



HELPING TO KEEP YOUNG PEOPLE SAFER

Whole School Drug Education Plan

Research shows that school drug education opens up dialogue about drugs and the potential consequences of drug use, and also increases help seeking behaviour where concerns around drug use exist.

A whole school drug education plan that includes classroom-based alcohol and other drugs education programs and procedures for responding to student drug use, is supportive of not only students but also staff and parents.

When schools have a drug education plan that includes clearly outlined procedures for incident management and intervention support in place, it can ensure that a consistent and thorough process is followed in the school's response to an alcohol or other drug-related situation.

The plan can also ensure that while having appropriate consequences or disciplinary actions, the school's response does not isolate or marginalise a student who may already be struggling. Rather, these procedures can guide schools to provide a clear direction that can assist students to address any issues through appropriate support within the school and, where required, through referral by appropriate staff to relevant external agencies.

Support to document your plan

SDERA can work with the leadership team and staff members at your school to document a plan that will outline:

- The school's strategy for managing alcohol and other drug use incidents ensuring a consistent response including intervention support and where necessary, application of disciplinary actions.
- The roles and responsibilities of staff if alcohol and other drug use incidents occur.
- When classroom drug education programs across all year levels will be conducted using SDERA's resources.
- Strategies that will be used to build a positive school culture to enhance student and staff health and wellbeing.
- The school's approach to coordinating with relevant external agencies when intervention support is required.



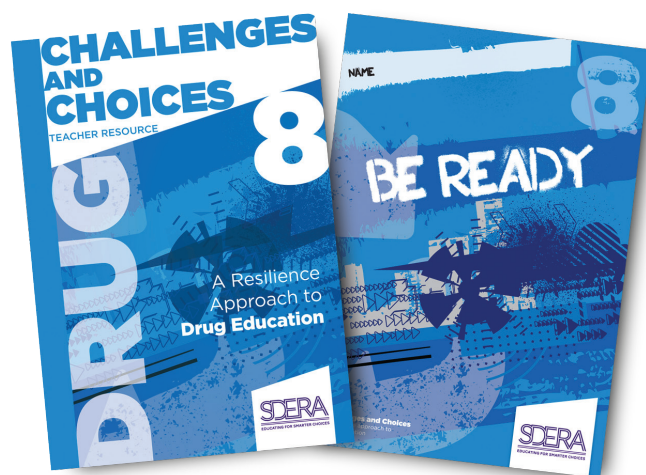
Drug education programs

SDERA's *Challenges and Choices: A resilience approach to drug education* resources are available for school staff working with Kindergarten to Year 10 students.

The resources focus on age-appropriate drug education content and personal and social skills that will equip students to manage themselves in drug-related situations.

Learning activities in the resources are mapped to the WA Curriculum Health and Physical Education Syllabus and the General Capabilities and in particular, Personal and Social Capability.

Teacher resource books were sent free of charge to all WA schools. They can also be downloaded at www.sdera.wa.edu.au. Student workbooks for Year 7 to 9 can be purchased from SDERA.

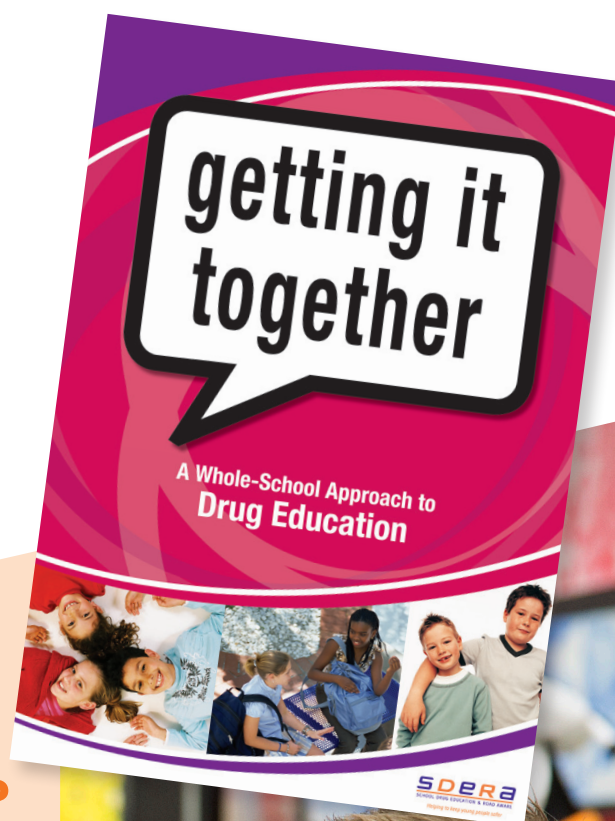


Getting started

Our *Getting it Together: A whole-school approach to drug education* resource can be used as a guide for schools when starting to document a whole school drug education plan. The resource includes action plans and templates, and samples from other schools that have completed their drug education plans.

SDERA can come to your school and work through the process with at least two staff members who are in a leadership role and other staff working in a student services or pastoral care role.

A contribution of up to \$350 will be offered by SDERA to cover any teacher relief required to release staff working on the plan.



What else does SDERA offer?

SDERA can offer your school:

- A free consultancy service in the metropolitan and regional and remote areas either on-site or by email or phone.
- A range of professional development for school staff to increase understanding of effective resilience, alcohol and other drugs, and road safety education, and unpack our classroom ready resources.
- Advice and support when implementing a whole school approach to drug education.
- Information about external services who can support students experiencing problems associated with alcohol and other drugs.

For more information:
Contact SDERA on (08) 9402 6415 or email
sdera.co@education.wa.edu.au

www.SDERA.wa.edu.au

