

Alcohol, other drugs and driving

Getting behind the wheel of a car under the influence of more than one drug, including alcohol, puts you at serious risk of having a car crash.

Poly-drug use is when more than one drug is mixed at the same time so that both are active in the body. This includes alcohol, prescription and/or illicit drugs.

The effect of alcohol and other drugs on a person's driving ability can be unpredictable and difficult to judge until it is too late.

The way a person experiences alcohol and other drugs can depend on...



the drug (*type, amount, purity and method of use*)

the person (*their mood, body size, personality, gender, health, experience and if other drugs have been taken*)

the setting (*people around, surroundings, place and occasion*)

Remember you might not realise just how much your driving is affected until you are in a situation that tests your ability to react and make safe decisions. By then it might be too late!