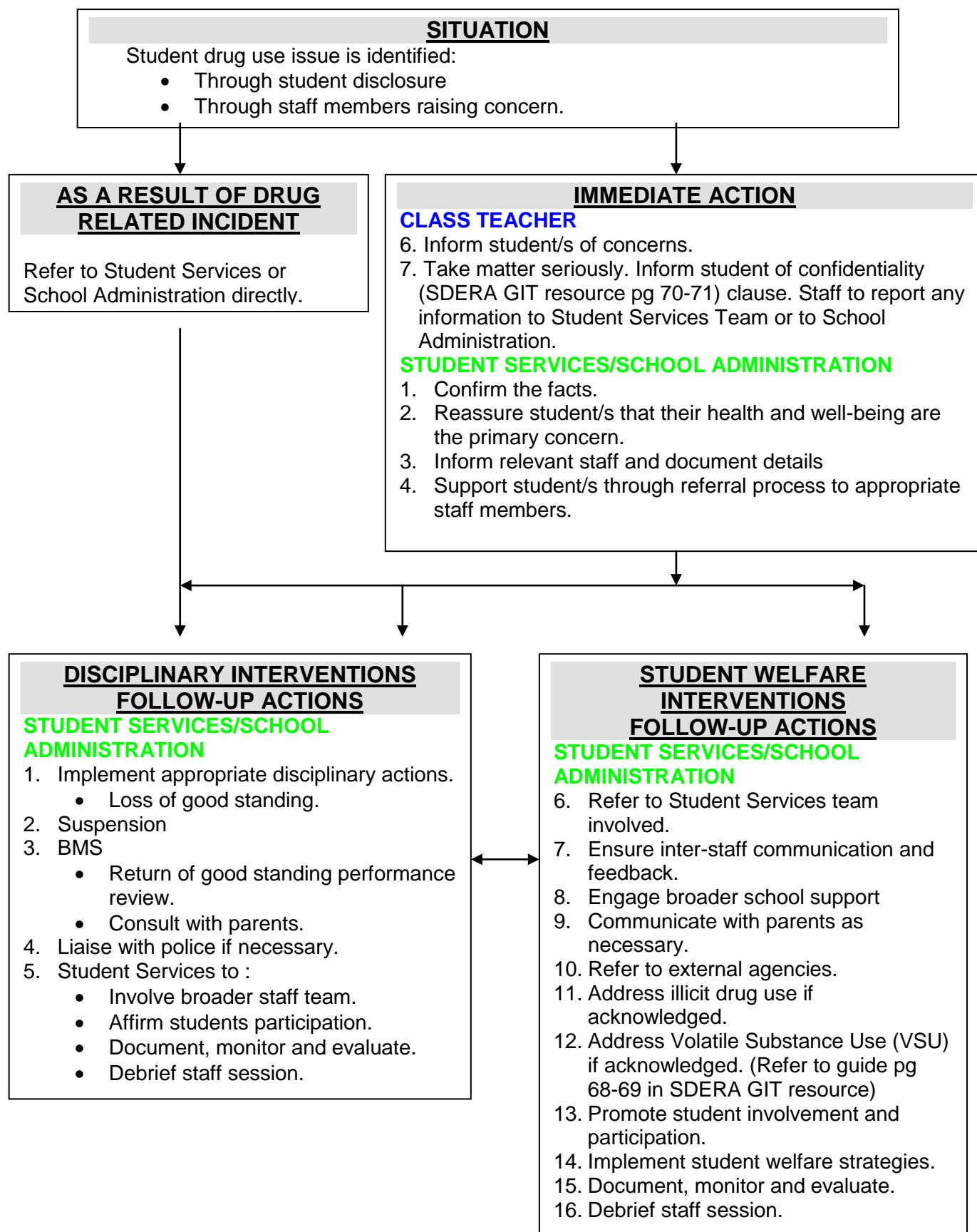
ILLICIT DRUG – FOLLOW-UP ACTIONS

STUDENT SERVICES/SCHOOL ADMINISTRATION

1. Report to principal
2. Police are notified.
3. Clarify Action to be taken.
4. Police conduct enquiries.
5. Illicit activity suspected.
6. Student searches required
 - Witnessed with two adults present.
7. Nature of the substance uncertain.
8. Provide intervention support refer to intervention support plan.
9. Document, monitor and evaluate.
10. Provide staff with debriefing session.

School Drug

SECONDARY DISCLOSURE /INTERVENTION SUPPORT PLAN - JTC



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In the event of a drug use incident or where a student requires intervention for a drug use issue, the steps outlined in our flow charts for Incident Management and Intervention Support will be followed. In summary:

- the parent/s will be notified by appropriate personnel
- the Principal will consider notifying police if illicit drug use is suspected
- both students and parents will be offered support through appropriate interventions
- the incident or issue will be documented and other relevant agencies involved
- respect will be given to privacy and confidentiality by and for all parties
- the health and well-being of all parties involved will be given priority.

John Tonkin College does not permit students while on school premises, at any school function, excursion or camp to:

- smoke and/or possess tobacco products
- consume, possess or be affected by alcohol
- possess and/or use pharmaceutical drugs for non-medicinal purposes
- possess and/or use volatile substances
- possess and/or use illicit drugs
- possess and/or use drug-related equipment, with the exception of for intended legitimate medicinal use.

All school staff should confirm the procedures regarding the administration of medications.

School contacts

Principal Catherine Shepherd

Contact number:

Deputy Principal Jan Stone (TINDALE SITE); Kim Savins (PET SITE); Donna Heath (PET SITE)

Contact number:

School Health Nurse Pat Klauz

Contact number:

Student Services Co-ordinator Jane Derrel (TINDALE SITE); Chris Rennie (PET SITE)

Contact number:

School Psychologist Ali Miller

Contact number:

Useful contacts and information

School Drug Education and Road Aware (SDERA)

(08) 9264 4743 www.sdera.wa.edu.au

Alcohol and Drug Information Service

(08) 9442 5000 or 1800 198 024

Parent Drug Information Service

(08) 9442 5050 or 1800 653 203