

# TITLE: Challenges and Choices: A Resilience Approach to Road Safety Education Year 7 Teacher Resource

SCIS NO: 1766621 ISBN: 978-0-7307-4583-9

© School Drug Education and Road Aware, 2016



#### **Author**

Anne Miller, Resource Development, SDERA

### **Design & Production**

Fuse Design and Communication

#### Illustrations

Murray Smoker Terry Allen

### **Acknowledgements**

The author would like to acknowledge the contribution made by Kim Chute (Titan Consulting) to the first edition of Challenges and Choices: Resilience, drug and road safety education resource for early adolescence and the inclusion of parts of her work in this publication.

The author has made a comprehensive effort to sight and credit sources. Any omissions detected are not intentional. The author welcomes information to correct any oversights in subsequent editions.

Note: National and State legislation and regulations referred to in this resource were correct at the time of publication. SDERA advises the reader to review relevant websites and documents for legislative and regulatory updates.



## **School Drug Education and Road Aware**

School Drug Education and Road Aware (SDERA) is the WA State Government's primary drug and road safety education strategy for all government and nongovernment schools, and early childhood services. SDERA is a cross-sectoral initiative of the Association of Independent Schools of WA (AISWA), the Catholic Education WA (CEWA) and Department of Education (DOE) and is funded by the Mental Health Commission and the Road Trauma Trust Account.

SDERA aims to prevent road-related injuries and the harms from drug use in children and young people.

SDERA empowers early childhood and school-based staff, parents and carers, and community groups to implement effective resilience, drug and road safety education approaches within their schools and community, through the provision of professional learning, evidence-based resources, and a state-wide consultancy team.

School Drug Education & Road Aware Statewide Services Centre 33 Giles Avenue PADBURY WA 6025

P: 08 9402 6415 F: 08 9402 6399

**E:** sdera.co@education.wa.edu.au

**W:** www.sdera.wa.edu.au







#### **REFERENCE LIST**

- Benson, P. L., Leffert, N., Scales, P. C., & Blyth, D. A. (2012). Beyond the "Village" Rhetoric: Creating Healthy Communities for Children and Adolescents, *Applied Developmental Science*, 16(1), 3-23.
- CARRS-Q (2010). State of the Road: Adolescent Risk-Taking Fact Sheet, Retrieved from www.carrsq.qut.edu.au
- Christie, R. (2001). The Effectiveness of Driver Training as a Road Safety Measure: A Review of the Literature RACV Report 01/03 in Lonara, L. (2008). Trends in Driver Education and Training, *American Journal of Preventive Medicine*, 35(3S), 316-323.
- De Hoog, N., Stroebe, W., & De Wit, J. (2005). The impact of fear appeals on processing and acceptance of action recommendations, Personality and Social Psychology Bulleting, 31(1), 24-33.
- Elkington J., Hunter K., & Makay, L. (2000). A systematic review of the evidence on preventing injuries to young people (15-24 years). Youthsafe. Retrieved from www.youthsafe.org
- Gottfredson, D. (1997). School Based Crime Prevention. In Sherman, Gottfredson, Layton, McKenzie, Reuter, Bushway. *Preventing Crime: What Works, What Doesn,'t, What's Promising, A Report to the United States Congress.* College Park, MD: University of Maryland, Department of Criminology and Criminal Justice.
- Jessor, R., Van Den Bos, J., Vanderryn, J., & Costa F. M. (1995). Protective factors in adolescent problem behaviour moderator effects and developmental change. *Developmental Psychology*, 31(6), 923-33.
- Jewell, J. & Hupp, S. (2005). Examining the Effects of Fatal Vision Goggles on Changing Attitudes and Behaviours Related to Drinking and Driving, *The Journal of Primary Prevention*, 26(6), 553-565.
- Johanssem, M. & Nordin, J. (2002). A survey of driving simulators and their suitability for testing Volvo cars. Goteborg, Sweden: Department of Machine & Vehicle Systems, Chalmers University of Technology.
- Kelley, A. E., Schochet, T., & Landry, C.F. (2004). Risk taking and novelty seeking in adolescence: Introduction to Part 1. *Annals of the New York Academy of Sciences*, 1021, 27-32.
- Martin, K., Rosenberg, M., Miller, M., French, S., McCormack, G., Bull, F., Giles-Corti, B., & Pratt S. (2008). Move and munch: Trends in physical activity, nutrition and body size in Western Australian children and adolescents: the Child and Adolescent Physical Activity and Nutrition Survey (CAPANS) Final report. Government of Western Australia.
- Ministerial Council on Education, Employment, Training and Youth Affairs [MCEETYA]. (2008). Melbourne Declaration on Educational Goals for Young Australians, Victoria. Retrieved from <a href="http://www.curriculum.edu.au/verve/">http://www.curriculum.edu.au/verve/</a> resources/National Declaration on the <a href="http://www.curriculum.edu.au/verve/">Educational Goals for Young Australians.pdf</a>
- Payton, J., Weissberg, R. P., Durlak, J. A., Dymnicki, A. B., Taylor, R. D., Schellinger, K. B., Pachan, M. (2008). The positive impact of social and emotional learning for kindergarten to eighth grade students: Findings from three scientific reviews. Retrieved December 18 2012 from <a href="http://www.indiana.edu/~pbisin/pdf/PosImpact-SELK-8.pdf">http://www.indiana.edu/~pbisin/pdf/PosImpact-SELK-8.pdf</a>
- Pittman, K. (1999). Youth Today: The Power of Engagement. Forum for Youth Investment. Retrieved from <a href="http://forumfyi.org/content/youth-today-power-enga">http://forumfyi.org/content/youth-today-power-enga</a>
- Porter, J. R. & Smith-Adcock, S. (2011). Children who help victims of bullying: Implications for practice. *International Journal for the Advancement of Counselling*, 33(3), 196–205. doi: <a href="http://dx.doi.org/10.1007/s10447-011-9121-9">http://dx.doi.org/10.1007/s10447-011-9121-9</a>
- School Road Safety Education (School Drug Education and Road Aware [SDERA] (2009). *Principles for School Road Safety Education*. Department of Education. Retrieved from <a href="http://www.sdera.wa.edu.au/">http://www.sdera.wa.edu.au/</a>
- Snyder, F. J., Flay, B. R., Vucinich, S., Acock, A., Washburn, I. J., Beets, M. W., & Kin-Kit, L. (2010). Impact of a social-emotional and character development program on school-level indicators of academic achievement, absenteeism, and disciplinary outcomes: A matched-pair, cluster randomized, controlled trial. *Journal of Research on Educational Effectiveness*, 3(1), 26-55.
- Spooner, M., Hall, W., & Lynskey, C. (2001). Structural determinants of youth drug use, Australian National Council on Drugs, Australian Government, Canberra.
- Steinberg, L. (2005). Cognitive and affective development in adolescence. Trends in Cognitive Sciences, 9(2),69-74.
- Substance Abuse and Mental Health Services Administration Center for Mental Health Services. (2007). *Promotion and prevention in mental health: Strengthening parenting and enhancing child resilience.* Retrieved December 18, 2012, from <a href="http://store.samhsa.gov/shin/content//SVP07-0186/SVP07-0186.pdf">http://store.samhsa.gov/shin/content//SVP07-0186/SVP07-0186.pdf</a>
- Theokas, C., Almerigi, J., Lerner, R.M., Dowling, E., Benson, P., Scales, P. C., & von Eye, A. (2005). Conceptualizing and modeling individual and ecological asset components of thriving in early adolescence. *Journal of Early Adolescence*, 25(1), 113-143.
- Tobler, N. & Stratton, H. (1997). Effectiveness of School-based drug prevention programs: A meta-analysis of the research, *Journal of Primary Preventions*, 18, 71-128.
- Werner, E. E. (1995). Resilience in development. Current Directions in Psychological Science, 4(3), 81-85.
- Witte, K., & Allen, M. (2000). A meta-analysis of fear appeals: Implications for effective public health campaigns, *Health, Education Behaviour*, 27(5), 608-632.
- Youthsafe. viewed 10 December 2012 <u>www.youthsafe.org/factsnfigures/facts-a-figures.html</u>
- Zins, J. E., Weissberg, R. P., Wang, M. C., & Walberg. H. J. (Eds).. (2004). Building academic success on social and emotional learning: What does the research say? New York: Teachers College Press.

