

connect

Directory of Drug Education and Student Welfare Support Services for Schools



SDERA

SCHOOL DRUG EDUCATION & ROAD AWARE

Helping to keep young people safer

INTERACTIVE CONTENTS

CLICK ON ANY HEADING TO GO DIRECTLY TO THE INFORMATION

INTRODUCTION

SDERA RESOURCES

0-4 YEAR OLDS

4-8 YEAR OLDS

8-12 YEAR OLDS

12-18 YEAR OLDS

SERVICE PROVIDERS

DRUG AND ALCOHOL OFFICE

SUPPORT SERVICES

REGIONAL SERVICES

HELPLINES AND ADVICE

WEBSITES

School drug education provides an opportunity for young people to build resilience and develop skills to keep themselves safer.

Why should school communities implement drug education?

Drug education in schools is a structured approach to providing information and support, and developing skills which aim to prevent and/or reduce students' risk of harm from drug use.

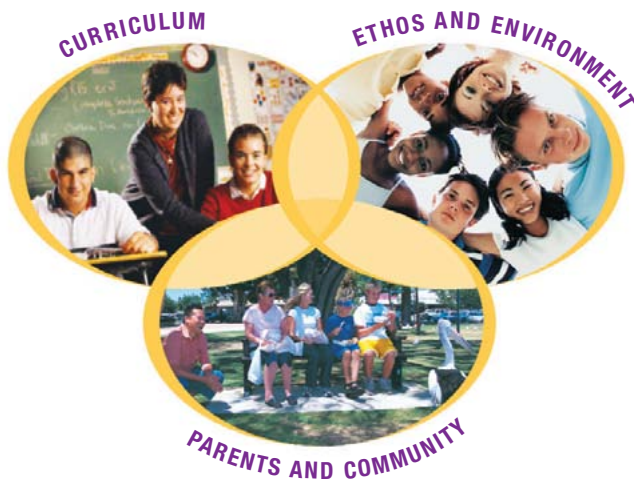
Rather than focusing on drug issues in isolation, drug education:

- presents young people with credible and relevant information about drugs, their use and possible consequences
- builds resilience in young people by developing their knowledge, self-awareness and self-management skills
- assists young people in exploring their attitudes to drugs, drug use and people who use drugs
- promotes responsibility in considering the ways in which drugs are used in today's society
- highlights ways that young people may prevent and/or reduce the risk of harm from their own or someone else's drug use
- enables empowerment so young people can influence their own lifestyles positively
- provides intervention through appropriate action and support by staff members when a student drug use incident or issue arises.

Research tells us that a safe and supportive school environment is protective for young people against a range of health-related risks including drug use. It also shows that school staff are in the best position to provide drug education as part of an ongoing whole-school program.

In this resource, 'drug' refers to alcohol, tobacco, illicit drugs, volatile substances and pharmaceutical drugs.

“Nurturing a positive climate and relationships across the school community is as fundamental to addressing drug-related harm for young people as is determining appropriate classroom programs.”



▲ **Health Promoting Schools Framework (WHO, 1986)**

(In this resource, the term 'parent' also refers to caregivers and/or guardians.)

Schools are not solely responsible for preventing drug related harm, nor can they on their own reduce student drug use. However, through provision of best practice drug education involving a whole-school approach, school communities can increase their capacity to make a difference.

The *Health Promoting Schools Framework* (World Health Organisation, 1986) encourages a whole-school approach to addressing health issues which includes drug education. A comprehensive, whole-school approach is widely acknowledged as best practice in working holistically to promote student health and well-being. Through the inter-relationship of these three areas, classroom-based drug education is consolidated by a supportive school environment and effective links to family and the community.

Working together

Alongside the *Getting it Together* resource, *Connect* aims to assist school communities in working together to promote the physical, social and emotional health and well-being of students.

Connect directs school communities to resilience and drug education resources and to support services that can complement and extend a school's drug education initiatives.

Schools are encouraged to utilise these resources and community based service agencies as part of their whole-school approach to drug education. Information to assist schools in understanding how best to access support services or to engage guest presenters as meets with best practice can be found in *Getting it Together*.



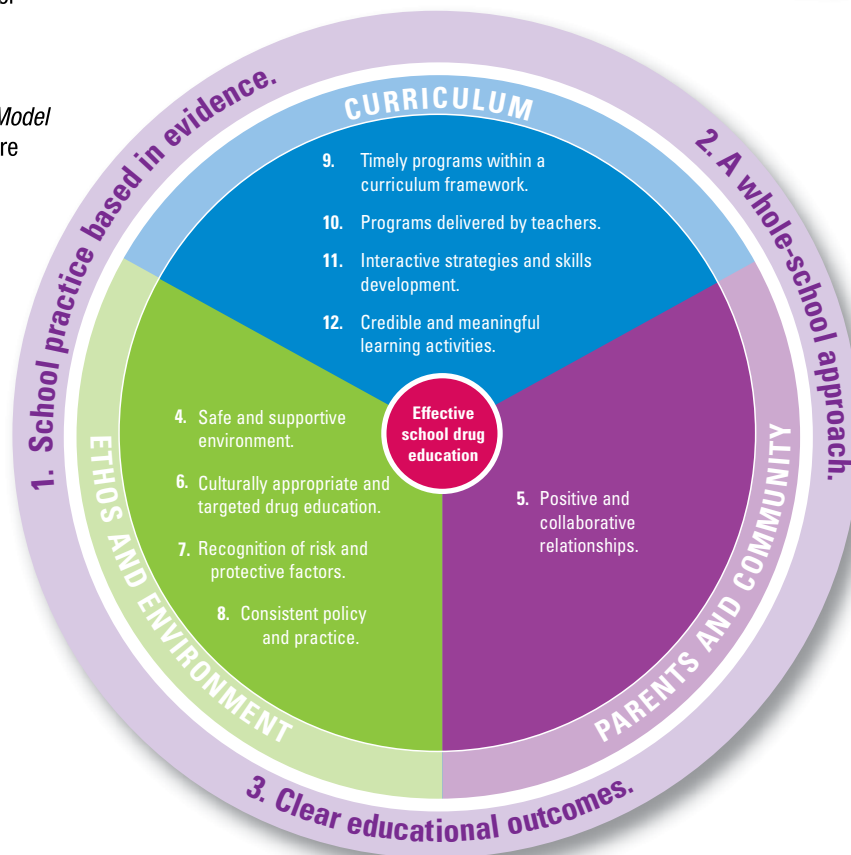
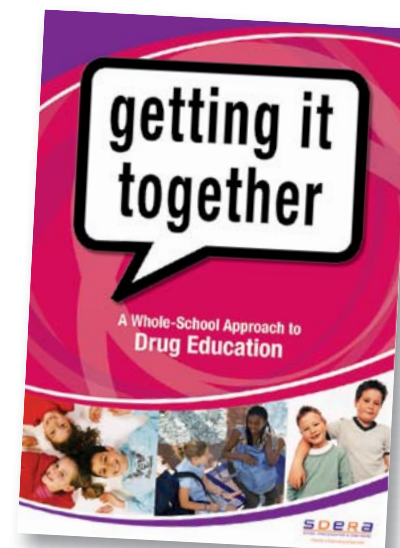
The benefits of working in partnership and of beginning drug education in the early years and continuing this across a child's years of schooling is emphasised in the *Principles for School Drug Education*. These Principles are consistent with what is currently understood to be best practice in drug education and are described in the resource *Getting it Together: A Whole-School Approach to Drug Education (Getting it Together)*.

Getting it Together also illustrates how these Principles fit within the three areas of the *Health Promoting Schools Framework* and offers practical examples of what these Principles may look like in practice in the school community using the *Effective School Drug Education Model*.

School drug education aims to prevent and reduce potential and existing risks of harm from drug use across the whole-school community. To achieve this requires an inclusive approach involving provision of prevention education and of intervention support for those who do not use drugs, those who may be beginning to use drugs and for those for whom drug use has become a regular or problematic behaviour.

By using the *Effective School Drug Education Model* as a guide, schools can be assured that they are choosing the most appropriate and effective strategies for drug education. Development of *School Drug Education Guidelines* (refer to the *Getting it Together* resource) can support schools in achieving a whole-school approach to drug education.

Effective School Drug Education Model (SDERA, 2010)



School Drug Education and Road Aware (SDERA)

SDERA is the Western Australian State Government's primary drug and road safety education strategy for young people. SDERA aims to contribute to the well-being of young people by supporting schools and the wider community in the provision of best practice resilience, drug and road safety education.

SDERA provides consultation, resources and professional learning workshops and seminars for school staff and community agencies throughout WA.

Further information on resources and professional learning workshops and seminars is available at www.sdera.org.au

SDERA
SCHOOL DRUG EDUCATION & ROAD AWARE

Helping to keep young people safer

www.sdera.org.au



Start drug education early

A strong component of drug education is the focus on the development of social and emotional skills. This works to promote resilience and may reduce potential risks of harm from drug use in the future.

These skills are paramount to the overall health and well-being of young people and should be taught across all ages.



0-4yrs



4-8yrs



8-12yrs

“Drug education should be provided before problematic behavioural patterns become established and more resistant to change.”



12-18yrs

0-4 year olds

Drug education needs to begin and continue in the home. Parents' attitudes and behaviours have a strong influence on those of their children. Modelling healthy behaviour is a protective factor which can have a positive influence on the way children think and behave. Building resilience through developing social and emotional skills is a key component of drug education.

- **Create opportunities** that allow young children to help and become independent.
- Be conscious that **passive smoke is even more harmful** for young children.
- **Make sure young children are safe** when they are in situations **where alcohol is in use** by others.
- **Praise positive behaviour.**
- **Allow young children to experience a range of emotions.** Help them cope with anger.
- **Store medicines and hazardous substances safely** out of reach of young children.
- **Encourage play to foster skills in social and emotional development.**



4-8 year olds

A child at this age may be experiencing initial exposure to drugs such as analgesics, caffeine and tobacco. Providing best practice drug education assists school staff and parents to develop awareness and foster resilience in the children in their care. This can improve learning and health outcomes and may be protective against drug use in the future.

- **Make sure children are safe** when they are in situations **where alcohol is in use** by others.
- Allow children to **experience a natural range of emotions**. Help them to work with these emotions.
- **Store medicines and hazardous substances safely** out of reach of children.
- Help children understand that **caffeine** including energy drinks, **can affect a growing brain**.
- **Encourage children to talk** with a trusted adult or peer when things don't seem fair or rules are broken.
- Educate children about **alternatives to pain relief**.
- **Provide children with appropriate leadership opportunities** and foster a sense of belonging.



8-12 year olds

Providing effective drug education allows students to gain awareness and understanding of ways to stay safer around drugs to which they may be exposed such as analgesics, caffeine, tobacco and alcohol. Offering drug education when student use and exposure to drugs is low, allows the facts and realities to be explored when positive attitudes to drugs and their use are less likely yet to have developed.

Nurturing resilience is a key component of drug education and can have a positive impact on children's health outcomes. Continuing to build resilience through drug education may serve to reduce potential risks of harm to students and others in current or future drug-related situations.

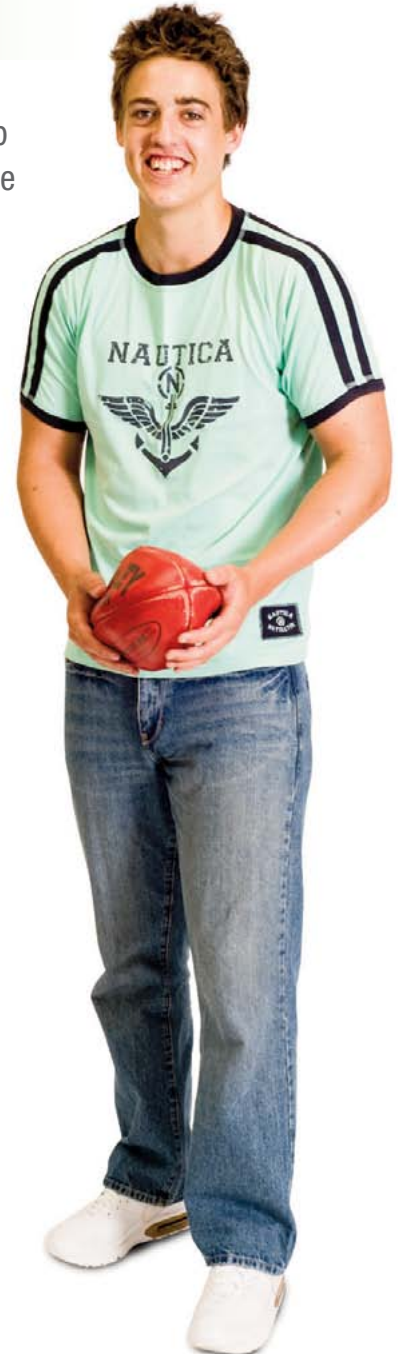
- **Encourage positive self-talk** and work to develop problem-predicting and decision-making skills.
- Provide activities and **opportunities for discussion** so children can share and explore facts around drugs and their use.
- Support children in **thinking about their own values** and how to stand up for these values.
- **Highlight a range of support networks** at home and school. Teach children how to seek help.
- Encourage the **establishment and consolidation of friendships** with school staff and with peers.
- **Promote awareness** that the choice to use drugs has consequences.



12-18 year olds

Provision of effective drug education in early and late adolescence may help students to continue to develop and apply skills and strategies learned in the classroom to their own lives. This promotes resilience, ability to make informed decisions and may reduce the risks of harm in situations involving drugs or drug use. Continuing to provide opportunities for the development of parent, school, peer and community connectedness, builds resilience and is integral to drug education at this stage of development.

- Allow opportunities for students to **learn and practise decision-making skills** that may **reduce the risk of harm** to themselves and others in drug-related situations.
- Provide opportunities for students to engage with interactive classroom and whole-school activities that allow them to **share their knowledge of drugs, attitudes toward drugs and to discuss possible consequences.**
- Introduce **strategies and skills that foster safer socialising** behaviour.
- Allow students **opportunities to practise these skills** and strategies in a range of contexts.
- **Encourage friendships with a range of peers** so that students expand the support they can access through their friends.
- Introduce and promote engagement in activities that **develop a sense of identity.**
- Encourage activities that **promote family and community involvement.**



Service Providers

These agencies and organisations provide information, resources and support to school-based drug education programs.



Click on organisation below to go directly to the information.





Agency	0-4	4-8	8-12	12-18
Department of Health	●			
Playgroup WA	●			
Ngala	●	●		
Kidsafe WA	●	●	●	
Meerilinga	●	●	●	
Life Education WA	●	●	●	●
The Department for Communities	●	●	●	●
Constable Care	●	●	●	
Australian Government – Department of Education		●	●	●
KidsMatter		●	●	
St John Ambulance		●	●	●
School Volunteer Program		●	●	●
Centrecare		●	●	
SDERA – GIT, Challenges and Choices		●	●	●
Smarter than Smoking			●	●
ARAFMI Mental Health Carers			●	
MindMatters				●
Office of Crime Prevention				●
PARTY				●
WA Police				●

Service Providers

ARAFMI Mental Health Carers & Friends Association			8-12	
Carer Centre, 182 Lord Street (corner Edward St), Perth, WA 6000 Ph: (08) 9427 7100 Fax: (08) 9427 7119 Rural Freecall: 1800 811 747		Services across the metropolitan and regional areas, supporting families and friends of people with a mental health issue.  www.arafmi.asn.au		
Centrecare			4-8	8-12
456 Hay Street, Perth, WA 6000 Ph: (08) 9325 6644		A wide range of counselling, support, mediation and training services for children, youth, adults and families. Services specific for children and young people include children's groups and counselling services which can be accessed by children of 4 years and upwards.  www.centrecare.com.au  enquiries@centrecare.com.au		
Constable Care Child Safety Foundation (Constable Care)		0-4	4-8	8-12
Street Address: 48 Sixth Avenue, Maylands, WA 6051 Postal Address: PO Box 462, Maylands, WA 6931 Ph: (08) 9272 0000 Fax: (08) 9272 0099		Specialist intervention education programs which identify and consider ways to address issues of personal and community safety affecting children from 3 - 13 years of age. Using puppet shows, interactive plays, performance and discussion, Constable Care and his fellow characters focus on issues such as alcohol and drugs, bullying, making friends, going to school and treating people with respect.  www.constablecare.org.au  mail@constablecare.org.au		









Service Providers

Australian Government – Department of Education		4-8	8-12	12-18	
<p><i>Perth State Office:</i> 12th Floor, QV1 Building, 250 St Georges Terrace, Perth WA 6000</p> <p><i>National Office:</i> 50 Marcus Clarke Street, Canberra, ACT 2600</p> <p><i>Postal Address:</i> GPO Box 9880, Canberra, ACT 2601</p> <p>Ph: 13 33 97</p>		<p>Further information about a range of resilience education resources produced by the Australian Government is available on the website, including Safe Schools Hub and Cybersmart.</p> <p> http://education.gov.au/student-resilience-and-wellbeing</p>			
Department for Communities		0-4	4-8	8-12	12-18
<p><i>Head Office:</i> Gordon Stephenson House, 140 William Street, Perth WA 6000</p> <p>Ph: (08) 6551 8700</p> <p>Fax: (08) 6552 1555</p>		<p>Early childhood information and a range of support options across WA for parents and families and those who support them. Parenting consultants are available to provide information, advice, support and referral through Parenting WA who can also provide links to locally based support groups and programs. A 24 hour Parenting WA Line is also available.</p> <p> www.communities.wa.gov.au  info@communities.wa.gov.au</p>			
Department of Health (Child Health)		0-4			
<p><i>Street Address:</i> 189 Royal Street, East Perth, WA 6004</p> <p><i>Postal Address:</i> PO Box 8172, Perth Business Centre, Perth WA 6849</p> <p>Main Switchboard Ph: (08) 9222 4222</p>		<p>Child Health Centres located throughout WA which provide a range of information and support services with a focus on child and family health promotion – parenting, family health and healthy lifestyles. The centres are staffed by registered nurses specialising in child and family health and can be accessed free of charge. Contact details for all centres are listed on the website.</p> <p> www.health.wa.gov.au</p>			









Service Providers

Kidsafe WA		0-4	4-8	8-12	
<p><i>Street address:</i> Godfrey House, Princess Margaret Hospital, Thomas Street (near Roberts Rd corner), Subiaco WA 6008</p> <p>Ph: (08) 9340 8509</p> <p>Country Callers:1800 802 244</p> <p>Fax: (08) 9340 8041</p>		<p>The lead non-government, not-for-profit, charitable organisation dedicated to the prevention of unintentional childhood injuries. Provides a variety of fact sheets, resources and program information for parents, teachers and health professionals.</p> <p>The most common product involved in child poisoning cases is paracetamol - this factsheet identifies medicines as well as other potentially harmful products around the home.</p> <p> www.kidsafewa.com.au/  kidsafe@kidsafewa.com.au</p>			
KidsMatter and MindMatters			4-8	8-12	
<p><i>Street address:</i> Attention: KidsMatter / MindMatters, Principals Australia Institute, c/o Department of Education, Level 1, 151 Royal Street, East Perth, WA 6004</p> <p>Ph: (08) 9264 5560</p> <p>Fax: (08) 9264 4726</p>		<p>Primary Schools Mental Health Initiative that provides schools with the resources to implement a comprehensive approach to improving the mental health and well-being of students and supporting those with recognised mental health issues.</p> <p> www.pai.edu.au  WA@kidsmatter.edu.au</p>			
Leavers WA			4-8	8-12	12-18
<p>State Government Leavers Strategy is a harm minimisation and crime prevention strategy overseen by WA Police working in partnership with key stakeholders.</p> <p> www.leaverswa.com.au  leaverswa@ocp.wa.gov.au</p>					









Service Providers

Life Education WA		0-4	4-8	8-12	
<p><i>Street Address:</i> 48 Sixth Avenue, Maylands, WA 6051</p> <p><i>Postal Address:</i> PO Box 265, Karrinyup WA 6921</p> <p>Ph: (08) 9272 0044</p> <p>Fax: (08) 9272 0066</p>		<p>Community-based, independent organisation offering preventative drug and health education programs to pre-school, primary and secondary school students.</p> <p> http://www.lifeeducation.org.au/western-australia/wa-about</p> <p> wa@lifeeducation.org.au</p>			
Meerilinga		0-4	4-8	8-12	
<p><i>Central Office:</i> 15 Cambridge Street (Corner Southport St), West Leederville, WA 6007</p> <p><i>Postal Address:</i> PO Box 1177, West Leederville, WA 6901</p> <p>Ph: (08) 9489 4022</p> <p>Fax: (08) 9489 4044</p> <p>Regional: 1800 200 702</p>		<p>A range of information, education, support and consultation services for parents and for health and education professionals aimed at promoting positive childhoods.</p> <p> www.meerilinga.org.au  mycf@meerilinga.org.au</p>			
Ngala		0-4	4-8		
<p><i>Head Office:</i> 9 George Street, Kensington, WA 6151</p> <p>Helpline: (08) 9368 9368</p> <p>Country Access: 1800 111 546</p>		<p>Early parenting organisation providing information, education, family support and early learning and development services. Contact details for all metro and regional locations are listed on the website.</p> <p> www.ngala.com.au  ngala@ngala.com.au</p>			



Service Providers

Playgroup WA (Inc)		0-4			
<p><i>Street Address:</i> 1-3 Woodville Lane, North Perth, WA 6006</p> <p><i>Postal Address:</i> P0 Box 61, North Perth, WA 6906</p> <p>Ph. (08) 9228 8088</p> <p>Fax: (08) 9228 3203</p> <p>Freecall 1800 171 882</p>		<p>Information on how to access different types of playgroups to suit individual needs, community programs, specialised projects, publications, resources and workshops.</p> <p>  www.playgroupwa.com.au  admin@playgroupwa.com.au </p>			
Prevent Alcohol and Risk-Related Trauma in Youth (P.A.R.T.Y.) Program					12-18
<p>Ph: (08) 9224 1429</p> <p>Fax: (08) 9224 7039</p>		<p>One-day reality education hosted by Royal Perth Hospital and delivered by medical staff to secondary students (14-18 year olds). Promotes injury prevention by enabling young people to recognise risks and make informed choices about activities and behaviours.</p> <p>  www.rph.wa.gov.au  RPHParty@health.wa.gov.au </p>			
School Drug Education & Road Aware (SDERA)			4-8	8-12	12-18
<p><i>Central office:</i></p> <p>151 Royal Street, East Perth, WA 6004</p> <p>Ph: (08) 9264 4743</p> <p>Fax: (08) 9264 4903</p>		<p>SDERA is the WA State Government's primary drug and road safety education strategy, with the purpose of preventing road related injuries and the harms from drug use in young people aged 0-18. SDERA provides best practice road safety, resilience and drug education to school and agency staff.</p> <p>  www.sdera.org.au  sdera.co@education.wa.edu.au </p>			



Service Providers

School Volunteer Program			4-8	8-12	12-18
<p><i>Street address:</i> The Rise, 28 Eighth Avenue, Maylands WA 6051</p> <p><i>Postal address:</i> PO Box 601, Maylands, WA, 6931</p> <p>Ph: (08) 9444 8646</p> <p>Fax: (08) 6500 0255</p>		<p>WA's leading school mentoring program. Volunteers with the program offer guidance, support, encouragement and connection in their role as mentors to students who may be experiencing a range of challenges.</p> <p>  www.svp.org.au  svpwa@svp.org.au </p>			
Smarter than Smoking				8-12	12-18
<p><i>Street Address:</i> 334 Rokeby Road, Subiaco, WA 6008</p> <p><i>Postal Address:</i> PO Box 1133, Subiaco, WA 6904</p> <p>Ph: (08) 9388 3343</p> <p>Fax: (08) 9388 3383</p>		<p>Educational resources (order through the website) which link to the WA Curriculum Framework and focus on tobacco and smoking related issues with the aim of preventing the uptake of smoking by 10-15 year olds.</p> <p>  www.smarterthansmoking.org.au  SMART@Heartfoundation.org.au </p>			
St John Ambulance			4-8	8-12	12-18
<p><i>Street Address:</i> 209 Great Eastern Highway, Belmont, WA 6104</p> <p>Ph: (08) 9334 1259</p> <p>Fax: (08) 9334 1224</p>		<p>First Aid Focus is a free program run by experienced St John trainers that aims to develop basic first aid skills among school students of all ages.</p> <p>  www.stjohnambulance.com.au/firstaidfocus  firstaidfocus@stjohnambulance.com.au </p>			
WA Police					12-18
<p><i>Street Address:</i> 2 Adelaide Terrace, East Perth, WA 6004</p> <p>Ph: (08) 9222 1111 (for administration enquiries during business hours) or to speak to a police officer call 131 444</p>		<p>Information, lists of services provided and details of how to contact local police stations.</p> <p>  www.police.wa.gov.au </p>			



Drug and Alcohol Office (DAO)

DAO is the lead government agency which is responsible for drug and alcohol strategies and services in WA. In partnership with other organisations, DAO delivers public health initiatives and supports local and regional communities to take action to reduce alcohol and other drug related harm. Resources such as booklets, fact sheets and posters are available free of charge from the website.

Of particular relevance to schools are the Prevention and Community Action initiatives run by DAO and also, the Intervention Support and Treatment Services they provide.

Street address:

7 Field Street, Mt Lawley, WA 6050

Postal address:

Drug and Alcohol Office, PO Box 126,
Mt Lawley, WA 6150

Ph: (08) 9370 0333

Fax: (08) 9272 6605



www.dao.health.wa.gov.au



dao@health.wa.gov.au



Click on an
organisation to
go directly to the
information.

Local Drug Action Groups (LDAG) Inc

Alcohol and Drug Information Service (ADIS)

Parent Drug Information Service (PDIS)

Community Drug Services

Metropolitan Community Drug Services and Drug and Alcohol Youth Services

Next Step East Metro Drug & Alcohol Service

North East Metro Community Drug Service

South East Metro Community Drug Service

North Metro Community Drug Service

South Metro Community Drug Service

Drug and Alcohol Youth Service (DAYS)

Palmerston Association Inc



NEXT PAGE

Drug and Alcohol Office (DAO)

Local Drug Action Groups (LDAG) Inc

Street Address:

7 Field Street, Mt Lawley, WA 6050

Ph: (08) 9471 0434

Fax: (08) 9272 6605 *Attn: LDAG Inc*

DAO supports a state-wide network of LDAGs. Made up of volunteers, these groups contribute to a range of prevention, education and family support initiatives in the community with the aim of preventing and reducing alcohol and other drug related harm. Contact details for all regional and metropolitan groups can be found on the website.



www.localdrugaction.com.au



ldaginc@health.wa.gov.au

Alcohol and Drug Information Service (ADIS)

Ph: (08) 9442 5000 or

1800 198 024 (Toll Free)

24 hour confidential telephone service available throughout WA, providing information, counselling, referral and advice to anyone who is concerned about either their own or another person's drug use.



www.dao.health.wa.gov.au/Gettinghelp/Wheretogethelp/AlcoholandDrugInformationService.aspx



adis@health.wa.gov.au

Parent Drug Information Service (PDIS)

Ph: (08) 9442 5050 or

1800 653 203 (Toll Free)

24 hour confidential telephone service for parents and families throughout WA whereby professional counsellors and/or parent volunteers receive calls and provide support, information and referral.



www.dao.health.wa.gov.au/Gettinghelp/Helpforparentsandfamilies/ParentDrugInformationService.aspx



pdis@health.wa.gov.au



Drug and Alcohol Office (DAO)

Community Drug Services

DAO contracts 12 Community Drug Service teams throughout WA that provide a variety of intervention support, clinical treatment, information, and referral options for individuals and families experiencing issues around alcohol and other drugs. These services can be accessed on a cost free basis by all members of the community. Schools can link in with the Community Drug Services (Metropolitan) or Community Drug Service Teams (Regional) located in their area to support their prevention initiatives and student welfare interventions, and as part of a broader school approach to drug education, incident management and intervention support. Contact individual service providers to clarify availability of specific services.

Metropolitan Community Drug Services and Drug and Alcohol Youth Services: including Integrated Services



[www.dao.health.wa.gov.au/Gettinghelp/ServiceDirectory/Communitydrugservices/
Metropolitancommunitydrugservices.aspx](http://www.dao.health.wa.gov.au/Gettinghelp/ServiceDirectory/Communitydrugservices/Metropolitancommunitydrugservices.aspx)

Next Step East Metro Drug & Alcohol Service

Street Address: **32 Moore Street, East Perth, WA 6004**

Postal Address: **P0 Box 126, Mount Lawley, WA 6929**

Ph: (08) 9219 1919

Fax: (08) 9221 3089

North East Metro Community Drug Service

Street Address: **4 Stafford St, Midland, WA 6056**

Ph: (08) 9274 7055

Fax: (08) 9274 7066

South East Metro Community Drug Service

Street Address: **312 Spencer St, Thornlie, WA 6108**

Ph: (08) 9262 4000

Fax: (08) 9452 2006

North Metro Community Drug Service

Street Address: **26 Dugdale Street, Warwick, WA 6024**

Ph: (08) 9246 6767

Fax: (08) 9246 6768

Street Address: **Cyrenian House, 318 Fitzgerald St, North Perth, WA 6006**

Ph: (08) 9328 9200

Fax: (08) 9246 6768

Street Address: **Lotteries House, 70 Davidson Tce, Joondalup, WA 6027**

Ph: (08) 9382 6724

Fax: (08) 9246 6768



Drug and Alcohol Office (DAO)

South Metro Community Drug Service	<i>Street Address:</i> Level 3, 22 Queen Street, Fremantle, WA 6160 <i>Postal Address:</i> PO Box 1460, Fremantle, WA 6959 Ph: (08) 9430 5966 Fax: (08) 9335 3071
	<i>Street Address:</i> 22 Tuckey Street, Mandurah, WA 6210 Ph: (08) 9581 4010 Fax: (08) 9582 7062
	<i>Street Address:</i> U3, 3 Goddard Street, Rockingham, WA 6168 Ph: (08) 9529 2500 Fax: (08) 9529 1511
Drug and Alcohol Youth Service (DAYS)	<i>Street Address:</i> 129 Hill Street, East Perth, WA 6004 Ph: (08) 9222 6300; 1300 651 329 Fax: (08) 9222 6374

Palmerston Association Inc

Help for people whose lives are affected by drugs and alcohol. Individual, family, group and residential services. Contact details for all metro and regional branches are available on the website.



www.palmerston.org.au



fremantle@palmerston.org.au

Details of Community Drug Service Teams based in the regional areas can be found in the relevant Regional Services links.



Support Services

These agencies provide information, support to school-based drug education initiatives, counselling and treatment services for young people. Of particular relevance to schools are the Prevention and Community Action initiatives run by DAO and the Intervention Support and Treatment Services.



Click on any
organisation to
go directly to
the information.

[Aboriginal Alcohol and Drug Services \(AADS\)](#)

[Anglicare WA – Youth Crisis Accommodation Services](#)

[Headspace](#)

[Holyoake](#)

[Hope Community Services](#)

[Swan City Youth Service Inc](#)

[Swan Emergency Accommodation Drug Education Program \(SEADEP\)](#)

[Wanslea Family Services](#)

[Youth Focus](#)

[Youth Futures WA Inc.](#)

[YouthLink](#)

[YouthReach South](#)



NEXT PAGE

Support Services

Aboriginal Alcohol and Drug Services (AADS)

Street Address: **211 Royal Street, East Perth, WA 6004**

Postal Address: **PO Box 8105, Perth Business Centre, WA 6849**

Ph: (08) 9221 1411

Fax: (08) 9221 1585

Range of services including youth support, outreach to schools and culturally secure intervention programs for young aboriginal people aged 12-25 and their families where issues exist around alcohol and other drug use.



www.aads.org.au



info@aads.org.au

Alcohol. Think again (Program managed by the Prevention and Workforce Development Directorate, Drug and Alcohol Office)

DAO street address:

7 Field Street, Mount Lawley WA 6050

Ph: (08) 9370 0333

Fax: (08) 9272 6605

The campaign aims to reduce the level of alcohol-related harm that results from drunkenness by changing the drinking culture in WA to support safer drinking environments and practices. It's the community education and marketing component of the WA effort to reduce the impact that alcohol use has on our community; and works alongside a range of other strategies such as early intervention, policy education, legislation, community action and treatment.



www.alcoholthinkagain.com.au/

Anglicare WA – Youth Crisis Accommodation Services

Street Address: **23 Adelaide Terrace, East Perth, WA 6004**

Postal Address: **GPO Box C138, Perth WA 6892**

Ph: (08) 9263 2000

Fax: (08) 9325 6969

Extensive range of services for children, youth and families. Part of the service for youth is the provision of a number of 24 hour crisis accommodation services for young people. Visit the website for contact details for all accommodation locations and services across the state.



www.anglicarewa.org.au



info@anglicarewa.org.au



Support Services

Headspace

Osborne Park headspace: **145 Main Street, Osborne Park, WA 6017**

Ph: (08) 9208 9555

Fremantle headspace: **Level 1 Wesley Central, Cnr Market and Cantonment Sts, Fremantle, WA 6959**

Ph: (08) 9335 6333

Midland headspace: **14 Sayer Street, Midland, WA 6056**

Ph: (08) 9274 8860

Headspace provides a number of youth services for those aged 12-25. Young people can access information and support with the help of Youth Workers and other support staff who will assist them in addressing a range of issues including mental health, drug and alcohol, sex and sexuality, and family and relationships. Check the website for contact details for any new headspace centres in WA.



www.headspace.org.au

Holyoake

Street Address: **75 Canning Highway, Victoria Park, WA 6100**

Postal Address:

PO Box 322 Victoria Park, WA 6979

Ph: (08) 9416 4444

Fax: (08) 9416 4443

A service for individuals, youth and family to address issues around alcohol and other drug use. Visit the website for information about the DRUMBEAT program, education and training opportunities, and counselling and support programs. Holyoake also has offices in Midland, Northam, and Narrogin with additional Outreach clinics across WA.



www.holyoake.org.au

Hope Community Services (formerly known as Drug Arm WA Inc.)

Street Address: **1st Floor, 56 Fourth Road, Armadale, WA 6112**

Postal Address:

PO Box 165, Armadale, WA 6992

Ph: (08) 9497 9498

Fax: (08) 9497 9424

An interdenominational Christian organisation working as a professional agency in the drug and alcohol field. Further information about specific services such as Street Van, Time Out Centre, counselling and education can be obtained from the website; as well as contact details for Rosella House Geraldton.



www.hopecommunityservices.org.au/



Support Services

McCusker Centre for Action on Alcohol and Youth (MCAAY)

Street address: **Health Research Campus,
Curtin University, 10 Selby Street,
Shenton Park WA**

Postal address:
**Health Research Campus, Curtin
University, GPO Box U1987,
Perth WA 6845**

Phone: (08) 9266 9079

Mission: To reduce alcohol related harms in young people through reduced overall consumption and lower risk patterns of consumption.



www.mcaay.org.au/



mcaay@curtin.edu.au

National Centre for Education and Training on Addiction (NCETA)

Street address:
**Level 3B, Mark Oliphant Building,
Laffer Drive, Science Park,
Bedford Park SA 5042**

Postal address:
**Flinders University, GPO Box 2100,
Adelaide SA 5001**

Phone: (08) 8201 7535

Fax: (08) 8201 7550

Internationally recognised research centre that works as a catalyst for change in the alcohol and other drugs field. Provides information and access to a wide range of alcohol and other drugs resources and research.



<http://nceta.flinders.edu.au/>



nceta@flinders.edu.au

Swan City Youth Service Inc

Street Address: **78 Morrison Road,
Midland, WA 6056**

Postal Address:
PO Box 2118, Midland, WA 6936

Ph: (08) 9274 3488

Fax: (08) 9274 2704

Support, services, education, programs and activities for young people aged 12-25. An Alcohol and Drug Program is available to young people as well as assistance with accommodation, financial issues and general health.



www.scys.com.au



Support Services

Swan Emergency Accommodation Drug Education Program (SEADEP)

Postal Address: **PO Box 1276,
Midland, WA 6936**

Ph: (08) 9250 1818

Fax: (08) 9274 8342

After hours: (08) 9274 1611

Crisis and medium term supported accommodation for disadvantaged, young people aged 15-25. Through this service, those who present with drug use issues are provided with an opportunity to address these in a local, safe environment through counselling, drug education groups and referral.



www.swanea.com



seadep@swanea.com

Wanslea Family Services

Central office: **110 Scarborough Beach
Road, Scarborough, WA 6019**

Ph: (08) 9245 2441

Fax: (08) 9245 2481

17 locations across WA which provide a wide range of services including counselling and support for children whose parents have a mental health diagnosis. Visit the website for contact details for all the locations and for information about services provided.



www.wanslea.asn.au

Youth Focus

Street Address: **54 Goodwood Parade,
Burswood, WA 6100**

Ph: (08) 6266 4333

Early intervention and prevention service offering support to young people aged 12-18 years who may be showing signs associated with suicide, depression and self-harm.



www.youthfocus.com.au



Support Services

Youth Futures WA Inc. (formerly Joondalup Youth Support Services Inc)

Street address: **Suite 3, Joondalup Lotteries House, 70 Davidson Terrace, Joondalup, WA 6027**

Ph: (08) 9300 2677

Alternative accommodation, education, employment and support for homeless or at-risk of homelessness youth in Perth's northern suburbs.



www.youthfutureswa.org.au



youthfutureswa@youthfutureswa.org.au

YouthLink

Street Address: **223 James Street, Northbridge, WA 6003**

Ph: (08) 9227 4300

Fax: (08) 9328 5911

For referrals and enquiries **Ph: 1300 362 569**

A state-wide mental health service for at-risk young people aged 13-24 with mental health or psychosocial issues, providing counselling, group therapy, case management, advocacy and support.



www.youthlink.perthwa.net

YouthReach South

Street Address:
Cockburn Youth Centre, Level 2, 25 Wentworth Parade, Success, WA 6164

Postal address:
PO Box 3654, Success, WA 6964

Ph: (08) 9499 4274

Fax: (08) 9499 4270

For referrals and enquiries **Ph: 1300 362 569**

A mental health service to at-risk young people aged 13-24 with mental health or psychosocial issues who reside in the South Metropolitan Area. The service provides counselling, case management, advocacy and support.



www.wanada.org.au/Youth/22-YouthReach-South



youthreachsouth@health.wa.gov.au



Regional Services

SDERA provides consultancy, resources and professional learning workshops for school staff and community agencies throughout the state.

School communities can contact SDERA Regional Consultants each of whom can offer specific information on professional learning and support options available in their particular region. Locations and contact details for the SDERA Regional Consultants are provided in this section.

Information and contact details are also provided for region-specific community-based services that offer information, support, counselling and treatment services for young people as well as support to school-based drug education initiatives.

Central SDERA office

Phone: (08) 9264 4743



www.sdera.org.au



sdera.co@education.wa.edu.au



Click on a region to go directly to the information.

Albany
Bunbury
Esperance
Goldfields
Kimberley
MidWest
Wheatbelt North (Northam)
Wheatbelt South (Narrogin)
Peel
Pilbara
Warren Blackwood

Note - Services listed throughout this directory may also be relevant and accessible to those in regional areas.



NEXT PAGE

Regional Services

ALBANY

SDERA Regional Consultant – Albany

South West Regional Education Office: 85 Serpentine Rd, Albany, WA 6330

Ph: (08) 9841 0341 Fax: (08) 9841 7542 Mob: 0428 855 579

Albany Youth Support Association Inc - Young House

Street Address:

**Albany Youth Support Association,
Young House, 12 Young Street,
Albany, WA 6330**

Ph: (08) 9842 2082

Fax: (08) 9842 2382

Mobile: 0439 422 082

Support to young people 12-25 with several services available:

Young House: Youth Crisis Refuge for 15-25 years (24hrs/day x 365 days per year)

Supported Housing Outreach and Tenancy (SHOT): Support to young tenants in community housing (11 currently set aside for youth)

Albany Youth Outreach: Early intervention support to people 12-18 years (and up to 25 years) to prevent crisis.

Reconnect: Early intervention program for young people aged 12-18 years to assist family reconciliation and avoid homelessness - services City of Albany, Shire of Denmark and Shire of Plantagenet. This includes an Outreach Worker, an Aboriginal Engagement Specialist and a specialist family mediation and counselling service.

Open Access Arts Studio: A supportive environment for disadvantaged and marginalised young people to participate in art and cultural activities.



www.youthfutureswa.org.au



youthfutureswa@youthfutureswa.org.au



Regional Services

Great Southern Community Drug Service Team, Palmerston

For Albany and Mt Barker service:

Street Address: **Unit 3, 145 Proudlove Parade, Albany, WA 6330**

Postal Address: **PO Box 5498, Albany, WA 6332**

Ph: (08) 9842 8008 Fax: (08) 9842 8719

For Denmark service:

Street Address: **9/37 Strickland Street, Denmark, WA 6333**

Postal Address: **PO Box 5498, Albany, WA 6332**

Ph: (08) 9848 1493 Fax: (08) 9848 1493

For Katanning service:

Street Address: **4 Cliff Street, Katanning, WA 6317**

Postal Address: **PO Box 5498, Albany, WA 6332**

Ph: (08) 9842 8008

Mob: 0428 988 011

Counselling, information, outreach services and referral options for individuals and families experiencing issues around alcohol and other drugs. These services can be accessed on a cost free basis by all members of the community from youth to adult.



www.palmerston.org.au



albany@palmerston.org.au

Great Southern Mental Health Service

Street Address: **Hardie Road (cnr Warden Avenue), Albany, WA 6330**

Ph: (08) 9892 2440

Fax: (08) 9842 1028

GP referral to assessment, intervention and treatment services for young people experiencing issues around mental health.



Regional Services

Headspace Albany

Postal Address: **3/15 Peels Place, Albany, WA 6330 (near Centrelink/Medicare)**

Ph: (08) 9842 9871

Fax: (08) 9842 6201

Youth services for young people aged 12-25, including information, youth worker support and counselling. Headspace can also attend schools to offer information and activities with a focus on promoting better mental health and well-being.



www.headspace.org.au



info@headspacegs.com.au

BUNBURY/WARREN BLACKWOOD

SDERA Regional Consultant – Bunbury

Dalyellup College, Dalyellup, WA 6230

Ph: (08) 9795 2000

Fax: (08) 9795 2099

Mob: 0427 424 986

SDERA Regional Consultant – Warren Blackwood

Cape Naturaliste College, Vasse, WA 6280

Ph: (08) 9750 2609

Fax: (08) 9750 2650

Mob: 0428 942 587

Accordwest

Street address: **26-28 Forrest Ave, South Bunbury, WA 6230**

Postal address: **PO Box 6498, South Bunbury, WA 6231**

Ph: (08) 9729000 or 1800 155 799

Substance Counselling & Support for young people aged 12-25 years and education for families. Outreach services cover Bunbury, Australind, Collie, Capel, Busselton and Margaret River.



www.accordwest.com.au



Regional Services

Agencies for South West Accommodation Inc (ASWA)

Street Address:

40 Charles St, Bunbury, WA 6230

Ph: (08) 9791 3213

Fax: (08) 9791 3287

A range of services provided, including Substance, offering free professional counselling and support for 12-25 year olds and their families.



www.ourcommunity.com.au/directories/listing?id=26929



parents@aswa.org.au

Bunbury Mental Health Service

Street Address:

**South West Health Campus,
Robertson Drive, Bunbury, WA 6230**

Ph: (08) 9722 1300

Fax: (08) 9721 7075

GP referral to access assessment, intervention and treatment services for young people experiencing issues around mental health.

Centrecare

Street Address:

103 Clarke Street, Bunbury, WA 6230

Ph: (08) 9721 5177

Wide range of counselling, support, mediation and training services for children, youth, adults and families. Youth specific services include the Intensive Youth Support Service, Youth Outreach Intensive Support Service (10-18 year olds) and Parent Teen Link (10-21 year olds).



www.centrecare.com.au



office@southwest.centrecare.com.au



Regional Services

Mission Australia

Street Address:

103 Clarke St, Bunbury, WA 6230

Ph: (08) 9791 4140

Fax: (08) 9722 4611

Mission Australia offers a range of services for children and youth, including:

- The Family Alcohol Community Education (FACE) program which provides support to young people aged 5-19 who live with alcohol misuse and other drugs misuse.
- Navig8 is a service for young people aged 14-25 who are currently in or have recently left Department for Child Protection (DCP) State care and offers advisory and practical support to help them make the transition to independent living.



www.missionaustralia.com.au

South West Community Drug Service Team

Street Address:

109 Beach Rd, Bunbury, WA 6230

Ph: (08) 9721 9256

Fax: (08) 9721 8375

Counselling, information, outreach services and referral options for individuals and families experiencing issues around alcohol and other drugs. This service can be accessed on a cost free basis by all members of the community from youth to adult.



www.sjog.org.au



admin.swcdst@sjog.org.au

Youth Focus

Contact for Bunbury and Collie through:

Street Address:

34 Wittenoom St, Bunbury, WA 6230

Ph: (08) 9366 4333

Duty Officer Ph: (08) 9361 4222

Fax: (08) 9361 4299

Early intervention and prevention service offering support to young people aged 12-18 years showing signs associated with suicide, depression and self-harm. A Youth and Family Services Team are available to provide counselling to young people and their families.



www.youthfocus.com.au



Regional Services

ESPERANCE

SDERA Regional Consultant - Esperance

Castletown Primary School, 43 Easton Road, Esperance, WA 6450

Ph: (08) 9071 5599

Fax: (08) 9071 4852

Mob: 0428 855 593

Goldfields Community Drug Service Team (formerly Drug Arm WA, now Hope Community Services)

Street Address:

**Unit 6/98 Dempster Street, Esperance,
WA 6450**

Postal address:

PO Box 1843, Esperance, WA, 6450

Ph: (08) 9071 5169

Fax: (08) 9091 8920

Toll Free: 1300 664 137

Free services for individuals who are concerned about their alcohol or drug use; families, concerned others and the general community; and health professionals assisting with the management of alcohol and drug issues.



www.hopecommunityservices.org.au



GCADSReception.Esp@hopecs.org.au

Escare Inc

Street Address:

**Lotteries House, Forrest Street,
Esperance, WA 6450**

Ph: (08) 9071 3110

Fax: (08) 9071 7193

Family and Community service, a youth service (part-time), financial counselling and outside school hours care for students in pre-primary and primary school.



www.escare.org.au



escare@westnet.com.au

Esperance Community Mental Health - Youth Counsellor Service

Street Address:

Forrest Street, Esperance, WA 6450

Postal address:

PO Box 822, Esperance, WA 6450

Ph: (08) 9071 0444

Fax: (08) 9071 0401

A mental health intervention service aimed at decreasing the impact of mental health difficulties on individual young people aged 15-25 within the community.



Regional Services

GOLDFIELDS

SDERA Regional Consultant - Goldfields

Based at Kalgoorlie Primary School, Dugan Street, Kalgoorlie, WA 6430

PO Box 5473, Kalgoorlie, WA 6430

Fax: (08) 9091 4583 Mob: 0429 887 378

Alcohol and Other Drugs Information Unit

Based in William Grunt Memorial Library

Street Address:

Roberts Street, Kalgoorlie, WA 6433

Ph: (08) 9021 7112

Information and resources on alcohol and other drugs including Internet access, board games, videos, books and brochures, available for health professionals, teachers, parents, students and the general public. This unit is sponsored by the Kalgoorlie Local Drug Action Group.

Bega Ganbirringu Health Service

Street Address:

16-18 MacDonald Street, Kalgoorlie, WA 6430

Ph: (08) 9022 5500

Fax: (08) 90911302

Provides a holistic and culturally appropriate health care service to the Aboriginal people of the Goldfields, including the Tobacco Action Team.



www.bega.org.au

Bega Garnbirringu Counselling Service

Street Address:

Social Support Unit, 12 MacDonald Street, Kalgoorlie, WA 6430

Ph: (08) 9022 5500

A variety of support services available to the Aboriginal people of the Goldfields.



Regional Services

Centrecare

Street Address:

168 Egan Street, Kalgoorlie, WA 6430

Ph: (08) 9080 0333

Fax: (08) 9021 8673

A wide range of counselling, support, mediation and training services, including youth-specific services such as the Intensive Youth Support Service, Youth Outreach Intensive Support Service (10-18 year olds) and Parent Teen Link (10-21).



www.centrecare.com.au



kalgoorlie@centrecare.com.au

Goldfields Community Drug Service Team (Hope Community Services)

Street address:

**28 MacDonald Street,
Kalgoorlie, WA 6430**

Postal address:

PO Box 10976, Kalgoorlie, WA 6433

Ph: (08) 9021 3069 or

Toll free: 1300 664 137

Fax: (08) 9091 8920

This new service is a partnership between Drug ARM (WA) Inc. and Bega Garnbirringu Health Services Inc., providing support services to people affected by alcohol and drugs. Counselling Service available Mon-Fri 9am–5pm.



www.hopecommunityservices.org.au



GCADSReception.Kal@hopecs.org.au

Goldfields Rehabilitation Services

Street address:

11 Porter Street, Kalgoorlie, WA 6430

Ph: (08) 9021 4732

Safe, stable residential rehabilitation facility that is an alcohol and other drug free environment for residents over the age of 18 years who have problems associated with the use of alcohol and/or other drugs.



www.grsi.org.au



admin@grsi.org.au



Regional Services

Kalgoorlie-Boulder Population Health Unit

Street Address:

36-42 Ware Street, Boulder, WA 6433

Postal Address:

Locked Bag 3, Kalgoorlie, WA 6433

Ph: (08) 9080 8200

Fax: (08) 9080 8201

The Kalgoorlie-Boulder Community Health Service and the Goldfields Public Health Unit offer a range of services including those with a focus on child health, school health, injury prevention, alcohol and other drugs, and general health promotion. Aboriginal staff members are on the Public Health and Sexual Health Team.



www.health.wa.gov.au



goldfields@health.wa.gov.au

Salvation Army - Kalgoorlie Boulder Corps and Mission Centre

Street Address:

Cnr Hopetoun Street and Oberthur Street, South Kalgoorlie, WA 6430

Ph: (08) 9021 2255

Emergency Relief and accommodation office

Ph: (08) 9021 2615

Fax: (08) 9021 2404

Support for parents and young people who are dealing with issues including alcohol and drug use. A publication entitled Alcohol and Other Drugs is available. School visits are considered on request.



www.salvationarmy.org.au



CorpsOfficer.Kalgoorlie-boulder@aus.salvationarmy.org



Regional Services

KIMBERLEY

SDERA Regional Consultant - Kimberley

Kimberley District Education Office, Broome, WA 6725

Ph: (08) 9192 0806

Fax: (08) 9193 6718

Mob: 0429 117 643

ARAFMI Mental Health Carers & Friends Association

Street Address:

**Northwest Mental Health Services,
Cnr Anne and Walcott Streets,
Broome, WA 6725**

Ph: (08) 9194 2665

Mob: 0428 944 148

Visit the website for information about Youth Services, the School Education Program and Family Support services.



www.arafmi.asn.au

Cyrenian House - Milliya Rumurra (CHMR)

Street address:

6B Coughlin Street, Broome, WA 6725

Postal address:

PO Box 8508, Broome, WA 6725

Ph: (08) 9192 6400

Fax: (08) 9192 8410

Partnership between Cyrenian House and Milliya Rumurra Aboriginal Corporation, providing individuals and their families with improved access to alcohol and other drug services on an outreach basis, and servicing the communities north of Broome along the Dampier Peninsula and south to Bidyadanga.



www.cyrenianhouse.com



CHMRreception@cyrenianhouse.com



Regional Services

Headspace Kimberley

Street Address:

3/2 Hamersley Street, Broome, WA 6725

Ph: (08) 9193 6222

Fax: (08) 9193 6122

Youth friendly space to access support around a variety of issues concerning health and mental health and well-being for those aged 12-25.



www.headspace.org.au/kimberley



headspace@kamsc.org.au

Jungarni Jutiya Alcohol Action Council

Street Address:

**Lot 94, Thomas Street,
Halls Creek, WA 6770**

Postal address:

PO Box 222, Halls Creek, WA 6770

Ph: (08) 9168 6168

Fax: (08) 9168 6205

Drop-in service where clients can access educational support around general health including alcohol and drug use. Group and individual counselling is also available to adults and families and referrals can be made through this service. An aftercare program supports clients and their families in sustaining adjustments in their lifestyle when alcohol and drug use has been addressed.



admin@jungarni.org



Regional Services

Kimberley Mental Health and Drug Services

BROOME

Street Address:

**Cnr Anne and Robinson Street,
Broome, WA 6725**

Postal Address:

Locked Bag 3475, Broome, WA 6725

Ph: (08) 9194 2640

Fax: (08) 9192 3489

DERBY

Street Address:

**Rugal Baru, Cnr Claredon & Neville Streets, Derby, WA
6728**

Postal Address:

PMB 980, Derby, WA 6728

Ph: (08) 9193 1633

Fax: (08) 9193 1687

FITZROY CROSSING

Street address:

**Nindilingarri Cultural Health,
Fitzroy Crossing, WA 6765**

Postal address:

PO Box 5, Fitzroy Crossing WA 6765

Ph: (08) 9166 1777

Fax: (08) 9191 5111

KUNUNURRA

Street Address:

96 Coolibah Drive, Kununurra, WA 6743

Postal Address:

PO Box 1348, Kununurra, WA 6743

Ph: (08) 9166 4350

Fax: (08) 9166 4363

Community based mental health, child and adolescent mental health services, and community alcohol and other drug services to the Kimberley region. Counselling, information, outreach services and referral options for individuals and families experiencing issues around alcohol and other drugs. These services can be accessed on a cost free basis by all members of the community from youth to adult.



www.health.wa.gov.au



kmhdsclinic.reception@health.wa.gov.au



Regional Services

Ngnowar Aerwah Aboriginal Corporation

Street Address:

**1370 Great Northern Highway,
Wyndham, WA 6740**

Ph: (08) 9161 1496

Fax: (08) 9161 1510

A service for indigenous community members, providing alcohol and other drug treatment and rehabilitation programs for those wishing to address their drug use, including a 13 week residential rehabilitation service. The Corporation offers a range of services that include support to youth at risk of self-harm and suicide, a young men's group, a young women's group, individual counselling, a sobering up shelter and a night patrol.



www.ngnowar-aerwah.com



admin@ngnowar.org

Nindilingarri Cultural Health Services

Postal Address:

PO Box 59, Fitzroy Crossing, WA 6765

Ph: (08) 9193 0093

Fax: (08) 9193 0094

Education and support to individuals and their families across the whole Fitzroy Valley wherever issues exist with alcohol and other drug use and/or mental health.



www.nindilingarri.org.au



nindilingarri@nindilingarri.org.au

Ord Valley Aboriginal Health Services

Postal Address:

PO Box 216, Kununurra, WA 6743

Ph: (08) 9168 1288

Fax: (08) 9168 1311

A range of services including provision of support to schools to complement their health initiatives with the aim of promoting healthy lifestyles.



www.kamsc.org.au/ovahs.html



Regional Services

Palyalatju Maparnpa Health Committee Youth Services

Address:

**309 Balgo Community,
Via Halls Creek, WA 6770**

Ph: (08) 9168 8197

Fax: (08) 9168 8196

Information, advocacy, support, counselling and case management services for young people aged 12-25 living in the Kutjungka Region of WA (Balgo, Mulan and Billiluna Communities). Training, education and support can also be accessed by young people and their families around sexual health, issues concerning alcohol and drug use, self-harm and suicide. This service also runs a range of projects and activities aimed at developing young peoples' life-skills, self-confidence and leadership qualities.



admin@pmhc.org.au

Warringarri Aboriginal Corporation

Street Address:

**Lot 2229 Speargrass Road,
Kununurra, WA 6743**

Postal Address:

PO Box 162, Kununurra, WA 6743

Ph: (08) 9168 1528

Fax: (08) 9168 2081

A service which works to support Aboriginal people with opportunities for employment in their local regions and communities; and can link individuals to training programs through the local T.A.F.E. College and to alcohol and drug counselling services when required.



cdep@westnet.com.au



Regional Services

Wheatbelt North (Northam)

SDERA Regional Consultant – Wheatbelt North

Wheatbelt Education Region- Northam Office

Ph: (08) 9622 0200

Fax: (08) 9622 3996

Mob: 0427 479 781

Avon Youth Community and Family Services (AYCFS Inc.)

Ph: (08) 9622 2612

Non-government, not-for-profit, community based organisation providing a diverse range of services to youth aged 12-25 in the Avon Valley region.



www.avonyouth.org.au



venessa.miler@avonyouth.org.au

Central Agcare Family Counselling Service

Ph: (08) 9063 2037 (Corrigin)

Mobile counselling service providing assistance with personal relationship and family needs (including financial counselling), and the stresses relating to rural living.

Domestic Violence Prevention Unit

Street address:

88 Wellington St, Northam, WA 6401

Postal address:

PO Box 365, Northam, WA 6401

Ph: (08) 9622 2828

Fax: (08) 9622 5070

Ph: 1800 353 122

Community safety program made available through Northam Share and Care, providing advice about issues relating to domestic violence.



www.shareandcare.com.au



dianne.turnock@shareandcare.com.au



Regional Services

Drum Beat

Ph: (08) 9416 4444

Toll-free: 1800 447 172

Fax: (08) 9250 5597

Flexible program that combines Experiential Learning with Cognitive Behavioural Therapy, and engages young people and adults who may be anxious or resistant to 'talk based' therapies, to explore relationship issues such as peer pressure, bullying, dealing with emotions, identity, social responsibility, and teamwork.



www.holyoake.org.au/drumbeat



drumbeat@holyoake.org.au

Family Court of WA - Counselling and Consultancy

Street address:

**Level 1, 150 Terrace Road,
Perth WA 6000**

Postal Address:

GPO Box 9991, Perth, WA 6848

Ph: (08) 9224 8222

Fax: (08) 9224 8360

Ph: 1800 199 228

The Counselling and Consultancy Service is staffed by fully qualified Family Consultants with specialist knowledge and expertise in working with children and families experiencing relationship difficulties after separation.



www.familycourt.wa.gov.au

Family Helpline - State Government

Ph: 1800 643 000 / (08) 9223 1111

Helpline - confidential telephone counselling and information service for families with relationship difficulties.



www.dcp.wa.gov.au



Regional Services

Halo

Street address:

**The Joe Cooper Centre, MacFauli Park,
Falstaff Cres, Spearwood, WA 6163**

Postal Address:

PO Box 7011, Spearwood, WA 6163

Ph: (08) 9418 5228

Fax: (08) 9317 6233

Mob: 0416 753 305

Non-profit incorporated career and personal leadership development agency, using a unique peer mentoring model working with Aboriginal young people and their families.



www.haloleadership.com

HAY Youth Group Southern Cross

Ph: (08) 9049 5091

HAY (Health Agencies of Yilgarn) is a new youth group available to young people in the Southern Cross area.

Mental Health Emergency Response Line - Rural Link

Ph: 1800 552 002

Specialist after-hours mental health telephone service for the rural communities of WA, operating 4:30pm – 8:30am Monday to Friday and 24 hours Saturday, Sunday and public holidays. During business hours you will be connected to your local community mental health clinic. Rural Link helps people deal with depression, suicide, anxiety, psychosis, mental health issues or mental health crisis.



www.mentalhealth.wa.gov.au

Northam Police and Community Youth Centre (PCYC)

Ph: (08) 9622 2220

Not-for-profit youth and community organisation that creates opportunities for young people in Northam and surrounding communities through the delivery of recreational and educational activities.



northampcyc@wapcyc.com.au



Regional Services

Salvation Army

Ph: (08) 9622 1228

Provision of a number of different community support services to help people get through tough situations.



www.salvationarmy.org.au

Share and Care Community Services Group

Ph: (08) 9622 2828

Not-for-profit organisation that sponsors Health, Welfare & Children's Services to the communities.



www.shareandcare.com.au

Wheatbelt Community Drug Service Team

Street Address:

**95 Wellington Street,
Northam, WA 6401**

Postal Address:

PO Box 375, Northam, WA 6401

Ph: (08) 9621 1055

Fax: (08) 9621 1077

Counselling, information, outreach services and referral options for individuals and families experiencing issues around alcohol and other drugs. This service can be accessed on a cost free basis by all members of the community from youth to adult.



www.holyoake.org.au



Regional Services

Wheatbelt Mental Health Service

Street Address:

**10/210 Fitzgerald Street,
Northam, WA 6401**

Postal Address:

PO Box 833, Northam, WA 6401

Ph: (08) 9621 0999

Fax: (08) 9622 2734

Free, confidential, quality, community mental health care to the people of Coastal and Wheatbelt communities. The service provides comprehensive assessment and treatment for people with mental health problems.



Ratna.Knights@health.wa.gov.au

Women's Information Service (WIS)

Ph: 1800 199 174

Fax: 08 6551 8556

Telephone inquiries from across WA, including seeking information and/or referral for health issues, finances, legal matters, counselling and domestic violence.



www.health.wa.gov.au/services



wis@communities.wa.gov.au

Youth Connections

Ph: 1800 352 355

Federally funded initiative providing one-on-one support to young people aged 13-19 years who have disengaged or are at risk of disengaging from education prior to the completion of Year 12.



www.rdawheatbelt.com.au



yc@rdawheatbelt.com.au

Wheatbelt Youth Services Directory 2013

Comprehensive guide to services and opportunities available to Wheatbelt young people, designed to assist them to understand which organisations to approach according to their needs.



Regional Services

MIDWEST

SDERA Regional Consultant - Midwest

Geraldton Catholic Education Office, PO Box 360, Geraldton, WA, 6531

Ph: (08) 9920 0206 Fax: (08) 9923 9737 Mob: 0429 104 920

Chrysalis Support Services

Street Address:

**New Lotteries House, 114 Sanford St,
Geraldton, WA 6531**

Postal Address:

PO Box 472, Geraldton, WA 6531

Ph: (08) 9938 0750

Fax: 9964 2336

24 hour crisis line: 1800 016 789

**Women and Children's Refuge:
(08) 9964 2173**

Fax: (08) 9964 2336

Counselling for sexual assault, relationship and domestic violence, with a children's relationship counsellor (for young people up to age 13), a children's sexual assault counsellor and a children's advocacy service. They have a refuge for women and children escaping domestic violence (no boys over 13 years in the refuge).



www.chrysalis.org.au/



manager@chrysalis.org.au

Drug Arm WA Rosella house

Street address:

11 Bayly Street, Geraldton, WA 6530

Ph: (08) 9921 7409

Fax: (08) 9921 6807

13 week community based program for those seeking drug and/ or alcohol rehabilitation.



www.hopecommunityservices.org.au/



rosellaadmin@drugarmwa.org.au



Regional Services

Geraldton Resource Centre

Street Address:

114 Sanford St, Geraldton, WA 6530

Postal Address:

PO Box 159, Geraldton, WA 6531

Ph: (08) 9938 0600

Fax: (08) 9964 3439

Free services for people in the mid west region experiencing disadvantage such as having a disability, being geographically isolated, or experiencing cultural or language barriers. Services include emergency relief, financial advocacy, and an information and referral service, legal education to young people and presentations on youth and the law to schools and organisations.



<http://grc.asn.au/>



leeanner@grc.asn.au (Corporate Manager) or



chris@grc.asn.au (Operations Manager)

Geraldton Regional Community Education Centre (GRCEC)

Street Address:

**Education Centre, 24-28 Gregory Street,
Geraldton, WA 6530**

Ph: (08) 9921 4477

Fax: (08) 9964 2634

Programs for individuals, families and groups including a Family Counselling Service, education and training, child care, youth services and counselling.



<http://edcentre.wa.edu.au>



recept@edcentre.wa.edu.au

Geraldton Family and Youth Support Service

Street Address:

**GRCEC Annexe - Cnr Gregory &
Augustus Streets, Geraldton, WA 6530**

Postal address:

PO Box 50, Geraldton WA 6531

Ph: (08) 99214477

Fax: (08) 99642634

Mobile: 0418 940 857

Assistance to young people aged 11-18 yrs identified as at risk, and their families, to support and develop life, personal and social skills.



<http://edcentre.wa.edu.au>



sarah@edcentre.wa.edu.au



Regional Services

Geraldton PCYC

Street address:

105 Pass Street, Wonthella, WA 6530

Postal Address:

PO Box 5111, Geraldton, WA 6531

Ph: (08) 9921 1317

Fax: (08) 9964 4787

A vast array of sporting and recreational programs for the young and the young at heart. We also work in close partnership with local schools and community service groups within the Midwest Region.



www.wapcyc.com.au



geraldtonpcyc@wapcyc.com.au

Learning Engagement and Participation (LEAP)

Street Address:

**GRCEC, 24-28 Gregory Street,
Geraldton, WA 6530**

Ph: (08) 99214477

Fax: (08) 99642634

Provision of safe and structured learning environments for young people, supporting them in training, employment and involvement in the community.



<http://edcentre.wa.edu.au>



filip@edcentre.wa.edu.au

Midwest Community Drug Service Team

Street Address:

**Community Health Building, 51-85
Shenton Road, Geraldton, WA 6530**

Ph: (08) 9956 2424

Fax: (08) 9956 2440

Counselling, information, outreach services and referral options for individuals and families experiencing issues around alcohol and other drugs. This service can be accessed on a cost free basis by all members of the community from youth to adult. Fortnightly outreach service to Kalbarri, Dongara, Northampton, Mullewa, Morawa, Three Springs and Eneabba; and once a month the team also travels to Yalgoo, Cue, Mt Magnet, Meekatharra and Wiluna.



mitch.dobbie@health.wa.gov.au



Regional Services

School Business and Community Partnership Brokers

Street Address:

**GRCEC Annexe - Cnr Gregory &
Augustus Street, Geraldton, WA 6530**

Ph: (08) 9921 4855

Fax: (08) 99211416

Mobile: 0427 997 406

Partnership Brokers create and improve partnerships between community, business and industry, and schools, to extend learning beyond the classroom, increase student engagement, lift attainment and improve educational outcomes. It fosters a strategic, whole of community approach that supports young people's learning and development.



<http://edcentre.wa.edu.au>



carolyn@edcentre.wa.edu.au

Youth Connections

Street Address:

**GRCEC Annexe - Cnr Gregory &
Augustus Street, Geraldton, WA 6530**

Ph: (08) 9921 4855

Fax: (08) 9921 1416

Mobile: 0458295278

Assistance for young people aged 13-19 years who are identified as at risk, to keep them engaged or re-engaged with education and training. Intensive, individual assistance, support and encouragement is provided to enable young people to realise and reach their full potential.



<http://edcentre.wa.edu.au>



esmeralda@edcentre.wa.edu.au



Regional Services

Wheatbelt South (Narrogin)

SDERA Regional Consultant – Narrogin

Narrogin District Education Office, Narrogin, WA 6312

Ph: (08) 9881 0000 Fax: (08) 9881 3178 Mob: 0428 855 595

Narrogin Mental Health Unit

Street Address:

**Community Mental Health Centre,
Williams Road, Narrogin, WA 6312**

Postal Address:

PO Box 339, Narrogin, WA 6312

Ph: (08) 9881 0700

Fax: (08) 9881 0725

Access to assessment, intervention and treatment services for young people experiencing issues around mental health. Access to this service can be by self-referral although it is preferred if referral is provided from a GP.

Rural Community Support Service - Southern Country Health Service

Street Address:

**Hospital Grounds, Williams Road,
Narrogin, WA 6312**

Postal Address:

PO Box 339, Narrogin, WA 6312

Ph: (08) 9881 0790

Fax: (08) 9881 0725

Mobile : 0408 670 007

Rural primary mental health service funded by the Commonwealth Department of Health and Ageing, focussed on building resilience whilst reducing the stigma associated with Mental Health issues in our rural and remote communities.



jo.drayton@health.wa.gov.au



Regional Services

Wheatbelt Community Drug Service Team

Street Address:

**Hospital Grounds, Williams Road,
Narrogin, WA 6312**

Postal Address:

PO Box 1132 Narrogin, WA 6312

Ph: (08) 9881 1999

Fax: (08) 9621 1077

Toll free: 1800 447 172

Counselling, information, outreach services and referral options for individuals and families experiencing issues around alcohol and other drugs. This service can be accessed on a cost free basis by all members of the community from youth to adult.



www.holyoake.org.au/index.php

PEEL

SDERA Regional Consultant - Peel

South Metropolitan Education Region– Mandurah Office

Ph: (08) 9550 2528

Fax: (08) 9550 2500

Mob: 0427 426 790

Allambee

Street Address:

**Lotteries House, 7 Anzac Place,
Mandurah, WA 6210**

Postal Address:

PO Box 442, Mandurah, WA 6210

Ph: (08) 9535 8263

Fax: (08) 9535 3869

Counselling and support for victims of sexual assault and abuse (PCATS), domestic violence and interfamilial abuse, including The Peel Children Sexual Assault Treatment Service and the youth service “Breakthru” for young people up to 18 yrs. These services include counselling, information, advocacy, court preparation, community education and assistance for young people who have developed inappropriate sexual behaviour.



www.allambee.org.au



help@allambee.org.au



Regional Services

ARAFMI Mental Health Carers & Friends Association

Street address:

7 Anzac Terrace, Mandurah, WA 6210

Ph: (08) 9535 5844

Visit the website for information about Youth Services, the School Education Program and Family Support services.



www.arafmi.asn.au

Best Start (Department for Communities)

Street Address:

**63 Ormsby Terrace, Silver Sands,
WA 6210**

Postal Address:

PO Box 3437, Mandurah, WA 6210

Ph: (08) 9583 9802

Fax: (08) 9534 7628

Early intervention program for Aboriginal children aged 0-5 years and their families, aimed at improving the wellbeing of Aboriginal children and focuses on care, health and early education. The project coordinates services between the Department for Child Protection, the Department of Education and the Department of Health.



www.whfs.org.au

Calvary Youth Services (24 hour service)

Street address:

40 Sutton St, Mandurah, WA 6210

Ph: (08) 9581 1741

Fax: (08) 9535 5874

Limited crisis and medium term accommodation for young people aged 15-25 years. Advocacy, financial planning, life skills training and help to access independent accommodation.



calvaryyouth@bigpond.com



youthworker@calvaryyouth.com.au



Regional Services

Mission Australia Reconnect Peel Mandurah (Reconnect)

Street address:

77 Pinjarra Rd, Mandurah, WA 6210

Ph: (08) 9535 9780 or 1800 800 046

Reconnect assists families with teens aged 12-18yrs who are experiencing conflict, communication problems and provides early intervention for youth at risk of homelessness. They provide one to one, family counselling, advocacy, mediation and practical support.



<http://sd.missionaustralia.com.au>

Passages Resource Centre

Street Address:

20 Davey Street, Mandurah, WA 6210

Ph: (08) 9583 5160

Fax: (08) 9583 5170

Mob: 0408 466 055

Referral service providing support and friendship to street-present young people aged 12-25 years.



www.passagesresourcecentre.com



passages.peel@sudpwa.org.au

Peel Community Mental Health Service

Street Address:

Peel Health Campus Site, 110 Lakes Road, Mandurah, WA 6210

Postal Address:

PO Box 162, Mandurah, WA 6210

Ph: (08) 9531 8080

Fax: (08) 9531 8070

Access to assessment, intervention and treatment services for young people experiencing issues around mental health. Access to this service can be by self-referral although it is preferred if referral is provided from a GP.



Regional Services

Peel Youth Medical Service (PYMS)

Street address:

41 Dower Street, Mandurah, WA 6210
(located upstairs at the Billy Dower Youth Centre)

Postal address:

PO Box 3156, Mandurah East, WA 6210

Ph: (08) 9583 5435

Confidential health services operating Mondays and Wednesdays: 1pm – 5pm; Thursdays: 12.30pm – 5.30pm (Phone lines open from 12.30pm on clinic days)



www.peelyouthmedicalservice.com.au

Peel Youth Services

Street address:

Lot 41, Lakes Road, Mandurah, WA 6210 (approx 1km from the new Forrest Highway exit/entrance)

Postal address:

PO Box 117, Mandurah, WA 6210

Ph: (08) 9581 3365

Fax: (08) 9582 7365

Youth support service for 11-25 year olds, providing recreational activities, counselling, mentoring and life coaching, with the aim of increasing the positive opportunities available to disadvantaged young people within the Peel Region.



peelyouth@westnet.com.au

South Metro Community Drug Service (Palmerston)

Street Address:

22 Tuckey Street, Mandurah, WA 6210

Ph: (08) 9581 4010

Fax: (08) 9582 7062

Counselling, information, outreach services and referral options for individuals and families experiencing issues around alcohol and other drugs. This service can be accessed on a cost free basis by all members of the community from youth to adult.



www.palmerston.org.au



Regional Services

Street Net Youth Outreach Service – Peel region

Street address:

28 George St, Pinjarra, WA 6208

Ph: (08) 9531 4003

Fax: (08) 9531 4007

Support for young people 12-18 years through any issues they may be experiencing. Street Net provides one on one support, outreach, advocacy and if needed, referral to longer term support agencies as well as offering education programs.



www.streetnet.org.au/



streetnet@allambee.org.au

Youth Focus - Billy Dower Youth Centre

Mandurah service:

Street address:

41 Dower Street, Mandurah, WA 6210

Postal address:

PO Box 210, Mandurah, WA 6210

Ph: (08) 9550 3670

Fax: (08) 9535 8338

Safe environments for young people aged 11-25 to develop social skills and networks through participation in fun activities. The Centres have a number of co-located organisations that provide services to young people including counselling and health care, a free GP service (phone for appointment), and education programs to encourage young people to remain in the education system.



www.youthfocus.com.au



bdyc@mandurah.wa.gov.au

Rockingham Service:

Street address:

**Unit 5/ 5 Goodard St, Rockingham,
WA 6168**

Ph: (08) 9266 4333

Wanslea Family Services

Street Address:

**Library Road, off Third Avenue,
Mandurah, WA 6210**

Postal Address:

PO Box 3182, Mandurah East, WA 6210

Ph: (08) 9581 5843

Counselling and support for children whose parents have a mental health diagnosis. This service also offers the Children Of Parents with a Mental Illness (COPMI) program to young people aged 0-18 which assists children to understand their parent's mental illness and to develop skills to cope and be safe.



www.wanslea.asn.au



peel@wanslea.asn.au



Regional Services

PILBARA

SDERA Regional Consultant – Pilbara

Pilbara Education Regional Office, Karratha

Ph: (08) 9185 0111

Fax: (08) 9185 0137

Mob: 0428 855 594

Local Information Network Karratha (L.I.N.K)

Street Address:

**Pam Buchanan Centre, 51 Gardugarli
Dr, Baynton West, WA 6714**

Postal Address:

PO Box 1420, Karratha, WA 6714

Ph: (08) 9144 2150

Mob: 0400 100 446

A range of information, referral and support services to assist and enhance individual, family and community life in the Shire of Roebourne. This service offers practical assistance, advice and arranges group activities for people who are disadvantaged and socially isolated.



www.linkwa.org.au



link_karratha@bigpond.com



Regional Services

Pilbara Alcohol and Drug Services

Street address:

**Hedland Health Campus,
2 – 34 Colebatch Way,
South Hedland, WA 6722**

Postal address:

PMB 12, South Hedland, WA 6722

Ph: (08) 9174 1000

Outreach services:

Street Address:

**Karratha Community Health,
Warrambie Road, Karratha, WA 6714**

Ph: (08) 9143 2221

Street Address:

**Nickol Bay Hospital, Dampier Road,
Karratha, WA 6714**

Ph: (08) 9143 2346

Fax: (08) 9143 2391

Street Address:

Tom Price Hospital, Tom Price, WA 6751

Ph: (08) 9159 5282

Fax: (08) 9189 3177

Note: If number unattended, contact Nickol Bay Hospital on the number listed above.

Street Address:

**Newman Community Health,
Mindara Drive, Newman, WA 6753**

Ph: (08) 9175 8380

Fax: (08) 9175 8333

Outreach services:

Street Address:

**Karratha Community Health,
Warrambie Road, Karratha, WA 6714**

Ph: (08) 9143 2221

Street Address:

Nickol Bay Hospital, Dampier Road, Karratha, WA 6714

Ph: (08) 9143 2346

Fax: (08) 9143 2391

Street Address:

Tom Price Hospital, Tom Price, WA 6751

Ph: (08) 9159 5282

Fax: (08) 9189 3177

Note: If number unattended, contact Nickol Bay Hospital on the number listed above.

Street Address:

**Newman Community Health,
Mindara Drive, Newman, WA 6753**

Ph: (08) 9175 8380

Fax: (08) 9175 8333

The Pilbara Alcohol and Drug Service (which includes the services previously known as the Pilbara Community Drug Service Team and the Pilbara Aboriginal Drug and Alcohol Program) provides counselling, information, outreach services and referral options for individuals and families experiencing issues around alcohol and other drugs. This service can be accessed on a cost free basis by all members of the community from youth to adult.



Regional Services

Pilbara Mental Health and Drug Service

Street address:

**Hedland Health Campus,
2 – 34 Colebatch Way, South Hedland,
WA 6722**

Postal address:

PMB 12, South Hedland, WA, 6722

Ph: (08) 9174 1000

Community based mental health, child and adolescent mental health services and community alcohol and other drug services for the Pilbara region.

Tom Price Youth Support Association

Street Address:

**Lot 2 Stadium Road, Tom Price,
WA 6751**

Postal Address:

P0 Box 230, Tom Price, WA 6751

Ph: (08) 9189 2340/ 3109

Fax: (08) 9189 1941

Employment and training guidance, life skills programs, a suicide intervention program and an anger management program for 13-25 year olds.



pcpysa@westnet.com.au

Yaandina Family Centre Inc - Childrens' Counselling Service

Street Address:

**Yaandina Family Centre, 51 Hampton
Street, Roebourne, WA 6718**

Ph: (08) 9182 1221

Not-for-profit organisation provides a suite of programs that harness community strengths, protect children and provide assistance to the most vulnerable in the mainly Aboriginal community of Roebourne and surrounds. The Childrens' Counselling Service provides preventative services for young people in the community from 0-15 years of age. These include processes which aim to promote resilience including counselling, small group work and parenting programs.



ccs@yaandina.org



Regional Services

Youth Involvement Council (YIC) - Port Hedland

Street Address:

JD Hardie Centre/ Youth Zone, Cottier Drive, South Hedland, WA 6722

Ph: (08) 9140 1272

Fax: (08) 9172 5687

Social and recreational activities and programs for young people 10-17 years old. Services include life skills and support in relation to truancy, antisocial behaviour and homelessness, support and referral around alcohol and drug use issues and a suicide prevention program. "Mingle Mob" is the name of the YIC youth outreach program.



www.yic.com.au



admin@yic.com.au



BACK TO REGIONAL SERVICES DIRECTORY



NEXT PAGE

Helplines and advice

The services and contact telephone numbers listed below may be of use to school staff, parents or students who at a given time may be seeking information, support or even emergency advice and guidance.

Alcohol and Drug Information Service (ADIS)	9442 5000 or 1800 198 024
Crisis Care	9223 1111 or 1800 199 008
Family Helpline	9223 1100 or 1800 643 000
Family Relationship Advice Line	1800 050 321
HealthDirect Australia	1800 022 222
Homeless Advisory Service (M-F 8am-5pm)	1800 065 892
After Hours: Crisis Care Line	(08) 9223 1111 or 1800 199 008 (free call STD and country)
Kids Helpline	1800 551 800
Lifeline	13 11 14
National Cannabis Information and Helpline (NCPIC)	1800 304 050
Parent Drug Information Service (PDIS)	9442 5050 or 1800 653 203
Parenting WA Line	1800 654 432 or 6279 1200
Poisons Information Service	13 11 26
Quitline	13 78 48 (13 QUIT)
Samaritans Crisis Line	13 52 47
Samaritans Youthline	1800 198 313
Youth Legal Service: Perth Metro	9202 1688
Regional	1800 199 006

Websites

Act-Belong-Commit

Funders: Government of Western Australia, Healthway, Curtin University, Lotterywest



www.actbelongcommit.org.au

Act-Belong-Commit encourages people in the community to take action to improve their mental health and well-being. The site provides information on mental health and how and where to get involved in events and activities in communities across WA.

Alcohol and other Drugs Council of Australia



www.adca.org.au

Alcohol and other Drugs Council of Australia provides a national voice for people working to reduce the harms caused by alcohol and other drugs and promotes evidence based ways to reduce drug related harm.

Australian Bureau of Statistics



www.abs.gov.au

Australian Bureau of Statistics provides up-to-date statistics on use of alcohol and other drugs in Australia.

Australian Clearinghouse for Youth Studies



www.acys.info

Australian Clearinghouse for Youth Studies provides information about early adolescence to the early adult years (12-25). It focuses on providing resources, links and information on a variety of issues that impact young people today including research and statistics about drug use.

Australian Drug Foundation



www.adf.org.au

Australian Drug Foundation provides information, programs, resources and services which focus on drugs and best practice approaches in drug prevention. It offers research and information on priority issues and community development initiatives.

Australian Indigenous Health InfoNet

Centre for Indigenous Australian Education Studies and Research, Edith Cowan University, WA



www.healthinfolnet.ecu.edu.au

Australian Indigenous Health InfoNet provides a 'one-stop info-shop' for gaining knowledge and information on a wide range of Indigenous health issues.



NEXT PAGE

Websites

Australian National Council on Drugs



www.ancd.org.au

Australian National Council on Drugs is the principal advisory body to government on drug policy. This site provides access to relevant publications, news and announcements and links to sites which provide information and support around issues connected with alcohol and drugs.

Children of Parents with a Mental Illness – COPMI

Australian Infant, Child, Adolescent and Family
Mental Health Association Ltd



www.copmi.net.au

Children of Parents with a Mental Illness – COPMI – provides information and links to support options to assist in promoting mental health in children and young people aged 0-18 who have parents with a mental health problem or disorder. It also provides access to information and education resources for teachers and parents.

Counselling Online

Turning Point Alcohol & Drug Centre



www.counsellingonline.org.au

Counselling Online offers a free professional counselling service using text-communication for anyone seeking help for their own or someone else's drug use. It is available 24 hours a day, 7 days a week across Australia. Information and referral options are also available.

Don't turn a night out into a nightmare

Australian Government
Department of Health and Aging



www.drinkingnightmare.gov.au

Don't turn a night out into a nightmare is a campaign that ran until 30 June 2010, which formed part of the National Binge Drinking Strategy. Although the campaign has finished, the website offers relevant information and resources and outlines facts on the harms related to alcohol use. Applicable for all age ranges and includes a section for parents.



NEXT PAGE

Websites

Drug Action Week

Alcohol and other Drugs Council of Australia



www.drugactionweek.org.au

Drug Action Week runs in June every year and provides individuals, organisations and communities with the opportunity to promote awareness around alcohol and other drugs. Information on how to get involved as well as activity ideas and factsheets are provided on the site.

Drug and Alcohol Office

Government of Western Australia
Department of Health



www.dao.health.wa.gov.au

The Drug and Alcohol Office is the WA government agency that works across government and non-government sectors to address drug and alcohol issues in the community. This site provides access to considerable resources including information on prevention and community action programs, professional education opportunities, training and research activities, statistical bulletins as well as statewide intervention, counselling and treatment services.

Drug Aware

Government of Western Australia
Drug and Alcohol Office



www.drugaware.com.au

Drug Aware provides information about drugs, where to get help, and other information that can help young people make informed decisions. It also provides information on community events for young people.

Head Room

Government of South Australia



www.headroom.net.au

Head Room offers information and opportunity for skill development for children, young people, parents and professionals, including teachers, with the aim of promoting positive mental health. A range of issues are considered including body image, self-esteem, dealing with exam pressure, depression and loss and grief. Links are provided to resources and support services.



NEXT PAGE

Websites

Headspace

Australian Government
National Youth Mental Health Foundation



www.headspace.org.au

Headspace provides support and information around mental health and well-being for young people and their families. It aims to encourage young people to seek help early if mental health and drug and alcohol issues emerge and provides information on where and how to access help.

Healthway

Government of Western Australia



www.healthway.wa.gov.au

Healthway aims to reduce harm from tobacco, alcohol, obesity and to promote good mental health. It provides information on, and funding opportunities for, events and programs with a focus on health promotion.

I stay safe

Queensland Government
Queensland Health



www.health.qld.gov.au/istaysafe

I stay safe is a site designed for adolescents which provides information and presents issues for consideration in promotion of sexual health in a variety of contexts including where alcohol and drugs may be involved.

Leavers WA

Government of Western Australia
Department for Communities
Office for Youth



www.leaverswa.com.au

Leavers WA offers information for young people, schools, parents and communities about planning safe and enjoyable leavers' celebrations including tips for staying safe.

Local Drug Action Groups Inc



www.localdrugaction.com.au

Local Drug Action Groups Inc provides information on how to participate actively in local Western Australian communities to prevent and reduce alcohol and other drug related harm.



NEXT PAGE

Websites

Multicultural Mental Health Australia

Australian Government
Department of Health and Aging



www.mmha.org.au

Multicultural Mental Health Australia provides information on campaigns and projects and provides translated fact sheets for those from Culturally and Linguistically Diverse backgrounds or those working with multicultural groups. It seeks to promote awareness and increase access to information on multicultural mental health, support services, stigma reduction and suicide prevention.

National Alcohol Campaign

Australian Government
Department of Health and Aging



www.alcohol.gov.au

National Alcohol Campaign provides information about alcohol related health issues and Australian Government policy. Resources and publications can also be accessed through this site.

National Cannabis Prevention and Information Centre



www.ncpic.org.au

National Cannabis Prevention and Information Centre provides evidence-based information and resources on cannabis and related harms. It includes youth specific information and details on a curriculum-based program for schools to promote help-seeking for cannabis use and mental health problems called 'MAKING the LINK'.

National Drugs Campaign

Australian Government



www.drugs.health.gov.au

National Drugs Campaign provides information about the National Drugs Campaign including current initiatives and areas of focus. Offers links to additional related websites for parents and young people.

National Inhalants Information Service

Alcohol and other Drugs Council of Australia



www.inhalantsinfo.org.au

National Inhalants Information Service is an online service that provides information, research assistance and support for the Australian Community, parents and teachers, alcohol and other drug workers and other professionals assisting users of inhalants.

Websites

Office for Youth

Government of Western Australia
Department for Communities



www.youth.wa.gov.au

Office for Youth site provides information for young people, parents and the general public. It also provides links to a youth specific services guide as well as events and activities.

OxyGen



www.oxygen.org.au

OxyGen provides information about tobacco, answers to frequently asked questions, mythbusters, and guidance to youth friendly services to aid in quitting smoking. Opportunities to learn interactively are presented and resources for schools can be accessed.

Reach Out!

The Inspire Foundation



www.reachout.com.au

Reach Out! provides fact sheets, stories, and forums to help young people aged 14-25 to understand and explore issues around mental and physical health and well-being including sexuality. Information on getting help and support and building resilience is also provided.

Save-a-mate

Australian Red Cross



www.saveamate.org.au

Save-a-mate provides information about alcohol and other drugs, positive mental health and the Red Cross save-a-mate program.

Smarter than Smoking

Healthway
Heart Foundation



www.smarterthansmoking.org.au

Smarter than Smoking provides information for those working in WA schools, communities and youth settings who would like to access information and resources to help prevent young people from starting to smoke. Educational resources for use in the classroom setting are illustrated and links provided for gaining information on grants and sponsorship and current campaigns.



NEXT PAGE

Websites

Somazone

Australian Drug Foundation



www.somazone.com.au

Somazone has been developed by young people for young people and provides free and anonymous access to health information. It aims to help young people address issues around physical, emotional and social health including body image, relationships, drugs, mental health and sexual health.

Statistical Bulletins

Government of Western Australia
Drug and Alcohol Office



www.dao.health.wa.gov.au/AboutDAO/StatisticalBulletins/tabid/226/Default.aspx

Statistical Bulletins

The Inspire Foundation



www.inspire.org.au

The Inspire Foundation provides innovative and practical online programs which seek to prevent youth suicide and promote mental health and well-being in young people aged 14-25. This site offers considerable information about the Foundation, how to get involved and links to allow access to a range of their programs.

Tune In Not Out

Australian Lions Drug Awareness Foundation Inc
and the Drug Education Network Inc



www.tuneinnotout.com

Tune In Not Out is a national pod cast service for young people aged 16-25. It recognises the use of alcohol and other drugs is sometimes interlinked with many other aspects of a young person's life including self-esteem, stress, education and relationships. Created by and for young people, it aims to help young people make safer decisions about alcohol and other drugs.

Youth Beyond Blue

Beyond Blue
National Depression Initiative



www.youthbeyondblue.com

Youth Beyond Blue highlights issues about depression and anxiety. It provides information for young people and their parents about symptoms, treatment pathways and where help can be accessed.

“To provide a safe and supportive environment for all students and staff, schools need to give priority to preventive drug education, student welfare and pastoral care, as well as to specific processes for managing drug-related incidents.”



connect

For more information visit
www.sdera.org.au



This resource has been produced by SDERA with funding from the Drug and Alcohol Office.



Government of Western Australia
Drug and Alcohol Office

The information referred to in this resource was correct at the time of publication.

SDERA recommends users of this directory consult agencies to determine appropriateness and relevancy to their requirements.

© Connect: A Directory of Drug Education Support Services for Schools, Government of Western Australia, School Drug Education and Road Aware, Western Australia, 2014.